SASKATCHEWAN FEDERATION OF POLICE OFFICERS

## FAMILY VIOLENCE



## **Inside This Issue:**

SFPO's \$5000 donation to the Provincial Association of Transition Houses and Services of Saskatchewan 2nd Annual Copper Cup Pond Hockey Tournament Police & Peace Officers Eleventh Annual Saskatchewan Memorial



## By working together, we can stop family violence.



Kindersley 866-463-4480



Fred Bradshaw, MLA Carrot River Valley 866-744-3977



Jennifer Campeau, MLA Saskatoon Fairview



Ken Cheveldayoff, MLA Saskatoon Silver Springs 306-651-7100



Herb Cox, MLA The Battlefords 306-445-5195



Dan D'Autremont, MLA Cannington 306-443-2420



Kevin Doherty, MLA Regina Northeast 306-525-5568



Mark Docherty, MLA Regina Coronation Park 306-359-3624



Larry Doke, MLA Cut-Knife-Turtleford 306-893-2619



June Draude, MLA Kelvington-Wadena 800-234-4134



Doreen Eagles, MLA Estevan 866-284-7496



Wayne Elhard, MLA Cypress Hills 877-703-3374



Donna Harpauer, MLA Humboldt 306-682-5141



Nancy Heppner, MLA Martensville 306-975-0284



Regina South 306-205-2067



Bill Hutchinson, MLA Yogi Huyghebaert, MLA Wood River 306-642-4744



Victoria Jurgens, MLA Prince Albert Northcote 306-92-4220



Delbert Kirsch, MLA Batoche 877-256-4056



Gene Makowsky, MLA Regina-Dewdney 306-545-4363



Russ Marchuk, MLA 306-352-1797



Don McMorris, MLA Regina Douglas Park Indian Head - Milestone 877-337-3366



Paul Merriman, MLA Saskatoon Sutherland 306-244-5623



Scott Moe, MLA Rosthern-Shellbrook 306-747-3422



Don Morgan, MLA Saskatoon Southeast 306-955-4755



Rob Norris, MLA Saskatoon Greystone 306-933-7852



Greg Ottenbreit, MLA Yorkton 306-783-7275



Roger Parent, MLA Saskatoon Meewasin 306-652-4607



Kevin Phillips, MLA Melfort 306-752-9500



Jim Reiter, MLA Rosetown-Elrose 306-882-4105



Laura Ross, MLA Regina Qu'Appelle Valley 306-545-6333



Warren Steinley, MLA Regina Walsh Acres 306-565-3881



Lyle Stewart, MLA Thunder Creek 306-693-3229



Christine Tell, MLA Regina Wascana Plains 306-205-2126



Corey Tochor, MLA Saskatoon Eastview 306-384-2011



Gordon Wyant, MLA Saskatoon Northwest 306-934-2847

A message from your Saskatchewan Party MLAs



#### PREMIER OF SASKATCHEWAN LEGISLATIVE BUILDING REGINA, CANADA S4S 0B3



2014 Crime Prevention Guide

On behalf of the Government of Saskatchewan, I am pleased to support the Saskatchewan Federation of Police Officers' (SFPO) Annual Crime Prevention Guide.

Since being founded in 1962, the SPFO has served as a collective voice for Saskatchewan municipal police agencies and civilian personnel. This annual guide serves to educate the public of the importance of crime prevention and law enforcement.

This year's guide addresses the public's role in identifying and reporting potential child and spousal abuse. Healthy children and families are the foundation of a strong and vibrant Saskatchewan. This guide will be an important resource to help educate the public on this difficult subject.

Commendably, all proceeds raised from this publication go directly to support improvements in law enforcement in our province, pay for annual police memorials, and support community organizations including Kids Helps Phone.

I wish to express my sincere appreciation to the SFPO for your valuable work.

Brad Wall Premier

## enerplus



# COMMUNITY, STEWARDSHIP AND ENGAGEMENT

At Enerplus, we embrace our responsibility to our employees and the communities where we live, work and operate. We are committed to creating stronger relationships through volunteer involvement and contributions to non-profit and community based organizations.

Through our donations of time and resources, Enerplus is building relationships with our neighbouring communities.

www.enerplus.com

## **6<sup>™</sup> Annual Crime Prevention Guide**

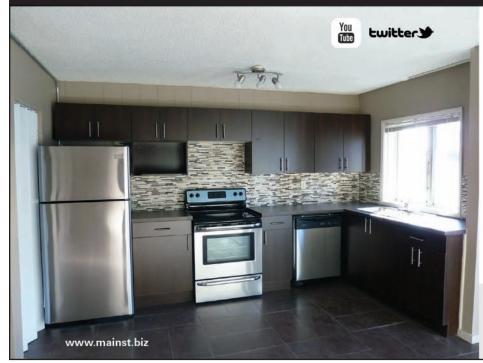
# TABLE OF CONTENTS SASKATCHEWAN FEDERATION OF POLICE OFFICERS



Message from the Premier	Moose Jaw Police Association vs Special Olympics. 15
Message from the SFPO President 5	SK's first and only Bicycle Skills Park 17
Publisher's Page	Estevan Police Association
SFPO's \$5,000 donation to Provincial Assn of	2nd Annual Copper Cup Pond Hockey Tournament . 21
Transition Houses and Services of Saskatchewan $ .  9$	Saskatchewan Police College 23
Police & Peace Officers Eleventh Annual Saskatchewan Memorial	Saskatchewan Police Delegates 23
Regina Police Service Toy Drive Program 15	Saskatchewan Police Officer Wellness Conference 25
FAMILY VIOLENCE AV	WARENESS
What is Family Violence?	27
How to Recognize if You or Your Children are Bein	
What to Do if Someone You Know is Being Abused	
Men Abused by Women	
The Economic Burden of Family Violence	
Snapshot of Family Violence in Canada	43
How Big is the Problem in Canada	
Who Can Help	
How to Plan for Your Safety	
How Men and Boys Can Help Stop Family Violence	
What's Wrong with Spanking	
Get Help with Family Violence	
Domestic Violence – Fact and Fiction	
A Day in the Life of Canada's Shelters for Women S	
Post-Separation Abuse: Impact on Women	
Family Violence in Canada – a statistical profile	
Victim Services in Canada – Provincial and Territor	
Clients Served by Victim Service Providers	
Children Exposed to Domestic Violence Violence Against Aboriginal Women	
What About the Children if You Decide to Leave?	
Impact on Children	
Same Sex Relationships	
Saskatchewan Women and Domestic Violence	
Origins of Violence – Strategies for Change	
Abuse Help Lines	
Family Violence Outreach	
RESOURCES	
ADVERTISERS' INDEX	



## A proud supporter of the SASKATCHEWAN FEDERATION OF POLICE OFFICERS (SFPO)



Western Canada's leader in

Renovated, Modern Apartment Suites

Transforming *Buildings*.
Transforming *Neighborhoods*.

Mainstreet Equity Corp.
The Top 10 Gainer on the TSX in 2011
(MEQ:TSX)







As President of the Saskatchewan Federation of Police Officers, I am proud to introduce our Annual Crime Prevention Guide. This year's Guide focuses on the topic of Family Violence Awareness.

Our dedicated members of the Saskatchewan Federation of Police Officers work hard to combat Family Violence and continue to build partnerships throughout the province to achieve a common goal. Family Violence can affect us all.

On behalf of the 1300 men and women representing the Saskatchewan Federation of Police Officers, I encourage you to read through this year's Guide.

Thanks to all the contributions and support by many individuals, businesses and organizations throughout the province who make this publication possible through your generous donations.

Thank you for continuing to work together to build safe Saskatchewan Communities.

Sincerely

Casey Ward
President

Saskatchewan Federation of Police Officers

The Saskatchewan Federation of Police Officers represents over 1,300 police personnel from six municipalities in Saskatchewan: Regina, Saskatoon, Prince Albert, Moose Jaw, Weyburn and Estevan. The SFPO is comprised of 8 police associations from each of those cities including senior officer associations in Regina and Saskatoon.





Valerie Crossman Administrator RM of Coalfields No. 4

Box 190, Bienfait, SK SOC 0M0

Phone: (306) 388-2723 Cell: (305) 421-5927 Fax: (306) 388-2330

rm.04@sasktel.net

Together, it's our job to protect ourselves and our loved ones!

Community minded citizens are always looking out for others.

RM of Coalfields No.4 is proud to support the Saskatchewan Federation of Police Officers in their efforts to bring awareness on Family Violence.



## FROM THE PUBLISHER



The **Saskatchewan Federation of Police Officers** publishes an Annual Crime Prevention Guide to educate the public on serious community concerns. This **6th Annual Crime Prevention Guide** focuses on the subject of **Family Violence Awareness** and is designed to help educate and promote the public's role in identifying and reporting potential Child and Spousal Abuse, which is a serious concern for all Saskatchewanians!

This Guide is made possible as a result of financial contributions from residents and business representatives throughout the province whose generous support makes it possible for the members of the Saskatchewan Federation of Police Officers to give back to their communities through donations to various local charities and youth-oriented programs.

On behalf of SFPO, I would like to take this opportunity to sincerely thank each and every contributor of our 2014 Telephone Appeal. This unique publication is distributed free-of-charge each year to schools, libraries and public facilities and it is also available online at SFPO's website at **www.saskpolice.com**, making it easily accessible to everyone.

Your comments or suggestions regarding these publications are always welcome and we look forward to speaking with you again this year during our Annual Telephone Appeal.

Respectfully,

Mark T. Fenety

President

Fenety Marketing Services

"Providing quality, professional marketing and fundraising services on behalf of high-profile, non-profit organizations."

WWW.FENETY.COM



#### Managing risk. Maximizing opportunity.

Proud to support law enforcement across Saskatchewan including the successful delivery of the Saskatoon Police Headquarters.

#### Canada's Chosen Project Leaders

Project Management | Advisory Services | Sustainability Services

306.974.4407

mhpm.com

# International Union of Operating Engineers



2175 Airport Drive Saskatoon, Saskatchewan S7L 7E1

Telephone: (306) 665-7718 Facsimile: (306) 665-0998



Crisis Line (306) 933-6200

- Suicide Intervention
- Marriage & Family Problems
- Drug and Alcohol Abuse
- Individual Crisis Counselling
- Child Abuse and Neglect
- Mental Health Crisis Intervention
- Problem Gambling
- Seniors in Distress

Telephone Counselling (24hrs/7days/365)

103-506 25th Street East Saskatoon, SK S7K 4A7

www.SaskatoonCrisis.ca

## IDP IMPACT DIESEL PERFORMANCE

2518 Faithfull Ave, Unit 106 Saskatoon, SK S7K 6R3

Ph: (306) 649-FUEL (3835)





Proceeds from our Annual Community Guide project have allowed the Saskatchewan Federation of Police Officers to make a \$5,000 donation to the Provincial Association of Transition Houses and Services of Saskatchewan.



From left to right:
Vice Presidents
Tony Boensch and
Taylor Mickleborough,
PATHS Provincial Coordinator
Jo-Anne Dusel and
SFPO President Casey Ward.

## The following women's shelters are funded to provide emergency accommodation and support for women and their children.

- Regina Transition House (306) 569-2292
- Isabel Johnson Shelter, Regina -(306) 525-2141
- Wichihik Iskwewak Safe House (WISH) Regina - (306) 543-0493
- Moose Jaw Transition House -(306) 693-6511
- Southwest Safe Shelter, Swift Current -(306) 778-3684
- Saskatoon Interval House -(306) 244-0185
- Shelwin House, Yorkton (306) 783-7233
- Prince Albert Safe Shelter for Women -(306) 764-7233
- Piwapan Women's Centre, La Ronge -(306) 425-3900
- The Battlefords Interval House Society -(306) 445-2742

For further information, you may also contact:

The Provincial Association of Transition Houses and Services of Saskatchewan (PATHS)

2505 11th Avenue, Suite 308 Regina, SK S4P 0K6 Phone: 306-522-3515 Email: paths@sasktel.net

www.abusehelplines.org





# Signature Smiles



Dr. Greg Konotopetz and Dr. Kim Neudorf 3291 Quance Street 584-2833 www.signaturesmiles.ca



CUPE Local 4777 Prince Albert Parkland Health Care Workers

President: Helen Sawatsky

579 28th Street West

Prince Albert, SK S6V 4T1

Phone: 306-922-0600

Fax: 306-763-8915

Email: cupelocal4777@sasktel.net



#### JUNCTION OF HWY #21 & 1<sup>ST</sup> AVE EAST

Box 411 - Unity, SK S0K 4L0

#### PH: 228-2603 FAX: 228-3448

- 50 Modern Air Conditioned Rooms
- Licensed Restaurant/Conference Rooms
- Free Local Calls/Full Cable - Mini Room Fridges
- Convenient Parking with Plug-ins
- Wireless Highspeed Internet

1-866-982-9239



P.O. Box # 938, 103-2nd Avenue South Unity, SK S0K 4L0

Toll Free - 1-866-982-9233 1-306-228-3333 Fax 1-306-228-7272

info@prairiemooninnandsuites.com www.prairiemooninnandsuites.com

64 brand new air conditioned rooms, wired & wireless internet, hot & cold continential breakfast. microwayes & mini fridges in every room.

New location in Concert, Alberta

## Police & Peace Officers Eleventh Annual Saskatchewan Memorial



Sunday, September 28, 2014 – Legislative Building, Regina, SK

The Saskatchewan Federation of Police Officers is continually advancing issues of safety for our members and all police and peace officers in the province. In doing so, we remember those who have walked our beats, driven our streets and given the ultimate sacrifice for our communities. The members whose names make up this Honour Roll are a constant reminder of the important and often dangerous situations which we are faced with daily in our communities. Unfortunately, this year we have had to add a new name to the Honour Roll. a further reminder of the sacrifice our members make all too often.





## Lubrication Station



#1 - 3401 8th St East, 614 Circle Drive East Ph: 956-3278 (8th) and 249-5823 (circle) www.lubestation.ca

Please ask for your frequency card where every seventh oil change is free. Behind the big yellow doors.

> Draw twice a year for a trip for Loyal Customers completing frequency cards.



Look for us on Facebook and Twitter





RETAIL, WHOLESALE DEPARTMENT STORE UNION

#### Regina

1233 Winnipeg Street S4R 1K1 Phone: 306-569-9311 Fax: 306-569-9521 E-mail: canderson@rwdsu.sk.ca Toll Free: 1-877-747-9378

#### Saskatoon

2154 Airport Drive S7L 6M6 Phone: 306-384-9885 Fax: 306-384-1006 E-mail: sfraser@rwdsu.sk.ca Toll Free: 1-877-717-9378

#### Fairness in the workplace

#### **UNION MEMBERSHIP PAYS HIGH DIVIDENDS**

#### Such Things as:

- Higher Wages
- Job Security
- Proper Scheduling
- Sick Leave
- Family Dental Plan
- Improved Vacation
- Fair Treatment
- Democratic Decision Making
- Better Health and Safety Procedures
- Proper Grievance Procedures
- Experienced Staff Working for You
- Good Pension

FOR A BETTER FUTURE - JOIN R.W.D.S.U.



Ochapowace Nation P.O. Box 550, Whitewood Saskatchewan, S0G 5C0

Chief & Council Office Human Services (Health) Lands, Laws & Justice

Phone (306) 696-3160; Fax (306) 696-3146 Administration & Finance Phone (306) 696-2425; Fax (306) 696-2426 Housing & Public Works Phone (306) 696-2655; Fax (306) 696-3340 Phone (306) 696-3557; Fax (306) 696-3446 Phone (306) 696-3194; Fax (306) 696-2591

On behalf of Ochapowace, we want to encourage all people to strive for unity amongst themselves and with others. We believe our families are the cornerstone of our communities; we need to protect our families and especially our children. We must learn to live in peace, to treat all people with respect and with dignity for we are all made by the same Creator.

~ Chief and Council, Ochapowace Nation



Ochapowace pow-wow, last weekend in July



In support of the Municipal Police and working along side them.

115 Wall Street, #5 Saskatoon, SK S7K 6C2 (306)955-0762



# Police & Peace Officers Eleventh Annual Saskatchewan Memorial

Continued

















#### Vision

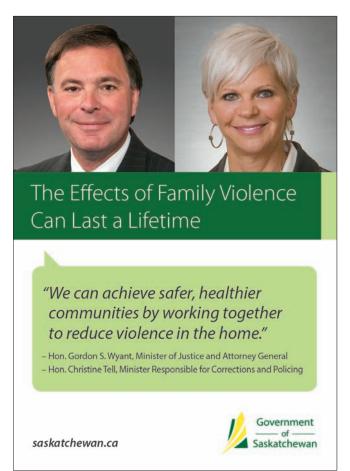
Excellence in the regulation of Licensed Practical Nurses

#### Mission

Ensure public safety through licensure, enforcement of practice standards, and supporting Licensed Practical Nurses in the provision of professional, competent and ethical care

Visit us online at salpn.com





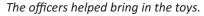
## Regina Police Service Toy Drive Program



On January 23, 2015, officers from the Regina Police Service, fronted by Cst. Desiree Mills, dropped off gently used toys to the North Central Family Centre. The trailer was completely full of toys, stuffed animals, craft supplies, books, strollers, etc. - thousands of toys were delivered to the Centre, where they were distributed to kids and families. It was a great initiative that the community embraced.

THANK YOU to the dozens of individuals who donated.







Unloading the trailer.

## Moose Jaw Police Association vs Special Olympics





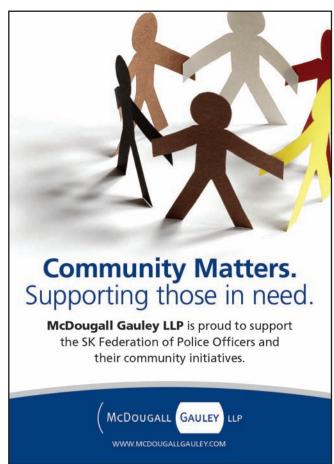
In April 2015, the MJPA again enjoyed a friendly game of floor In May 2015, the MJPA teamed up with the Special Olympics hockey with the Special Olympics team. This is an annual event that both teams very much look forward to. This year's game was very well attended and provided great entertainment. As in other years, the police team was easily outplayed and lost by a large score.



again for some curling. We had a great time and an awesome turnout.

In 2014-2015, the Moose Jaw Police Association donated money to local charities and organizations including the "Better Together" Food Drive, Moose Jaw Minor Hockey, the Carnival Dance Competition, and the Flying Fins Swim Club.









PHONE: Bus. (306) 522-7932 FAX: (306) 352-1367 CELL: (306) 535-9635

## COLIN R. DANIELS

FS/T/Business Manager - LOCAL No. 771

INTERNATIONAL ASSOCIATION OF BRIDGE, STRUCTURAL, ORNAMENTAL AND REINFORCING IRON WORKERS AFFILIATED WITH A.F.L. - C.I.O.

1138 DEWDNEY AVE EAST, REGINA, SASKATCHEWAN S4N 0E2
Email: colin@local771.ca



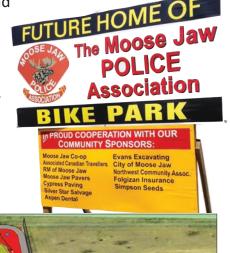
# Saskatchewan's first and only Bicycle Skills Park



In June of 2015, construction began on Saskatchewan's first and only Bicycle Skills Park. This is a unique and exciting way to leave a positive legacy in the community and promote vitality within youth. After two years of planning and organizing, construction began after raising over \$75,000 for the project.

The project was intended to get underway in 2014, but Mother Nature wouldn't cooperate with the plans. The MJPA funded the design of the park, organized the project, supplied the necessary volunteer effort and engaged in fundraising to complete the project. Overall,

the project has received overwhelming public support and positive feedback. To date, support and donations were received from Co-Op, Evans Excavating, the Associated Canadian Travelers, Simpson Seeds, Cypress Paving, the RM of Moose Jaw, the City of Moose Jaw, Folgizan Insurance, Wakamow Valley and the Moose Jaw Pavers. We are very pleased to say that this will be one of the best bike parks in Canada and a valuable asset to our community!





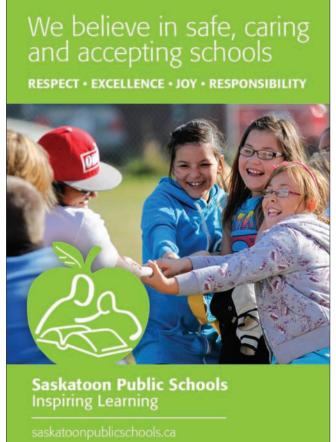


## Zero tolerance for violence

1-800-475-4454 (Western Canada) 1-888-452-4455 (Ontario) 1-866-615-4547 (Atlantic Canada)











# Estevan Police Association







The Estevan Police Association held its Second Annual Family Christmas Party in December 2014, at the Estevan Family Resource Centre. The party included sleigh rides, potluck supper and a special visit from Santa Claus. Fun and laughter and a few tears were had by all.









The Estevan Police Association, in conjunction with the Estevan Police Service, has been committed to continuing and improving relationships within our community. Several presentations have been completed to date by our School Resource Officer on Sexting, Internet Safety, Bullying, Bike Safety and Safety Patrol. Members have increased their presence by increasing their foot patrols through the local mall and downtown businesses.



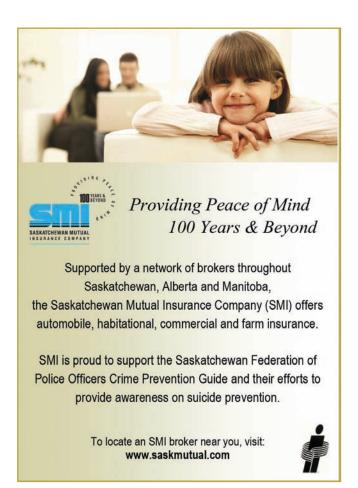


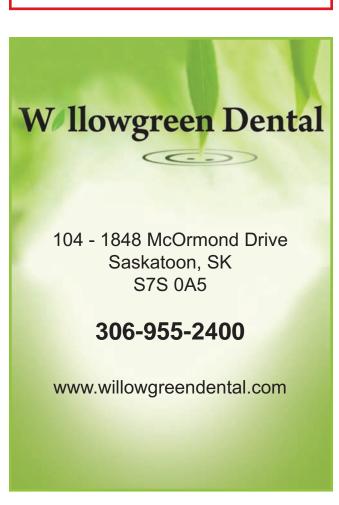
## **Flying Dust First Nation**

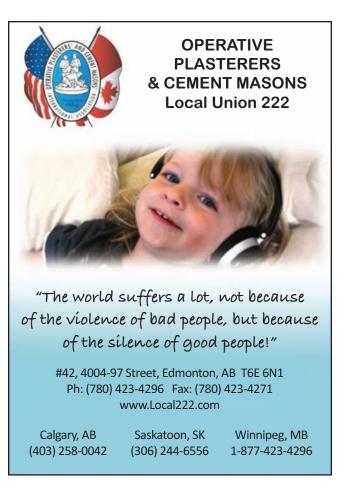
Administration and Health Services 8001 Flying Dust Reserve Meadow Lake, SK S9X 1T8

Phone: 306-236-4437 Fax: 306-236-3373

Web: www.flyingdust.net



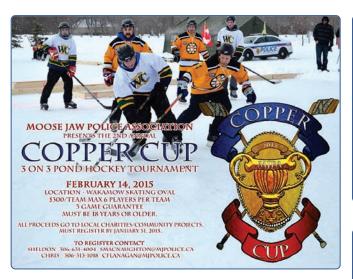




## 2<sup>ND</sup> Annual Copper Cup Pond Hockey Tournament



In February 2015, the Moose Jaw Police Association (MJPA) hosted the 2nd Annual Copper Cup Pond Hockey Tournament in Moose Jaw's beautiful Wakamow Valley. The event was very successful and proved to be an excellent way for Police Officers to interact with the community and promote vitality, all while raising money for various local charities. The tournament was well attended despite the blizzard conditions on game day. Overall, over \$5,000 was raised through team participation and prize raffles. All of the money raised will be donated back to the community of Moose Jaw through various local charities and community projects.



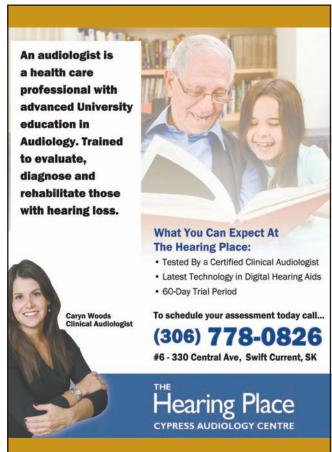
















# Saskatchewan Police College

August 5 - December 19, 2014 Recruit Class #69





Front Row (I-r) - Csts. Madison Pawliw, Carter Munday, Mathew Brown, Jordan Zubkow, Sean Jenkins, Cst. Laurie Alexander, Recruit Training Officer, Mitch Crumley, Acting Director, Csts. Brendan Funk, Vikto Hasani, Sam Kosolofski, Angela McEwen, Matthew Hart.

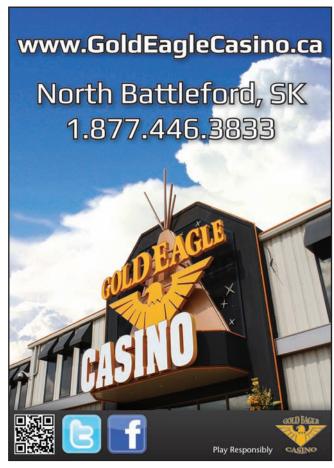
Back Row (I-r) Csts. Erin Donnelly, Cole Janett, Ryan Palka, Adam Strube, Keaton Wlaz, Amol, Cheema, Graham McDonald, Sheldon Reddekopp, Arthur Rekshta, Greg Lee, Muhammad Khan, Stephanie Kepler.

## Saskatchewan Police Delegates



SFPO delegates in Ottawa with SK Senator Denise Batters.















# Saskatchewan Police Officer Wellness Conference

October 29 & 30, 2015

Heritage Inn Hotel & Convention Centre, 1590 Main Street North, Moose Jaw, SK

The Moose Jaw Police Association and

The Saskatchewan Federation of Police Officers

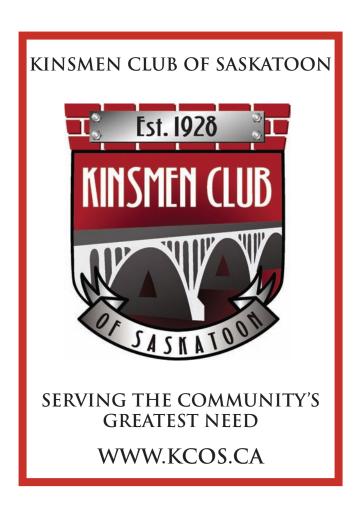
is pleased to present a 2-day conference at the Heritage Inn Hotel & Convention Centre.

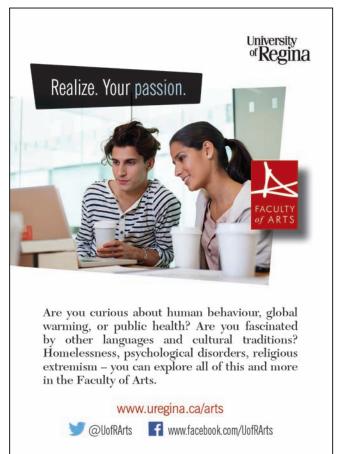
The issues we face as a result of occupation related stress, fatigue and even poor nutrition can have a major impact on our lives and those of our family members. This conference will assist participants in both identifying some of the occupational related issues we face as Police Officers, as well as providing us with the resources and knowledge we need to remain healthy and safe while we continue to serve our communities.

Guest speakers: Dr Kevin Gilmartin, Dr Bryan Vila, Dr John Violanti

Motivational Speaker: Darci Lang

To register, please send an email to <a href="mailto:snapshot@sasktel.net">snapshot@sasktel.net</a> by October 10/15.





## **Awareness Saves Lives!**

We need to recognize the signs and behaviors of children and adults that may be experiencing violence in their families, to help them to get treatment and to be secure in their homes. We support the efforts of the Saskatchewan Federation of Police Officers in bringing awareness to this important social issue.

Yorkton City Council Bob Maloney, Mayor



Canadian Tire 200 King Street Estavan, SK (306) 634-6408



Proud to support the Saskatchewan Federation of Police Officers









## **Public Health Agency of Canada**

www.publichealth.gc.ca

## WHAT IS FAMILY VIOLENCE?

Family violence is any form of abuse or neglect that a child or adult experiences from a family member, or from someone with whom they have an intimate relationship. It is an abuse of power by one person to hurt and control someone who trusts and depends on them.

All family violence is wrong. Some of it is against the law.

### Many terms with similar meanings

The different terms used for family violence can have slightly different meanings depending on where and how they are used, such as in a courtroom or a hospital. For example, domestic violence can sometimes mean family violence and sometimes it means intimate partner violence. Intimate partner violence refers to physical, sexual, psychological harm by a current or former partner or spouse and can also be called dating violence between couples who are not married. The terms violence against women and gender-based violence are also used. Child abuse is sometimes called child maltreatment or neglect, and elder abuse is sometimes referred to as neglect.

Family violence affects Canadians in all types of families and relationships-no matter how old they are, where they live, or how much money, education or type of job they have. It can affect people of every race, religion and sexual orientation.

Violence can happen between anyone in a family or in a close intimate relationship (e.g., boyfriend, girlfriend or fiancée), including children, parents, grandparents, siblings, intimate partners and extended family—like uncles or step-parents. It can happen in opposite sex and same-sex couples.

Examples of family violence:

- abuse, including child neglect childhood exposure to intimate partner violence
- intimate partner violence, including dating violence
- elder abuse and neglect
- early and forced marriage, and "honour"related violence
- female genital mutilation

Some common forms of family violence include:

Physical abuse - physical injury or death of a family member or intimate partner caused when someone:

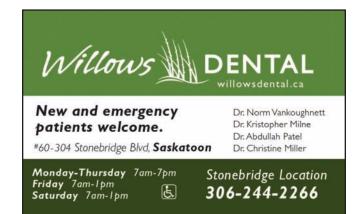
- pushes, shoves, hits, slaps or kicks
- pinches or punches
- strangles or chokes
- stabs or cuts
- shoots
- throws objects
- burns
- holds someone down for another person to assault
- locks someone in a room or ties them down



From on-campus professional counseling services to leading research in mental health care, the U of S supports educating everyone in mental health.



usask.ca









Tel: (306) 522-TIRE (8473) Fax: (306) 522-5525

CANADIAN TIRE ASSOCIATE STORE 2325 PRINCE OF WALES DRIVE, REGINA, SK S4V 3A4

# A A TRIFON'S FAMILY RESTAURANT

2046 Broad Street Regina, SK S4P 1Y3

Phone: 306-757-2900

## CLARK ROOFING<sub>est. 1958</sub>

SPECIALIZING IN RESIDENTIAL & COMMERCIAL "Workmanship Guaranteed"

Shingling • 2 Ply Torch-On • Single Ply EPDM Built Up Roofing • Repairs

#### John Genaille

Ph: (306) 525-8965 Fax: (306) 347-3061 "Over 40 Years Experience"



SASKATOON: (306) 241-0821 (306) 380-LENS (5367)

REGINA: (306) 552-LENS (5367)

•Commercial •Residential •Bin Rentals •Waste Removal •Construction Site Clean Up

www.lenshauling.com

## WHAT IS FAMILY VIOLENCE?

...continued

**Sexual abuse**—forced sexual activity on a family member or intimate partner, when someone:

- touches another in a sexual way without consent
- has any sexual activity without consent
- continues sexual activity when asked to stop
- forces another to commit unsafe or humiliating sexual acts

Sexual abuse can also happen in intimate partner relationships. Even if you are married or engaged, your partner cannot force you to have sex.

Children under the age of 16 cannot give informed consent, so any sexual contact between an adult and a child is a crime. Children under the age of 18 cannot legally give consent to sexual activity that exploits them.

**Emotional or psycho-social abuse**—words or actions to control or frighten a family member or intimate partner, or destroy their self-respect, when someone:

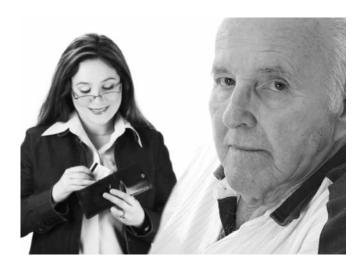
- makes threats
- intimidates or bullies
- puts down, insults or calls a person names
- yells or criticizes all the time
- isolates a person from friends and family
- destroys belongings

hurts pets



**Financial abuse**—control, or misuse of a family member's or intimate partner's money or property, when someone:

- takes another person's money or property without permission
- prevents a person from going to work or otherwise obtaining money or other resources
- withholds or limits money
- pressures a person to sign documents
- forces a person to sell things or change a will



**Neglect**—not meeting the basic needs to provide care for a dependent family member or intimate partner, when someone:

- does not provide proper food, warm clothing, health care, medication or appropriate hygiene
- does not protect another person from physical harm or provide proper supervision
- abandons another person

www.phac-aspc.gc.ca





















## Public Health Agency of Canada www.publichealth.gc.ca

# HOW TO RECOGNIZE IF YOU OR YOUR CHILDREN ARE BEING ABUSED

SOMETIMES it can be hard to tell whether or not you or your children are being abused. This information may help you to understand your own situation.

## All family violence is wrong. Some of it is against the law.

Family violence is any form of abuse or neglect that a child or adult experiences from a family member or intimate partner (boyfriend, girlfriend, spouse, fiancé(e). It is an abuse of power by one person to hurt and control someone who trusts and depends on them.

Abuse can happen between anyone in a family, including young children, grown children, parents, elderly parents, siblings, intimate partners and extended family-like uncles or step-parents. It can happen in opposite and same-sex couples.

## Examples of violence include: Physical abuse - you or your children are

- hit, kicked, burned, pushed, choked or punched.
- threatened-someone threatens to hurt or kill you, your family or your pets.

#### Sexual abuse - you are

- forced to perform sexual activities of any kind.
- made to have sex without contraception.
- deliberately given a sexual disease or infection. Sexual abuse can also happen between intimate partners.

Even if you are married or engaged, your partner cannot force you to have sex.

## Child sexual abuse - your children are taken advantage of for sexual purposes if they

- touch someone's genitals. let someone touch their genitals.
- have sex.
- watch others have sex or look at porn.
- take off their clothes or watch someone undress.
- have nude photos taken.

#### Emotional abuse-you or your children are

- treated like a possession.
- constantly criticized and put down.
- told that you are stupid or worthless.
- ignored or neglected, or given the silent treatment.
- threatened-someone threatens to abandon you or leave you behind.

#### Controlling behaviour - you or your children are

- kept in your home and not allowed to leave.
- constantly questioned and monitored including your internet and phone activities.
- not allowed to see your family or friends.

#### Neglect - you or your children are

- not being provided with your basic needs from someone you depend on.
- denied needs such as housing, clothes, food, hygiene, supervision or medical care.

#### Financial abuse - you are

- not in control of your own or family money without your permission.
- having money taken from you without your permission.
- forced out of your house or forced to sign documents to give over control of your house.
- not allowed to make an income.

#### www.phac-aspc.gc.ca



### "TOP SELLING TEAM"

## Morrison Lokinger Real Estate

908B Central Avenue Saskatoon, SK S7N 2G8



Phone: 306.651.6155

E-mail: saskatoonrealestate@shaw.ca

www.allsaskatoonlistings.com







"WORKING TOGETHER TO ENRICH FUTURES THROUGH ABILITIES"

1410 Kilburn Avenue Saskatoon, SK S7M 0J8 (306) 653-1694

www.abilitiescouncil.sk.ca

## RAE'S AG SVC



Box 515 Mossbank, SK S0H 3G0

Contact: Rae Brown Ph: (306) 354-2441





Canada's Auction Experts! Auctions on the 3rd Tuesday of every month. Vehicles, toys, trailers...

something for every-one!

www.adesapublicauctions.ca or (306) 242-8771 Bumper-to-bumper service! Full service automotive repair: oil changes to windshields, tire service to certifications, we are a one-stop repair shop!

www.adesaautocare.ca or (306) 651-4333

## Smittys All Your Favourites All Day Long

2102 11th Avenue Regina, SK S4P 3Y6

110 Souris Avenue East Weyburn, SK S4H 2Z8

## SASKATOONMETAL

MANUFACTURING

## DION PROTZAK. P. ENG. PARTNER

 811 60th Street East
 Tel: (306) 933-3099

 Saskatoon, SK
 Fax: (306) 933-4451

 S7K 5Z7
 DPROTZAK@SASKATOONMETAL.COM

CUSTOM FORMING, WELDING, & FABRICATION



### **Public Health Agency of Canada** www.publichealth.gc.ca

## WHAT TO DO IF SOMEONE YOU **KNOW IS BEING ABUSED**

### Is someone you know being abused?

If you think that someone you know is being abused by a family member, it is important to act in a way that is safe and appropriate for everyone involved.

Family violence is not a private matter

You might be concerned about getting involved because you feel that family violence is a private matter and none of your business, but it's important to remember that someone's life may depend on it.

#### Signs that someone may be a victim of abuse

Pay attention if someone...

- seems sad, withdrawn, afraid or otherwise acts like they may be a victim of abuse.
- is unreasonably angry or aggressive.
- is nervous when a particular family member is around.
- •makes excuses for a family member's behaviour.
- is sick or misses school or work a lot, or takes paid or unpaid time off that seems related to an abusive situation.
- •has a change in job performance: poor concentration, mistakes, slowness, inconsistent work quality.
- tries to cover bruises.
- drinks more than usual or uses drugs.

Or if you see...

- •"put downs" from one family member to another.
- one family member doing all the talking or dominating the conversation when the other family member is present.

- one family member trying to keep another family member away from her/his work or other activities.
- one family member acting as if he/she "owns" another.
- a family member contacting another while at work to say something that might scare or intimidate her/him.



#### What you can do

Family violence is never the victim's fault. The most important thing that you can do is offer your support without any blame judgement...

• Make sure everyone is safe - Choose a time and place where you can have a private conversation.

Be careful about communication-a voice message, text or email could put someone in danger.

Never confront an abuser or do anything that makes you feel unsafe.

Get support for your own feelings from a friend or professional you trust.



2160 Cameron Street Regina, SK S4T 2V6

Phone: (306) 791-7200

Web: www.rcsd.ca









Ph: (306) 634-9994 Fax: (306) 634-6633 #1-12547th Street Estevan, SK S4A 2T3



611 - 6th Avenue E. Regina, SK

S4N 5A3 Email: d.reeson@remco-memorials.ca

Lois Schlosser

resident

Bus: (306) 569-0621 Fax: (306) 522-9449





Saskatoon, SK S7K 5Z1 Ph: (306) 242-4427 Fax: (306) 242-3713

Web: www.fortiscorporation.com





# WHAT TO DO IF SOMEONE YOU KNOW IS BEING ABUSED

...continued

•Let the person be in charge - Listen respectfully to what this person needs; don't try to take over.

Don't give details about why you're concerned; just say that you want to be supportive.

If the person doesn't want to talk, say that you are available whenever needed.

- Offer support Before you approach the person, find services in your area that might help if and when they are ready:
- Don't expect to know all the answers.
- Explore options together.
- Ask direct questions like, "Do you want me to help you find someone to talk to?" or "Do you want to go somewhere safe?"

# If a child or a young person tells you that they are being abused

- Believe the child.
- Listen. Don't interrupt or judge.
- React calmly. Don't ask for details.
- Tell the child that the abuse is not their fault, and that it was right to tell you.
- Write down what the child tells you in their own words.

# What to do if you suspect child abuse:

If you know a child is being sexually abused, report it to the police immediately. In an emergency, call 911.

Every province and territory has a law that says that any person who believes a child is being abused must report it. You will not get in trouble for making a report if you have reason to believe a child is being abused, even if it turns out that you were wrong.

If you have questions about how to recognize child abuse, here are some things you can do:

- Call your local child protection services.
- Talk to a nurse, social worker, doctor or teacher.
- Call the police.
- Call the Kids' Help Phone 1-800-668-6868.

www.phac-aspc.gc.ca





### Tex Klassen Sales & Metal Fabrication

Providing quality service for over 25 years

HVAC Supplies & Consulting Quality Caulking & Roof Sealants Stainless Steel Countertops & Backsplashes

Providing quality service for over 27 years

610A 51st Street East Saskatoon, Saskatchewan Ph. (306) 934-7600 | sales@texklassen.com | www.texklassen.com 2035B Osler Street Regina, SK S4P 1W5



### PHOENIX RESIDENTIAL SOCIETY

"Strengthening Community by Supporting Recovery"

Phone: 306-569-1977 Fax: 306-569-1986

E-mail: general@phoenixregina.com







#### **HEAD OFFICE**

RR 2, Site 3, Box 103 Prince Albert, SK S6V 5P9

Office PH

(306) 922-3790

Office Email

adrill@sasktel.net

**Bud Chisholm Mobile** 

(306) 270-4894

Bud's Email

bcchisholm@hotmail.com

"Specializing in TOUGH CORING Conditions"



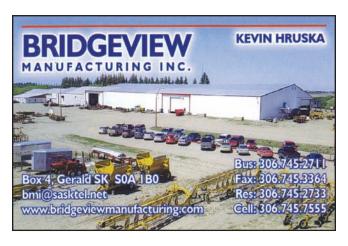
Gary Whalen President

sask41@sasktel.net

tel 306.781.8157 cell 306.536.6239

1317 - 9th Ave N. Regina, Saskatchewan S4R 0E6 fax 306-543-3856 Toll Free 1.866.767.4141



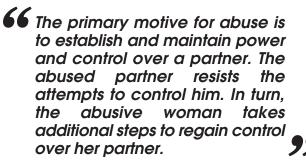


# MEN ABUSED BY WOMEN

Between 1999 and 2004, more than half a million men in Canada had a female partner who was violent toward them. The partner might have been a wife, an ex-wife or a common-law partner. This means about six per cent of men in intimate relationships have experienced abuse or violence from their partners.<sup>1</sup>

#### So what is abuse?

- Abuse in intimate relationships is a pattern of behaviours where one partner dominates, belittles or humiliates the other.
- Abuse of men by their partners happens when the partner uses emotional, physical, sexual or intimidation tactics. She\* does it to control the man, get her own way and prevent him from leaving the relationship. The abused man is always adapting his behaviour to do what his partner wants, in the hopes of preventing further abuse.
- The primary motive for abuse is to establish and maintain power and control over a partner. The abused partner resists the attempts to control him. In turn, the abusive woman takes additional steps to regain control over her partner.
- Abuse in intimate relationships is not typically an isolated incident. Abuse happens over time. If abuse is allowed to continue, it becomes more frequent and more severe.



#### Control tactics: four kinds of abuse

Often when people think about abuse, they think of emotional abuse, physical abuse, or sexual abuse. Abuse may also include intimidation tactics.



#### **EMOTIONAL ABUSE TACTICS include:**

- Putdowns
- Controlling finances
- Isolating her partner and restricting his freedoms
- Spiritual abuse (ridicules or insults religion or spiritual beliefs)

**PHYSICAL ABUSE TACTICS** include any activity that can cause physical pain or injury.

#### **SEXUAL ABUSE TACTICS include:**

- Uses force or pressure to get her partner to have sex in a way he does not want
- Ridicules or criticizes his performance
- Withholds affection or sex to punish him for violating her rules

**INTIMIDATION TACTICS** are any words or actions that the abusive partner uses to scare her partner. For example: destroying property, threatening, stalking or harassing.



Association canadienne pour la santé mentale

La santé mentale pour tous

Dave Nelson, R.P.N., R.S.W. Executive Director

2702 - 12th Avenue Regina, SK S4T 1J2 Tel: 306-525-5601 Fax: 306-569-3788

daven@cmhask.com



(306) 483-8697

**Vacuum Trucks • Water Trucks • Hydrovac** Steamers • Pressure Truck • Fire Truck **Air Trailer** 

Randy McCannell - Manager (306) 485-9940 Tim Erickson – Assistant Manager (306) 577-9807





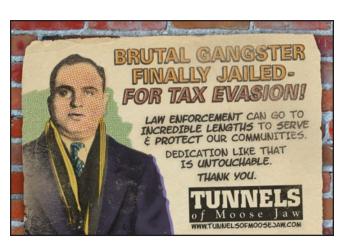
# Global mining solutions from concept to closure

amec.com/mining





Proudly Supporting our Policemen & Women





# MEN ABUSED BY WOMEN

...continued

### Society's attitudes can make it harder

Our society is beginning to recognize and study the abuse of men by their partners. Society's inappropriate beliefs and attitudes about men have kept this kind of abuse hidden:

- Men are supposed to protect women
- Men don't get pushed around by women
- Men are not supposed to hit back even when a woman is hitting them
- Men should be able to "handle" their women

Because of these beliefs, men who are abused by female partners may be slow to admit it. They may not want to tell anyone. Sometimes police and other professionals may not take the abuse seriously.

Know you are not responsible for the abuse. The abuse is the responsibility of the person who is abusive.

As a result, a man in an abusive relationship may have some of these feelings:

- Afraid to tell anyone
- Depressed or humiliated
- Afraid he has failed as a lover
- Confused because sometimes she acts loving and kind
- Believes he deserved it

### Ten things you can do if you are being abused

1. First, make sure you and any children are physically safe.

If you are in immediate danger, call 911.

- Make a safety plan. If your partner has ever been violent, the violence could happen again at any time. You will need a safety plan so that you can get to a safe place quickly if necessary.
- 3. Know you are not responsible for the abuse. The abuse is the responsibility of the person who is abusive.
- 4. Understand that abuse and violence will likely continue without intervention.
- 5. Tell someone you trust about the abuse. Choose someone who will believe you. Secrecy gives abuse power. Do not give up.
- 6. Find out more about abuse in relationships. You are not alone. About six per cent of Canadian men report being abused by partners.<sup>2</sup>
- 7. Find out what help is available in or near your community.
- 8. Get professional help from a qualified counsellor.
- 9. Look after yourself. You are in a difficult situation that takes energy and strength. Make time to do some things that feel good.
- 10. Spend time with healthy people. Even if they cannot help you directly, being with healthy people will remind you that most people have kind and rewarding relationships. You can too.

#### www.familyviolence.alberta.ca.



<sup>\*</sup> Abusers can be male or female.

2035B Osler Street Regina, SK **S4P 1W5** 



#### PHOENIX RESIDENTIAL SOCIETY

"Strengthening Community by Supporting Recovery"

Phone: 306-569-1977 Fax: 306-569-1986 E-mail: general@phoenixregina.com Like us on facebook

Visit us at phoenixregina.com

John Findura City Councillor Ward 5





P: 306.777.7179 C: 306.536.4250 F: 306.777.6809 E: jfindura@regina.ca Regina.ca



Oueen Elizabeth II Court 2476 Victoria Avenue PO Box 1790 REGINA SK S4P 3C8





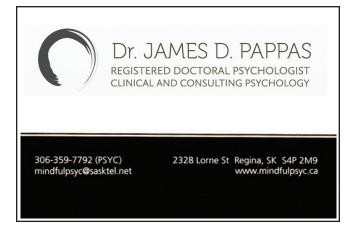
Septic Tanks, Cisterns Steps, Blocks, Planters Parking Curbs, Barriers Custom Arch, Structural Catch Basin, Sump, Dykes Burial Vaults, Memorial Electrical Boxes.Bases Fence/Soundwalls Retain Wall Block Storm & Sanitary Manholes Serving Saskatchewan Since 1988

T: 306-931-9229 F: 306-931-4447 3320 Idylwyld Drive N Saskatoon, SK

for more information, visit us on line at www.preconltd.ca













# Public Health Agency of Canada www.publichealth.gc.ca

# THE ECONOMIC BURDEN OF FAMILY VIOLENCE

# The cost of family violence on victims According to 2012 study,

"Victim costs (\$6.0 billion/year) accounted for the largest proportion (80.7%) of the total economic impact for cost items such as medical attention, lost wages, lost education, the value of stolen/damaged property, and pain and suffering."

Family violence has high costs for Canadian society — to the health and justice systems, employers and businesses, social and community services, and to families and people themselves.

Although studies on the economic impact of violence can be difficult to compare —since costs are considered and calculated differently—results

all indicate that these costs are significant and are not going down. Researchers consider these costs to be under-estimated because it is challenging to account for all the public, private and individual costs of family violence. Despite some fluctuations and variations in methodology, it is clear that the costs associated with family violence remain significant.

Here's how reports have estimated the cost related to different aspects of family violence:

www.phac-aspc.gc.ca

2012	7.4 billion/year	
	<ul> <li>\$6 billion in victim costs—for pain and suffering, counseling, and legal fees for divorce</li> <li>\$811 million in 3rd-party costs—to families and social services</li> <li>\$545 million in criminal and civil justice costs—for police, courts, and corrections services</li> <li>\$79 million in costs to employers, including productivity and administrative costs</li> </ul>	
2011	\$6.9 billion/year	
	<ul> <li>Study measured costs for women who have left abusive partners</li> <li>Combined private and public sector costs add up to about \$13,000 for each woman</li> </ul>	
1995	\$6.9 \$4.23 billion/year (translates to \$5.89 billion/year in 2013 dollars)	
	<ul> <li>Study calculated costs to health, criminal justice, social services and education, and labour and employment</li> <li>Includes intimate partner violence, sexual assault, and child sexual assault</li> </ul>	

















# **SNAPSHOT** OF **FAMILY VIOLENCE** IN CANADA

**FAMILY VIOLENCE** includes intimate partner violence, child maltreatment, and elder abuse. It can be physical, emotional, sexual and financial abuse, as well as neglect



**FAMILY VIOLENCE** 

accounted for approximately 25% of all police-reported violent crime in Canada in 2011

### CHILD MALTREATMENT

OF ADULTS IN CANADA REPORT HAVING EXPERIENCED SOME FORM OF MALTREATMENT AS A CHILD

#### TYPES OF CHILD MALTREATMENT:

- exposure to intimate partner violence 34%
- neglect 34%
- physical abuse 20% memotional abuse - 9% 🛭 sexual abuse – 3%

# INTIMATE PARTNER VIOLENCE



O of women experience intimate partner violence in their lifetime

#### **ABORIGINAL** WOMEN

ARE MORE THAN TWO TIMES AS LIKELY AS NON-ABORIGINAL WOMEN TO EXPERIENCE INTIMATE PARTNER VIOLENCE



PARTNER VIOLENCE IS AGAINST WOMEN

# **ELDER ABUSE**

OF ABUSE OF OLDER ADULTS IS BY FAMILY **MEMBERS OR ACQUAINTANCES** 

OF INCIDENTS OF ELDER ABUSE ARE **PHYSICAL ASSAULTS** 

#### FAMILY VIOLENCE CAN CAUSE A NUMBER OF SERIOUS HEALTH AND SOCIAL PROBLEMS ACROSS THE LIFESPAN



#### INFANTS

- Injury
- · Less control of emotions
- · Problems with parentchild bonding
- · Delays in growth and development

- Anxiety · Behavioural problems
- · Poor performance
- in school
- · Problems with friendships

# **TEENAGERS**

- Attempted suicide
- Obesity
- · Anti-social behaviour (Conduct disorder)
- · Alcohol and drug use
- · Other risky behaviours

### **ADULTS**

- Post-traumatic stress disorder
- Diseases and pain
- · Trouble with relationships
- · Lack of stable employment

#### **OLDER ADULTS**

- Depression and loneliness
- Shorter life
- · Dependence
- · Financial problems

Spousal violence alone costs Canadian society \$7.4 billion/year



Government of Canada

Gouvernement du Canada

www.phac-aspc.gc.ca

Canadä



To provide a short term safe and supportive environment for women with or without children leaving abusive relationships and to work toward the elimination of all forms of abuse including physical, emotional, psychological and sexual.

Saskatoon Interval House Supports the Saskatchewan Federation of Police Officers

#### Saskatoon Interval House Inc.

712 Victoria Avenue, Saskatoon, SK S7N 0Z2

Crisis Line: 1-888-338-0880 Phone: 306-244-0185

E-mail: Executive.Director@SaskatoonIntervalHouse.org Web: http://www.SaskatoonIntervalHouse.org





Celebrate the day, Celebrate your stay Saskatooninn.com 1-800-667-8789 2002 Airport Drive Saskatoon, SK Canada S7L 6M4



rbauction.com | 800.491.4494



#### **Experts in the Art** of Excavation

- Excavators
- Dozer Backhoe

- Backnoe
  Bobcat Loader
  Trucking Service
  Site Preparation
  Lot Grading
  Culvert Installation
  Demolition
- Snow Removal Top Soil

- drovac Excavations a Container Storage

Specializing in Concrete Demolition



Don Wehage & Sons Trucking & Excavating Ltd.

**Over 35 Years in Business** 

Cell: (306) 221-7512 Ph: (306) 373-8880

Cell: (306) 222-8712 Fax: (306) 374-8882

don.wehagetruckingltd@sasktel.net



ISO<sub>9001</sub>

Zoltan Bodas, P. Eng. Manager, Regina Office

2505 - 11th Avenue, Suite 318 Regina, Saskatchewan S4P 0K6 Canada

306-525-6656

306-525-6633

306-209-8734

zoltan.bodas@cima.ca

www.cima.ca









# Public Health Agency of Canada www.publichealth.gc.ca

# FAMILY VIOLENCE: HOW BIG IS THE PROBLEM IN CANADA?

Of all reported crime in 2011, more than one quarter resulted from family violence. Family members were involved in 77% of all murder-suicides. Almost 70% of all family violence victims were women and girls.



# Women are victims of intimate partner violence more often and more severely than men

- 80% of intimate partner violence is against women
- 97% of spousal murder-suicides are against women

#### Family violence is under-reported

Experts know that rates of all forms of family violence are underestimated. For example, according to a 2013 Statistics Canada report, only 24% of women who had been abused by their spouses had reported it to the police.

There are many reasons why people don't report family violence. One is because of the stigma associated with it. Young children may not report violence because they may have limited contacts outside the family in whom they can safely confide.

### Intimate partner violence

Here are some findings from 2013 Statistics Canada reports on family violence and violence against women:

#### Most victims are women

Rates of intimate partner violence were higher for women compared to men in every age group. Compared to men, women who were victims were:

- 3- times more likely to report being sexually assaulted, beaten, choked or threatened with a gun or a knife
- nearly 2.5 times more likely to report higher rates of injury caused by abuse
- 5 times more likely to report multiple experiences of abuse

# Rates for Aboriginal women are more than twice those for other women

- Nearly 60% of Aboriginal women who reported spousal abuse also reported being physically injured as a result of it versus 41% of non-Aboriginal women
- Almost half of these women reported the most severe forms of violence: being sexually assaulted, beaten, choked, or threatened with a gun or a knife.

# Young women have the highest rates overall

- Women aged 24-34 have the highest rates of intimate partner violence, followed closely by those aged 15-24.
- The dating violence rate is 60% higher than the spousal violence rate.
- Rates of all types of violence, including partner violence, decrease as people get older.

# independent orocer

# Michael Keogan

Owner/Operator

MIKE'S YOUR INDEPENDENT GROCER 1341 BROADWAY AVENUE REGINA, SK S4P 1E5

Tel (306) 569-1059 Email mon01865@loblaw.ca



Visit our Newly Renovated Showroom at 2639A Faithful Ave Saskatoon

668-6177

Hours: Monday - Friday 9:00 AM - 5:00 PM Saturday 10:00 AM - 4:00 PM

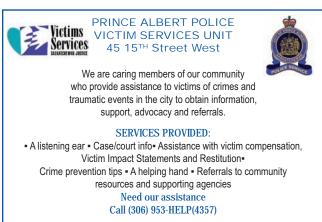
www.taitkitchens.com















# FAMILY VIOLENCE: HOW BIG IS THE PROBLEM IN CANADA?

...continued

### Same-sex relationships

 Women who self-identified as lesbian or bisexual reported significantly higher rates of violence by a partner than heterosexual women (20.8% vs. 6.1%)

### Child abuse and neglect

A recent report showed that in 2012:

 More than a quarter (26%) of adult Canadians reported that they had experienced physical abuse in childhood; 10% reported childhood sexual abuse; 8% reported childhood exposure to intimate partner violence.

More than a quarter (26%) of adult Canadians reported that they had experienced physical abuse in childhood; 10% reported childhood sexual abuse; 8% reported childhood exposure to intimate partner violence.

A 2013 Statistics Canada report showed that:

- girls were 4 times more likely than boys to be victims of child sexual abuse by a family member
- of infants killed by a family member, those under 1 year were most at risk
- Shaken Baby Syndrome/Abusive Head Trauma accounted for nearly 1 in 3 homicides against children less than 1 year of age.
- as children grow older, the non-lethal rates of violence increase

#### Rates of child abuse by type of abuse

According to data from child welfare agencies in Canada in 2008, children were exposed to the following types of abuse:

- Exposure to intimate partner violence (34%)
- Neglect (34%)

- Physical abuse (20%)
- Emotional abuse (9%)
- Sexual abuse (3%)

PHAC (2010)

### Elder abuse & neglect

According to a 2013 Statistics Canada report:

- Nearly 60% of incidents of elder abuse were physical assaults against older adults, and 26% involved threats.
- The highest rates of elder abuse by a family member reported to police are for those aged 65-74.
- Senior women are more likely to be killed by a family member than senior men.



#### Who is most likely to abuse older adults?

- family members (34%)
- strangers (27%)
- acquaintances (19%)

Grown children are the most common perpetrators of abuse and/or neglect of elderly relatives-especially in cases of homicide.

Statistics Canada, 2013b



# **Teamsters Canada Rail Conference Thunder Creek Division 510**

23 Wellington Drive, Moose Jaw, SK S6K 1A2







Proud to Support the Saskatchewan Federation of Police Officers and Family Violence Awareness

1322 - 100 Street North Battleford, SK S9A 0V8 Tel: (306) 445-2004 Fax: (306) 445-0207 Toll-free: 1-888-825-4944 E-mail: ritzg@sasktel.net

781 Confederation Bldg. House of Commons Ottawa, ON K1A 0A6 Tel: (613) 995-7080 Fax: (613) 996-8472 E-mail: gerry.ritz@parl.gc.ca

Website: www.gerryritz.ca



1 A 1620 Idylwyd Saskatoon, Saskatchewan S7L 6W6 306. 649.0030 www.victorysafety.ca



See it! Recognize abuse Name it! Talk to the older adult ABUSE RESPONSE LINE Check it! How can I help?

Canada

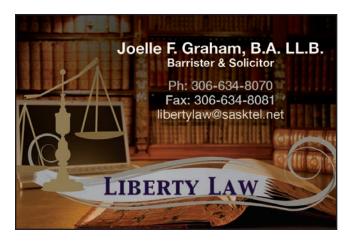


Saskatchewan Seniors Mechanism 306-359-9956

For more info:

http://www.skseniorsmechanism.ca/seniorsneglect-abuse-response-line.html







# Department of Justice www.justice.gc.ca

# **GET HELP WITH FAMILY VIOLENCE**

# Who can help?

# If you or someone you know is in immediate danger, call 9-1-1.

If your area does not have a 9-1-1 service, call your local police emergency number. The police are trained to help you deal with dangerous situations. They are there to investigate and can also help you to get a peace bond. They can also refer you to victim services. Victim services or a lawyer can help you get a non-criminal protection order to keep the person who abused you away from you.

If the situation isn't dangerous right now, you can also call a health centre, victim services, community organization, shelter, or the local police and tell them about the abuse. They can help you to figure out what to do payt

When you ask officials like the police, a social worker or a lawyer for information, you can ask them to keep your concerns confidential.

The list below can help you find people or groups that might be able to help you with information, support or emergency assistance.

# Victim Services

Victim services organizations work with the police to help victims of crime. They can help you develop a plan and find ways to protect yourself. They can connect you with services for food, clothing and shelter and may be able to provide interpretation services so you can speak with someone in a language you are comfortable in. See Page 144.

# Community Organizations

Many community organizations provide social services. These organizations may have someone who can listen to you and talk about your choices. They may be able to refer you to a lawyer if you need one or refer you to other services such as financial assistance. Some of these community organizations may have services in your first language. Multicultural or immigrant serving organizations may be able to give you information and refer you to helpful services.

# Family Doctor or Public Health Nurse

Your family doctor can give you advice on what to do if you are being abused. He or she can help you with your physical or psychological injuries or may refer you to someone who can. Many provinces and territories also have 24-hour health telephone help.

Call your provincial or territorial government for information about health and social support services in your community or ask your local community centre for advice. They may be able to offer information, counselling and provide referrals to social workers. You can look in your phone book or on the internet for your local number.

Friends, Family, Neighbours Speak with someone you trust about the abuse. People cannot help you if they do not know what is happening to you.



At The Co-operators, we're committed to helping out where we can, in ways that truly make a difference. That's why we're proud to support initiatives that help make our community a better, healthier, and sustainable place to live.

the co-operators A Better Place For Your

The Co-operators is a leading Canadian-owned multi-product insurance company.  $\overline{\text{C\&C}}$ 

Home Auto Life Investments Group Business Farm Travel

# GET HELP WITH FAMILY VIOLENCE

continued...

# Who can help?

# Help Lines

There are many telephone services (sometimes called crisis lines) that you can call for free 24 hours a day without giving your name. The person who answers the phone will listen to you and can help you make important decisions to stay safe and to keep your children safe. Look in your phone book or on the internet for phone numbers. If you choose not to call for help right away, then keep a list of these phone numbers in a safe place you can get to easily. See Page 144.

# Hospital

If you have serious injuries, you should go to a hospital. Hospitals have emergency staff who are there to help you if you are hurt or having a health emergency. They may also have special knowledge about family violence. It is best for you to tell the doctors and nurses the truth about what happened.

If you are not a Canadian citizen, you may still have access to health care. If you are legally entitled to be in Canada - as a refugee, a permanent resident or a sponsored spouse - you may be entitled to free health coverage after three months under provincial or territorial health insurance. Refugee claimants may have access to health care coverage from Citizenship and Immigration Canada. Tourists or temporary visitors can buy health insurance. For any questions regarding your health coverage, see your province's or territory's health information website or call your provincial or territorial health service.

# Legal Services

Legal help may be available from a lawyer or a legal aid office. Contact a lawyer referral service, a legal aid office or a public legal education and information association to find out where you can get legal help and if you can get help free of charge. See Page 144.

# **Police**

Many police officers are trained to respond to family violence. Many police services across Canada have special domestic assault units with police officers and other professionals who will listen and try to help you. The police can also refer you to victim services. Check the first few pages of your telephone book for the phone number. See Page 144.

# Religious Organizations

If there is someone at your place of worship whom you trust, tell them what is happening.

# **Shelters**

If you or your children are in danger, a shelter can give you temporary help and somewhere safe to stay. Staff there have special training to deal with family violence victims and can give you advice on what to expect and how to stay safe and keep your children safe. See Page 144.





CUPE Local 859 1616 9<sup>th</sup> Ave N Saskatoon, SK S7K 2Z9

(306) 664-3093



# SASKATCHEWAN HEALTH CARE COUNCIL OF UNIONS

3725 E Eastgate Drive Regina, Saskatchewan S4T 1A5



# BAINBRIDGEJODOUINCHEECHAM

BARRISTERS & SOLICITORS

Gary L. Bainbridge B.A., LL.B.

Legal Prof Corp. 401-261 1st Avenue North Saskatoon, SK S7K 1X2 Phone (306) 664-2468 Fax (306) 664-2469 gbainbridge@bjhlaw.ca www.bjhlaw.ca







# Public Health Agency of Canada www.publichealth.gc.ca

# **HOW TO PLAN FOR YOUR SAFETY**

# Plan for your safety if you are in an abusive relationship

It's important to make a plan to keep you and your children safe. Ask a friend, neighbour or co-worker you trust to help you, or contact local services. There are also online tools to help and ways to make sure you browse safely.

Even if you're not planning to leave the relationship, a safety plan can help in case the abuse gets worse. You may have to leave in a hurry. Make sure to take actions in a way that makes sense for youfor example, one at a time or in stages-and is safe for you and your children.

# 5 steps to make your safety plan

- 1. Do your research
- 2. Decide how you can leave quickly or stay safely
- 3. Talk to your children
- 4. Gather important items
- 5. Be careful about your computer



### 1. Do your research

- Talk to family, friends or a trusted professional who can help you make plans.
- Get legal advice about your rights.
- Find services in your area, such as shelters and financial aid.



# 2. Decide how you can leave quickly - or stay safely If you stay - tips to live more safely

• Tell someone you trust about the abuse.

Are you a child or teenager who needs help?

Call the Kids' Help Phone at 1-800-668-6868.

The call is free of charge and you don't need to give your name.

- Think about your partner's past use and level of force. This will help you predict what type of danger you and your children are facing and when to leave.
- Create a plan to get out of your home safely and practice it with your children.
- Choose the closest place to call for help a coffee shop or neighbour's house.
- Decide where you will go (for example, a friend's house or local shelter, safe home or transition house) and how you will get there.
- Ask your neighbours, friends and family to call the police if they hear sounds of abuse and to look after your children in an emergency.
- Park your car by backing it into the driveway. Keep it fuelled.
- Hide your keys, cell phone and some money near your escape route.
- Have a list of phone numbers to call for help.
- Your local shelter or police may be able to equip you with a panic button/cell phone.
- Make sure all weapons and ammunition are hidden or removed from your home.

#### In an emergency

- If an argument is developing, move to a space where you can get outside easily: find doors and windows that could help you escape.
- Think about rooms where you could be trapped, or where there are weapons such as knives that could be used against you - try to avoid going into these rooms during a violent episode.
- If you are injured, go to a doctor or an emergency room and report what happened to you. Ask them to document your visit.



# **CUPE LOCAL 5111**

Is pleased to support the Saskatchewan Federation of Police Officers in their effort to promote Family Violence Awareness.

1102-102 St P.O. Box 83 North Battleford, SK S9A 2X6

A Vital Link in





Proud to support the Saskatchewan Federation of Police Officers and their work on crime prevention and family violence awareness.

Thank you for keeping our families and communities safe.



Rob Clarke Member of Parliament for Desnethé-Missinippi-Churchill River



#### Constituency

114 Centre Street, Suite C P.O. Box 1260

Meadow Lake, Saskatchewan S9X 1Y9 Tel: 306-234-2334 Fax: 306-234-2339

#### Ottawa

Room 502, Justice Building Ottawa, Ontario K1A 0A6 Tel: 613-995-8321 Fax: 613-995-7697

rob.clarke@parl.gc.ca

Swift Current Fire Department 236 Chaplin St E Swift Current, SK S9H 5B2 306.778.2760



Swift Current Fire Fighters are proud to support our police

# HOW TO PLAN FOR YOUR SAFETY

...continued

- If you are being hurt, protect your face with your arms around each side of your head, with your fingers locked together.
- Don't wear scarves or long jewelry.

# If you are planning to leave (non-emergency)

- Contact a local women's shelter (even if they are unable to take in abused men, women's shelters will usually have information to help all victims of abuse). Let them know that you intend to leave an abusive situation and ask for support in safety planning.
- Consider contacting the police. Ask for an officer who specializes in partner abuse cases.
- Gather important documents.
- Consult a lawyer. Keep any evidence of physical abuse (such as photos). Keep a journal of all violent incidents, noting dates, events, threats and any witnesses.
- Put together pictures, jewelry and objects of sentimental value, as well as toys and comforts for your children.
- Arrange with someone to care for your pets temporarily, until you get settled. A shelter may help with this.
- Remember to clear your phone of the last number you called to avoid the abuser using redial.
- Remember to clear your computer.

#### As you leave

- Request a police escort or ask a friend, neighbour or family member to accompany you when you leave.
- Do not tell your partner you are leaving.
- Leave quickly.
- Have a back-up plan if your partner finds out where you are going.

#### After leaving

Here are some actions you should take after you or your partner has left the relationship:

- If you are staying in the home, change the locks and get an unlisted phone number and caller ID.
- Block your number when calling out.
- Change computer and other passwords.
- Consider applying for a restraining order or

- peace bond that may help keep your partner away from you and your children. Keep it with you at all times.
- Provide police with a copy of any legal orders you have.
- Consider changing any service provider that you share with your ex-partner.
- Carry a photo of the abuser and your children with you.
- Take extra precautions at work, at home and in the community. Consider telling your supervisor at work about your situation.
- Think about places and patterns that your expartner will know about and try to change them. For example, consider using a different grocery store.
- If you feel unsafe walking alone, ask a neighbour, friend or family member to accompany you.
- Do not return to your home unless accompanied by the police.
- Never confront the abuser.



# 3. Talk to your children In advance

- Tell your children that abuse is never right, even when someone they love is being abusive.
- Tell them the abuse isn't your fault or their fault; they did not cause it, and neither did you.
- Teach them that it's important to keep safe when there is abuse.
- Teach your children how to get help. Tell them not to get between you and your partner if there is violence.
- Create a plan to get out of your home safely and practice it with your children.
- Together, pick a safe place in the house where they can hide if the violence starts - ideally with a locked door and a phone that the abuser can't see.
- Agree on a code word so they will know when to call for help.



# The Royal Canadian Legion Branch 262

Outlook, SK

Proud to Support Saskatchewan's Police Officers





Call **911** or Report to your local Police Department **306-634-4767** 

301-11th Avenue Estevan, SK S41 1C7

# SPECIAL OLYMPICS SASKATCHEWAN Special Olympics Sociatchewan



CHANGING LIVES THROUGH SPORT

# What are Special Olympics Sask's Youth Programs?

Special Olympics Youth Programs are designed for youth with intellectual/developmental disabilities and their families. Individuals with an intellectual disability may display deficits in general cognitive abilities which limit performance in one or more aspects of daily life such as: communication, social participation, functioning at school, or personal independence.

Individuals may be diagnosed with: Autism, PDD-NOS, Down Syndrome, FASD, ADD, ADHD, Seizure Disorder, Blind, Deaf, Acquired Brain Injury, or undiagnosed deficits in cognitive functioning or communication. If you are unsure if you are eligible please contact us and we would be happy to answer any questions you may have.

#### Contact us to Register

Email abosche@specialolympics.sk.ca Tel 1.888.307.6226 306.780.9401 www.specialolympics.sk.ca Twitter @SpecialOSask Active Start Program (ages 2-7)

Active Start is a family-centered activity program targeting children with intellectual/developmental disabilities ages 2 to 7. Through the program, children learn basic motor skills such as running, jumping, kicking and throwing in a fun and safe environment.

FUNdamentals Program (ages 7-12)

FUNdamentals is a continuation of the Active Start program for young athletes with intellectual/developmental disabilities ages 7 to 12. The skills transition from basic movement skills to basic sport skills, providing participants with a more in-depth introduction to sport related motor skills along with training and competition, while maintaining and atmosphere of fun and meaningful interaction.

# HOW TO PLAN FOR YOUR SAFETY

...continued

#### In an emergency

- Teach children how to call the police and stay on the phone until the police arrive.
- Have them practice their full name and address and what to say about the violence.
- Don't run to a place where the children are, as your partner may hurt them as well.
- Pick a safe place to meet outside so that you can easily find each other.

### 4. Gather important items

### Government documents (originals or copies)

 Birth certificates, social insurance, driver's license, health cards, passports, court orders, immigration papers or treaty cards.

#### Financial papers

- Mortgage or lease, information about loans or assets.
- Money, including credit cards, debit cards, and cheques.



#### Personal affairs

- Important phone numbers (friends, services, shelters).
- Keys, phone, medications (or a list if you don't have time to gather them).
- Other items, such as toiletries, toys, photos or sentimental items.

If you can't keep these things stored in your home for fear your partner will find them, consider making copies and leaving them with someone you trust. Your local women's shelter will also keep them for you. If you have children, make sure their school or day care centre is aware of the situation and has copies of all relevant documents.

#### 5. Be careful about your computer

- Anything you write on a computer will create a lasting record on the computer and on the internet and you won't be able to control who reads that record.
- An abuser can monitor your online activity and history. Use a computer at work, a friend's house, or the library.

- Log out of your profiles before leaving and clear your browser history.
- Never share your passwords.
- Social media (Facebook, Twitter, etc.) can be particularly dangerous:
- don't use your own name or post personal information.
- keep your privacy settings up to date.
- consider closing your accounts.

How to clear your browser

Your computer contains critical information which could put you in danger! Here's how to keep your searches invisible:

**Internet Explorer:** From the Tools menu, select Internet Options. Choose the General tab and, under Temporary Internet Files, click on Delete Files. Under History, click on Clear History. Then, click OK.

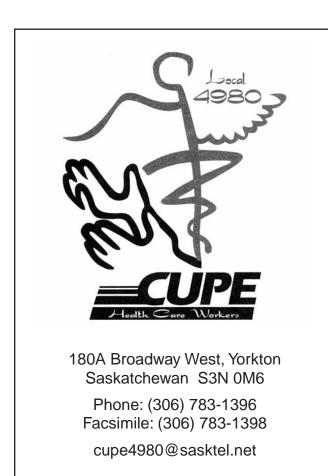
**Firefox:** From the Edit menu, select Preferences. Under Privacy, select History and click on Clear Browsing History Now. Then select Cache & click on Clear Cache Now.

**Safari:** From the Safari menu, select Empty Cache and click on Empty. Pull down the History menu, select Clear History and click on Clear.

**Chrome:** From the Chrome top right-hand corner box with 3 bars, select Tools and clear browsing data. In the dialog that appears, select the checkboxes for the types of information that you want to remove (history, cookies, cache). Use the menu at the top to select the amount of data that you want to delete. Select Beginning of Time to delete everything and click Clear browsing data.



www.phac-aspc.gc.ca













# Public Health Agency of Canada

www.publichealth.gc.ca

# HOW MEN AND BOYS CAN HELP STOP FAMILY VIOLENCE

# Family violence

has often been viewed as a "women's issue" overlooking the fact that men are responsible for the vast majority of violence — for example, men committed 98% of the incidents of intimate partner violence against women in 2013 in Canada. Patterns of male violence against women can be passed from one generation to another. Studies suggest that boys who are abused may be more likely to become abusers, particularly if the abuse continues into the teenage years.

# What men can do to stop family violence Start a conversation.

Speak out against violence against women with your friends, colleagues, and family members.

**Volunteer or donate** to a local organization that provides anti-violence services

**Join other voices**, such as the White Ribbon Campaign or the Bystander Movement

# Why don't more men speak out against family violence?

Men have a variety of reasons for not becoming involved:

- don't see a role for themselves or know what to do
- feel that they're being blamed for the problem
- are uncomfortable with the topic
- worry about what other men will think
- just never been asked

Men who have been victims of violence as boys themselves may find it painful to talk about family violence, or may feel ashamed.

#### Men and boys need to be part of the solution

Men play important roles as fathers, mentors, and role models. Although most men do not condone violence, not enough men help to stop it.

# 5 ways to raise boys who respect women and girls

Men can lead the way by teaching younger men and boys about healthy, safe, and respectful relationships:

- Model respectful relationships, particularly with women.
- 2) **Challenge men and boys** when they use degrading language to talk about women.
- 3) **Teach boys how to respect everyone**, including their families, teachers and classmates, friends, teammates and opponents.
- 4) **Help find heroes** and role models who respect women.
- 5) Make sure that young men know that **sexual** assault is **ALWAYS** wrong.

Ref: Status of Women Canada

#### How men can learn about family violence

There are many ways to become informed:

- It's important to know the facts-including the types of family violence, how common it is, and how it affects people's lives.
- Hearing personal stories of women and men who have experienced family violence can be a powerful tool to help men understand and reflect on the causes and impact of abuse. It's time to break the silence by talking about and listening to stories of family violence.

#### www.phac-aspc.gc.ca





PO Box 970, Martensville, SK S0K 2T0 (306) 931-2166



# W. Hunter Electric (2005) Ltd

2218 Speers Ave Saskatoon SK S7L 5X7

**Ph: 249-4537** Fax: 933-4537

Sheldon Janzen
Cell: 229-9019

Wayne Hunter

Cell: 222-9721 whunterelectric@shaw.ca

# **MºKESSON**

Canada

Empowering Healthcare

McKesson Canada Supports the Saskatchewan Federation of Police Officers' efforts on Family Violence Awareness in our communities.



PO Box 845 #200 Highway T8 West Estevan, SK S4A 2A7 www.shelterhomes.ca

Office: (306) 634-7255 Fax: (306) 634-7597



OUR NEW ADDRESS 609 - 1st AVE No SASKATOON 665-0009

SNOOKER + 9 BALL + 8 BALL

For Two People Any Hour Limit One Card Per Visit

**FULLY LICENSED** 







Leave a legacy of care by including the Moose Jaw Health Foundation in your estate plan.

Please contact us for more information.

Moose Jaw Health Foundation

455 Fairford St E

Moose Jaw, SK S6H 1H3

Phone: 694-0255

www.mjhf.org



# Public Health Agency of Canada

www.publichealth.gc.ca

# WHAT'S WRONG WITH SPANKING?

The first few years of a child's life are the most important for healthy growth and development. Young children need safety, security and lots of love to feel good about themselves and to care about others. This is easy when children are doing what we want them to do. But what about when they don't do what we want them to do?

Parents often feel unsure about how to handle their child's behaviour. Most parents feel like spanking their children at times.

This pamphlet explains why spanking actually doesn't work. And it gives some tips on how to effectively discipline children without spanking.

Discipline doesn't begin until children are old enough to understand it.

Babies don't need discipline.

Never shake or spank a baby.



Spanking can lead to anger and resentment and can cause children to lose trust in their parents.

Spanking teaches that hitting others is okay. In the

long run, spanking makes children's behaviour

Never spank!

It simply doesn't work - for the child or the parent.

#### What is Discipline?

All children need guidance from their parents, including on how we want them to behave. This guidance is what we call "discipline."

Children need time to learn what they should do and should not do. They learn by watching their parents and others, by hearing clear instructions - "Toys go back on the shelf" - and by getting praise and encouragement for their efforts.

Discipline teaches children responsibility, self-control, and right from wrong. It raises the child's self-esteem, encourages the child to do better, and strengthens the parent-child bond.

# Why Doesn't Spanking Work?

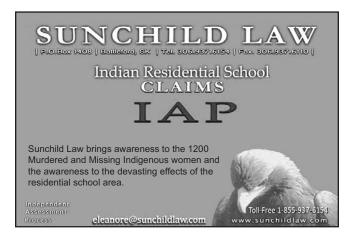
Spanking is not an effective form of discipline, even though some people may think it is.

#### What Does Work?

worse, not better.

What works is to build your child's confidence and problem-solving skills. It is important to figure out the reasons for your child's behaviour such as:

- boredom
- restlessness
- fear
- tiredness
- lack of words for feelings
- illness
- hunger
- misunderstanding
- physical pain
- frustration
- discouragement
- sudden interruption of an activity





P: 306 • 834 • 1100 F: 306•834•1101 C: 780•214•7769

H: 780 • 875 • 4741

Burgardt

Kerrobert, SK SOL IRO revenergy@sasktel.net

# WESTMAN ST

2060 North Railway Street West Swift Current, SK S9H 5H8 (306) 773-1566

www.westmansteel.ca

# **Agency Chiefs Tribal Council**

Box 327, Spiritwood, SK SOJ 2MO 306.883.3880

# St. Gerard's Roman Catholic Parish

125 Third Avenue North YORKTON, SASKATCHEWAN www.stgerard.ca

God is love, and those who live in love, live in God, and God lives in them. (1 John 4.)

# D2 CONSTRUCTION LTD.

General Contracting • Design/Build Project Management

Harry Dalsgaard Manager Cell: (306) 222-6344

1101 Ave Q South Saskatoon, SK S7M 2Y5 Tel: (306) 384-5906 Fax: (306) 384-5907



The Village Lang



# REGINA THERAPEUTIC RIDING ASSOCIATION

Catherine Sneath CTRI Instructor/Program Co-ordinator Box 474, Regina, SK S4P 3A2

Cellular: (306) 530-0794 Email: ReginaTRA@sasktel.net

Website: http://nonprofits.accesscomm.ca/reginatra/

# WHAT'S WRONG WITH SPANKING?

continued...

When you understand the reason for your child's behaviour, it may be easier to handle the situation without losing your temper. Here are some tips for common situations:

### Toddlers want to touch everything.

It's how they get to know the world. Slapping a child's hand teaches him to fear his world, not to explore and understand it. The use of time-out is not appropriate for children under two.



Things to try: Put dangerous things out of reach; shift your child's attention with a safe toy; use words like "hot," "sharp," "ouch" to teach about danger; watch your child closely; always make sure your child is in a safe place where you can see him/her.

#### Is your preschooler having tantrums?

Often, young children have tantrums because they are frustrated and cannot control their feelings. They can be frightened by their tantrums. Spanking them may only frighten them more.

Things to try:

Stay close by;

keep your child safe;

stay calm and quiet;

take deep breaths.

When he/she is calm, use words like "You were mad." Show him/her how to handle angry feelings without yelling or hitting.

Ways to Help Your Child Behave Well

- Create a loving and respectful home.
- Be a good role model.

- Focus on prevention.
- Decide what is truly important and have a few clear and consistent rules.
- Tell your child what you expect.
- Praise your child's efforts, even if they're not perfect.
- Respect your child's needs to grow and explore.
- Watch your child closely so that you can redirect behaviour before it gets worse.
- Ignore minor misbehaviour.
- Make sure that you both get enough sleep.
- Make sure that you both eat nutritious food regularly.
- Last but not least, have a lot of fun with your child.

If you are feeling angry;

- make sure your child is safe.
- take a few minutes for yourself, then calmly talk to your child.
- call someone who will understand.

Parents are always learning. All parents need ideas and support.

#### Remember... Nobody's Perfect!

Where to go for support:

- Family doctor or nurse
- Local public health department
- Child care centres
- Family resource centres
- Child and family service agencies
- Parenting programs such as Nobody's Perfect
- Native friendship centres, First Nations, Métis and Inuit organizations
- Multicultural or newcomer centres

www.phac-aspc.gc.ca

# Anderson & Company

LAWYERS

(306) 773 - 2891

Swift Current Serving the entire Southwest

# PERRAS FAMILY FOODS

Adelard & Doreen Perras



FRESH PRODUCE FRESH & CURED MEATS LIQUOR FRANCHISE GAS BAR



FAX **429-2147**  S0G 1Y0 Telephone **429-2144** 

#### PERRAS MEAT SHOP

Domestic & Big Game Meat Processing 429-2117



# Saskatoon Fire Fighters Union

Supports **Crime Prevention** 

I.A.F.F. Local 80

www.saskatoonfirefighters.com



# Thomson's Delivery Ltd

• OVER SIXTY-FIVE YEARS OF PROMPT, EFFICIENT, COURTFOUS SERVICE

SEE US BEFORE YOU MAKE A MOVE
 LOCAL OR LONG DISTANCE

653-3272

Facsimile 665-1223 3A 1622 Ontario Avenue Saskatoon

# **JEM MAINTAIN-A-LOT**

"29 Years Serving The Community"

RR#2 Box 4 GS 10 Lloydminster, SK S9V 0X7

Phone: (306) 825-3651



& HEAVY DUTY TRUCKS

555 Henderson Drive

Serving Saskatchewan For Over 25 Years

#### SPECIALIZING IN:

- Truck Collision Repair
- Modern Frame
   Straightening Machine
- Including Two Modern Paint Booths
- Trailer Frame & Axle Straightening
- Truck Housing Alignments & Straightening
- Fiberglass Repair

ONE OF SASK'S LARGEST TRUCK COLLISION CENTRES

665-4700

ALL INSURANCE REPAIR WORK DONE BIG OR SMALL

FAX: 931-1675 702 50th St. E. Saskatoon





BAC Local 1 Sask.

Phone (306) 359-6356 Fax (306) 347-8543 1645 Reynolds St, Regina, Sask. S4N 6J1 Mailing Address: Box 3885, Regina, Sask. S4P 3R8 Email: sask1bac@sasktel.net Website: www.bac1sk.ca



DWIGHT OSIOWY

TERMINAL MANAGER

Bus: (306) 721-7033 Cell: (306) 539-5592 Res: (306) 729-4840 Fax: (306) 721-7035 Toll Free: 1-800-272-7704

Regina, SK S4N 5X1 Toll Free: 1-800-272-7704
Email: dwight\_osiowy@rosenau.org www.rosenau.org

# Department of Justice

# **GET HELP WITH FAMILY VIOLENCE**

# What happens if you call the police?

If someone has abused you, you should tell the police. All parts of Canada have police and Crown prosecutor and spousal abuse policies to ensure that spousal violence is treated as seriously as stranger violence.

The police might arrest the person if they believe the person has broken the law. The person might have to go to jail for a few hours until the bail hearing or maybe longer depending on what the judge decides.

If you are afraid for your safety, ask the police to notify you before the person is let out of jail. The judge may set rules for the release of the person who abused you. For example, the judge may order that the person is not allowed to contact you.

If you are afraid of being hurt when the person is released from jail, you may want to find a safe place to stay such as with a friend or at a shelter.

In some provinces and territories you may be able to get a non-criminal emergency protection order, such as a court order that tells the person who was abusive that they must not communicate with you. The order might make the person abusing you leave the family home for a period of time. You can ask police or victims services for information on how to go about this. If an emergency protection order is not available, you may be able to get a peace bond.





# What happens if the police charge the person who abused you?

If the person who abused you pleads guilty to a criminal offence, the judge will decide on a sentence. The sentence may be a fine or probation. The person who abused you might also have to get counselling. The judge might also order time in jail. In deciding on a sentence, the judge will consider many things. For example, the judge will consider whether this is a first offence and how severe the abuse was.

If you are afraid, tell the Crown prosecutor or your victim services worker. If the person who abused you gets probation, the judge might release them with conditions.

If the person who abused you tells the judge they are not guilty, then there will likely be a trial. It may be several months before the trial starts. You will have to be a witness at the trial, but there are several things the courts can do to make you more comfortable when you appear as a witness. You may be able to speak to the judge from behind a screen or from another room by closed-circuit television so that you do not have to see the person who abused you. You may also be able to have a support person near you while you testify. If the person who abused you does not have a lawyer, the Crown prosecutor can ask the judge to appoint a lawyer so that you do not have to be crossexamined by the person who was abusive.

If the person who abused you is found guilty, the judge will decide on a sentence such as a fine, probation or jail time.

www.justice.gc.ca



# SANDERSON BALICKI PARCHOMCHUK

Barristers, Solicitors and Notaries Public

#### **Prince Albert Office**

110 - 11th Street East Prince Albert, Saskatchewan Canada S6V 1A1 Telephone: (306) 764-2222 Fax: (306) 764-2221

Fax: (306) 763-1990

www.sbplaw.ca

#### **Rosthern Office**

718 Railway Avenue PO Box 779 Rosthern, Saskatchewan Canada S0K 3R0 Telephone: (306) 232-4482 Fax: (306) 232-5595

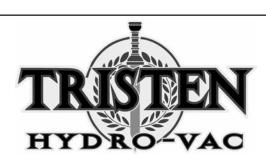
**Wakaw Branch Office** 

Telephone: (306) 233-5111

# CUPW **Local 714**

Box 1153, Canora, SK S0A 0L0

306-563-6661



Box 6B RR1 Regina, SK S4P 2Z1 (306) 536-7507



PETER LEJAN BRANCH MANAGER

Russel Metals Inc. 4015 Wanuskewin Road Saskatoon, SK S7P 0B4 www.russelmetals.com

Tel: (306) 931-3338 Toll Free: (800) 772-9783 Fax: (306) 931-2627 plejan@russelmetals.com



P.O. Box 1270, 91 23rd Street West Battleford, SK S0M 0E0 (306) 445-3500

# **Amachewespimawin Co-op Association**



Fax 635-2070 635-2020 STANLEY MISSION, SK



# LAKELAND AGENCIES

Dan M. ROSS CAIB

#### Loon Lake

BOX 489, SK S0M 1L0 PH: 837-2016 FAX: 837-2032



Goodsoil BOX 280, SK SOM 1A0 PH: 238-2052

FAX: 238-2092

AN INDEPENDENT INSURANCE BROKER SERVES YOU BEST

# DOMESTIC VIOLENCE: FACT AND FICTION

FICTION	FACT
Domestic violence is a private problem, and no one should intrude in family matters.	Some acts of violence are criminal, whether they occur within a relationship or not. The belief that domestic violence is a private affair condemns victims to remain under their aggressors' control and makes it more difficult for others to intervene, which perpetuates the violence. Domestic violence is a serious problem in our society.
Domestic crimes are rare—otherwise we would hear more about them.	In 2008 police in Quebec registered 17,321 cases of domestic violence. The majority of the victims were women.
Women bring it upon themselves, driving their partners to violence.	No one goes looking for violence or tries to provoke others. We alone are responsible for our behavior. No one deserves to be treated violently.
Women who are victims of violence like it, or else they wouldn't stay.	Women stay with their partners for a variety of complex reasons. They may think they can change the men they love and believe their promises. Some women feel guilty about breaking up the family or are afraid of threats. Others are lacking the social or economic resources to make it on their own.
There's no point helping abused women; they'll just go back to their partners.	Women who endure an ongoing cycle of violence can often become ambivalent about their situation, unable to decide whether to stay or go. They may leave to see if they can survive on their own or return to see if things can change. This gradual process lets some victims eventually resolve their dilemma and break the cycle of violence.

# we design and print...

- **G** Brochures
- **C** Stationery
- C Newsletters
- Annual Reports
- **C** Flyers
- **©** Business Forms
- **C** Posters
- **C** Carbonless Forms
- C Presentation Folders C Textbooks C Laser Cheques
  - **G** Family History Books

...to your specifications and satisfaction



Tel. 306.955.3373 · Fax. 306.955.5739 217 Jessop Avenue · Saskatoon, Saskatchewan S7N 1Y3



PO Box 640 Kipling, SK S0G 2S0

306•736•2332





#### **WEYBURN CREDIT UNION LTD**

Box 1117, 205 Coteau Ave Weyburn, SK S4H 2L3 Tele Service (306) 842-6641

MemberDirect Internet: www.weyburncu.ca

Building Memberships & Relationships



## LIVING SKY SCHOOL DIVISION No. 202

Growth Without Limits, Learning For All

509 Pioneer Avenue, North Battleford, SK S9A 4A5 (306) 937-7702 www.lskysd.ca



ey.com



© 2013 Ernst & Young LLP. All Rights Reserved.

# LEE'S CHOP SUEY SOUTH

# 利時酒家



Licensed Dining Room & Cocktail Lounge Take Out & Delivery 2625-29th Ave, Regina, Sask. S4S 2N9 Tel. 585-3868. Fax 585-3828



Lunch Buffet-Evening Buffet-Sunday Brunch



Web: pantherindustriesinc.com



24 HR LINE (306) 634-7975 #417 A Mississippian Dr

# MIKE MUIR

PRESIDENT / MANAGER

Cell: (306) 421-7330 Fax: (306) 634-7976 E-Mail: m.muir@qwsl.ca P.O. Box 326 Estevan, SK S4A 2A4

# DOMESTIC VIOLENCE: FACT AND FICTION

continued...

FICTION	FACT
Men who are violent at home are violent in all their relationships.	Men who abuse their partners are not necessarily violent with friends or colleagues. Often the families and friends of these men don't want to believe that they engage in such behavior, since they can be charming and pleasant in other environments.
If men seek help and resolve their violence issues, everything will go back to normal and the couple will get along fine.	Therapy addresses the problem of violence, but it's not a miracle cure. The consequences and injuries suffered by victims of domestic violence won't go away on their own. It's important for victims to find ways to heal their physical, emotional, and mental wounds.
Men who abuse their partners fit a certain profile: they're physically imposing and talk loudly.	Men who are violent toward their partners are regular Joes. They come from all backgrounds: they could be well-educated professionals or barely literate and jobless. There's no typical profile.
Domestic violence is an illness.	Violence isn't an illness. It's a behavior chosen by abusers to dominate and control others. Men are aware of what they're doing and they're doing it for a reason: to control everything and make all the decisions.
Men aren't the only ones responsible for their violent behavior.	Men are entirely responsible for their violent behavior. But they'll try to blame their partners so their partners won't leave them or turn them in.
Once men seek therapy, their problems with violence are over.	Therapy is a step in the right direction. Violent partners can change to the extent they truly want to and make sustained efforts to do so. Years of work could be required to change violent tendencies that have gone on for months or years.

www.domesticviolence.gouv.qc.ca

# Rural Municipality of Heart's Hill No. 352

Box 458 Luseland, Saskatchewan S0L 2A0



#### Randy Powers Secretary-Treasurer

1515 Park Street Regina, SK S4N 2E9 Ph 306 569 9259 Fax 306 352 5499

#### Dave Phipps President

#203 135 Robin Crescent Saskatoon, SK S7L 6M3 Ph 306 382 7868 Fax 306 653 2888

# L&L GRAVEL & RANCHING CO. LTD

is a proud sponsor of the

Saskatchewan Federation of Police Officers



310 21<sup>st</sup> Street E Saskatoon, SK S7K 1M7

(306) 683-8350

"Proud to Support the Saskatchewan Federation of Police Officers"



### Trevor W. Klassen

Barrister & Solicitor

#### BENDIG KLASSEN LAW OFFICE

#201 - 1100 1st Avenue East Prince Albert, SK S6V 2A7 Bus: (306) 922-0212 Res: (306) 763-9390 Fax: (306) 922-2422 trevor@bendigklassen.com

~ Branch Office at La Ronge, SK (306) 425-3839 ~

# **SMOKE & ASHES**

Pipes & Accessories/Custom Blending

Huge Selection of Imported Cigars in our Walk-In Humidor

8-405 Circle Dr E

(306) 652-1117

# **BEITEL'S INSURANCE AGENCY**

• S.G.I. • WAWANESA • HAIL INSURANCE

Box 37, Briercrest, SK SOH 0K0

**ROGER BEITEL** 

Bus: (306) 799-2148 Res: (306) 799-2142 Cell: (306) 631-9391 Fax: (306) 799-2157

Plan for the Best... Insure for the Worst!



# **GERRY'S**

# **Automatic Transmission Ltd**

THE PROFESSIONALS

**Trent Collins** *Business Manager* 

1120 Albert Street Regina, SK S4R 2R1 Bus. 525-5877 Res. 757-1670 ON ONE DAY, 242 SHELTERING ORGANIZATIONS ACROSS CANADA RECORDED HOW MANY WOMEN AND CHILDREN THEY HELPED

# SHELTER VOICES

# A day in the life of Canada's shelters for women survivors of abuse

This first pan Canadian annual survey gives us insight into a typical day in the life of women's shelters and transition houses across the country, bringing us the voices of the women on the front-lines. Shelter workers from 242 shelters responded to our call. Shelters in all provinces and territories, with the exception of Nunavut, participated in the survey. Shelter Voices aims to shine light on the issue of violence against women and to break barriers by revealing what is happening.

Shelters contribute more than a safe place to stay. They provide vital services and resources that enable women who have experienced abuse, and their children, to re-build self esteem and take steps to regain a self-determined and independent life. They are a focal point connecting women to the services available which are far too often insufficient and uncoordinated.

Women's shelters and transition house workers are leaders in bringing about change and advocating for an end to violence against women. Listening to their voices and the voices of the women they accompany is key to deliver solutions to end violence against women.



ON ONE DAY, **242** SHELTERS IN CANADA HELPED **4,178** WOMEN AND **2,490** CHILDREN.

ALTHOUGH NOT ALL SHELTERS RECORD THIS INFORMATION, OF THE WOMEN HELPED, 116 WERE KNOWN TO BE PREGNANT; 184 WERE KNOWN TO HAVE BEEN THREATENED BY A GUN.



www.endvaw.ca

March 2014.





#### **ASPHALT PAVING • COMMERCIAL INDUSTRIAL • ENVIRONMENTAL**

- · Highway, Road & Street Construction
- Asphalt PavingEnvironmental Site Work
- Aggregate Processing
- Loading and Hauling
- Construction, Concrete and
- Landscaping Aggregates
   Excavation and Disposal

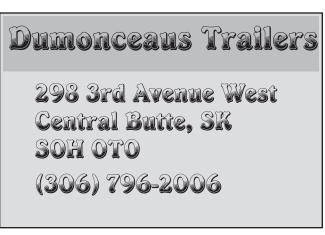
(306) 545-7155

Facsimile (306) 543-4074 338 Sherwood Road, P.O. Box 3988, Reging, SK S4P 3R9











Box 700

Carnduff, SK SOC 0S0

ph: 306-482-3244

fx: 306-482-3631

www.fasttruckingservice.com

#### Quick and safe moves of all your oil field equipment

#### We Have A Modern Fleet Of Trucks

- Pickers Ranging From 30-50 Tons Jeeps, Pole Trucks, Bed Trucks And Boosters
- Complete Assortment Of Trailers Class 5 Pickups To 8x8 Bed Trucks



#### Macoun Co-op Assoc.

Box 87, Macoun, SK S0C 1P0

Phone: (306) 634-9269 Fax: (306) 634-8468

Now celebrating 75 years in Business

#### M.N.S. LTD.

534 Avenue L. South

Glen Munn

P.O. Box 1071

Saskatoon, SK

S7K 3M4

Email: mnsltd@shaw.ca

Bus: (306) 244-5606

Fax: (306) 244-5043

Res: (306) 384-1445

Cell #1: (306) 221-6618

Cell #2: (306) 230-1002

#### SERVICE & INSTALLATION OF:

- BOILERS
- BURNERS
- Controls
- RETURING
- REFACTORY WORK
- GAS FITTING
- Plumbing & Heating

# On this same day, 286 women and 205 children could not be accommodated.

continued...

"I came here scared and confused. They made me realize that I am worthy of so much more."

"I like it here because no one is shouting."

- from a child

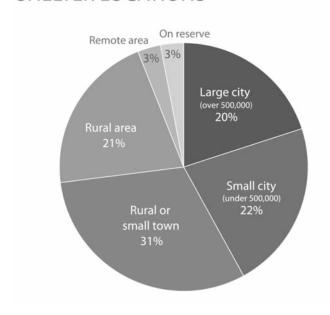
#### PROFILE OF PARTICIPATING SHELTERS

Of the participating shelters, **84%** were first stage emergency shelters, generally with a length of stay of several weeks offering a communal living environment, **9%** were second stage housing, providing longer lengths of stay in apartments, while the remaining **7%** were a mix of other shelter accommodation. **71%** of shelters were accessible to women with reduced mobility.

# SPECIALIZED SERVICES FOR SPECIFIC AT-RISK WOMEN WERE OFFERED IN **79%** OF THE SHELTERS

- 63% provide specialized services for Aboriginal women
- 58% provide specialized services for women with disabilities
- 51% provide specialized services for women dealing with substance abuse
- 43% provide specialized services for women with mental health issues
- 34% provide specialized services for trafficked women

#### SHELTER LOCATIONS



#### **PREVENTION**

Prevention is key to ending violence against women.

- 93% of shelters were involved in some form of prevention work
- 83% initiated public awareness campaigns
- 76% were involved in providing education to service providers
- 69% carried out school based programs



# Goodwill Bakery

301 Main Street Box 219 Stoughton, SK S0G 4T0



306.457.3171



Ph. 569-0047

215 Hodsman Road, Regina, SK S4N 5W5



#### Archdiocese of Regina

445 Broad Street N. Regina, SK S4R 2X8

Tel: (306) 352-1651 Fax: (306) 545-0510 www.archregina.sk.ca

Telephone (306) 637-4006

\*\*Telephone (306) 637-4006

\*\*Te

Focus Counselling Services Ltd
Norm Scheelhaase

Regina, SK

(306) 584-1254

#### Success in school, and in life.

At Sylvan, our highly personalized approach builds the skills, habits and attitudes your child needs to succeed in school and in life.

- Develops independent work habits
- Improves attitudesMotivates learning
- Provides feedback for parents and teachers

#### **BUILD CONFIDENCE**

See why more parents turn to Sylvan than to any other tutor Individual Attention from Certified Teachers



Sylvan Learning 3125 J Woodhams Driv Regina, SK S4V 2R5

306-757-7323 www.sylvanlearning.com

READING, MATH, WRITING, STUDY SKILLS



ARCHITECTURE & INTERIOR DESIGN LTD

2110 College Avenue Regina, Saskatchewan S4P 1C5 Ph: (306) 359-9007 Fx: (306) 359-0090 E-mail: psw.denise@sasktel.net One thing that would make things better? "Access to safe, affordable and permanent housing options. We find that this is one of the main reasons that women end up going back to the abusive relationships time and time again."

continued..

# PRIVATE THOUGHTS ON A PUBLIC CRISIS: SURVIVORS SHARE THEIR THOUGHTS

- "It was not my fault."
- "Thanks so much for all you have given. Your support and house gave me a safe refuge from the storm of my life."
- "Don't give up on us because so many of us have already given up on ourselves."
- "In one day I went from being acutely stressed to hopeful."
- "I came here a caterpillar and left a butterfly. Thank you for your help and support. I couldn't have done it without you."
- "This is the best and safest place to live ever!"
  - from a nine year old child
- "I need you, please don't give up on me."

#### IF YOU WERE ABLE TO CHANGE ONE THING

Shelters were asked if they were able to change one thing that would make things better for abused women and their children what would it be?

- Affordable and safe housing
- Comprehensive and promptly responsive legal system
- Income and social support
- Interconnected and continuous services

"Greater financial support from social services so women are not choosing between a life with violence or a life in poverty."

"Immediate court decisions that would allow moms to start rebuilding their lives."

"Recent immigration changes (Bill C-38), disadvantages immigrant women who are victims of abuse — they are doubly victimized."

"Need for greater education within schools as violence starts earlier and earlier."

"Coming from a life of abuse, I have never been treated with such kindness and respect."

"It's so hard to
watch how the
system wears
women down,
especially when
they have so many
barriers, that they
want to give up.
That's why we care
so much because
every woman
should feel like she
has a chance to
make it."



#### WEYBURN POLICE SERVICE



Marlo Pritchard Chief of Police



400 Coteau Avenue N.F. Weyburn, SK S4H 2K8 mpritchard@weyburn.ca www.weyburn.ca

Tel: (306) 848-3253 Fax: (306) 842-9040

Re-Appliable Parts Inc. 124 Dewdney Ave E. Regina, Sask.

- \* New and Re-Cycled Appliance Parts
- \* In Home and Shop Service
- \* Guaranteed Used Appliances

Remember When Zuality & Service We're Part of the Deal'..... We Da'

Kent Zummack Phone: 352-8199



#### RON HAYWARD

Manager Technical Support

Phone: 306-621-5707 Fax: 403-309-2488 info@isolationequipment.com



Corey Tibbett, CEO

Box 371 120 Railway Ave Canora, SK. SOA OLO Ph: (306) 563-6015 Fax: (306) 563-6014 Toll free: 1-800-667-7679 Email: eas@sasktel.net



Manufacturer of industrial lifting slings, load-lock & tow-line up to 200,000 lbs.

#### B & G ACCOUNTING & INCOME TAX SERVICES

#### **Gail Kaban**

 Notary Public • Tax Specialist Accounting Services

Phone: (306) 683-4636 #109 - 2750 Faithful Ave Fax: (306) 683-4638 Saskatoon, SK S7K 6M6 bgaccounting@sasktel.net

#### Barron's Huneral Chapel & Crematorium

Darrel & Moe Kinar

Owners & Funeral Directors & Candice Wallin - Funeral Director

> P.O. Box 695 Tisdale, SK S0E 1T0

Email: bfcc@sasktel.net

PH: (306) 873-2124 FAX: (306) 873-4131



#### **ROYAL LEPAGE** Renaud Realty

Katherine Ukrainetz Broker/Manager Royal LePage Renaud Realty P.O. Box 416, Tisdale, SK S0E 1T0

Office: 306.873.5900 Fax: 306.873.2991 Cell: 306.873.9910

Email: katherine@tisdalerealty.ca

Twitter@katukrain www.tisdalerealty.ca "Oftentimes, I am in awe of the resilience of the women we help. It truly amazes me."

continued...

demanding

"It is

#### **MAJOR CHALLENGES**

Shelters identified the following as their three major challenges

- 62% Gaps in services and supports for marginalized women
- 62% Lack of supports when women leave shelters

#### VOICES FROM SHELTER WORKERS

Shelter workers are well aware that in many instances, shelters are the only hope for women and their children in escaping abuse. Their capacity to help women makes their work very rewarding while the lack of resources, services, collaboration of legal, financial, social systems makes it exasperating.

- "We do our best to help people at their worst. It is hard work. It is exhausting and rewarding, tragic and heart warming."
- "Seeing women growing strong, confident, and empowered is extremely rewarding."
- "The women and children we help often have no one else to help them... Shelters are their only hope for getting to safety."
- "The needs are not only increasing, they are also becoming more complex and challenging."
- "It is the most rewarding feeling when you see a child smiling."

#### WHERE DO WE GO FROM HERE?

- Affordable and safe housing
- Funding and supports for shelters

• Financial security

- Reversing the culture of violence
- Accessible and responsive legal system

### important – seeing women regain control of their lives."

work that never

ends, but it is so

#### AS WORKERS, SHELTER WORKERS IDENTIFIED THEIR **TOP 3** ISSUES

- 60% Concern over inability to effectively address increasingly complex issues client face
- 51% Feeling of not being able to affect the systemic causes of the issues facing clients
- 46% Low pay



**Shelter Voices** is produced by the Canadian Network of Women's Shelters and Transition Houses, a coalition of 12 provincial and territorial shelter networks representing over 350 shelters across Canada. The network works as a unified voice to collaborate, educate, and innovate for systemic change that ends violence against women, making Canada a model for safety in the world. The CNWSTH thanks the Canadian Women's Foundation and its partners as well as the National Union of Public and General Employees for their contributions to Shelter Voices. Printing provided by the Canadian Union of Postal Workers.

Visit our website www.endvaw.ca and find us at facebook.com/endvawnetwork



Box 186 RR 4 | Saskatoon, SK S7K 3J7

tel 306-975-3444 fax 306-975-7044



Frontier Motel & Restaurant



Jamie Hathaway Manager

306-296-2060 306-296-7525 Cell: 296-7535 Fax: 306-296-2061 hrfeltmate@sasktel.net

Hwy 18 E, Frontier, SK S0N 0W0

KIMTEK AUTOMOTIVES INSTALLATIONS

KIM MARSHALL OWNER/TECHNICIAN

CAR AUDIO/VIDEO, REMOTE START ACCESSORIES, FLEET & VEHICLE GPS TRACKING, FABRICATION

BAY B - 730 45TH STREET WEST SASKATOON, SK S7L 5X1 KIM@KIMTEKCUSTOMS.COM WWW.KIMTEKCUSTOMS.COM



P.O. Box 96 Macklin, Saskatchewan SOL 2C0 (306) 753-2987 Office

(306) 753-2987 Office (306) 753-2854 Fax



### **Murray GM**

15 Chester Road Moose Jaw Saskatchewan S6J 1N3 (306) 692-9111



# WESTMORELAND COAL COMPANY

Estevan Mine Box 3000 Estevan, SK S4A 2W2 (306) 634-7251

westmoreland.com

# POST-SEPARATION ABUSE: IMPACT ON WOMEN

The effects of physical abuse may be obvious: black eyes, cuts and bruises. Emotional abuse, including threats, stalking, or constantly being undermined, is no less damaging but can be much more difficult to detect. It often reduces the victim to a state of uncertainty and fear, shame and self-doubt. It can lead to loss of self-confidence and inhibit a woman from acting decisively. When victims turn to alcohol or drugs to relieve the pain, they are often judged. This is the aim of the abuser: to gain control over the victim.

### The woman may believe she is an inadequate parent.

- The abuser may say she is an unfit mother and the cause of the children's problems.
- She may be prevented by the abuser from creating structure and consistency in her life.
- Children may have problems that make her believe she is a bad parent.
- She may fear having her children taken by child protection authorities.

### The woman may lose the respect of some or all of her children because:

- Children may see her as an acceptable target of abuse.
- Children may disregard her parental authority and not follow her rules.
- Children may not value her or may be ashamed of her.

# The woman may believe excuses the abuser provides for his behavior because:

- She may believe the abuse is her fault and try to change her behaviour or feel guilty about its effect on her children.
- She may believe that the abuse is caused by his use of alcohol or by stress.
- She may believe that the abuse is culturally or religiously appropriate.

• She may believe that men and boys should have more privileges and power in the family.



# The woman may change the way she parents in response to the abuser's parenting style because:

- She may be very lenient to balance the abuser's strict parenting.
- She may be too strict to try and keep children from annoying the abuser.

### Gall Law Office

BARRISTERS, SOLICITORS & NOTARIES PUBLIC

RODERICK G. GALL, B.A., LL.B. CHELSEA M. KELLN, B.Sc., LL.B. (J.D.)

Office: (306) 933-2233 #100 - 316 6th Avenue North Fax: (306) 652-1110 Saskatoon, Saskatchewan S7K 2S5 Rose Valley: (306) 322-5950

E-mail: gall.law@sasktel.net



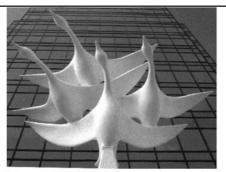


Shauna Eveleigh Harris B.S.W., R.S.W. (SK) Holistic Mental Health Therapist

#202, 20 - 14th Street West Prince Albert SK S6V 3K8

tel 306 922 1550 fax 306 922 1553 cel 306 961 7342 email seveleigh@sasktel.net

www.inspiredtherapyservices.com



**Western Limited Group of Companies** #200, 2184-12<sup>th</sup> Avenue Regina, SK S4P 0M5 306-757-4555



1282 6th Avenue E, Prince Albert, SK S6V 2K1 306.763.8681

### Salisbury Degelman Vision Centre



424, 21st Street East, Saskatoon, SK 306.244.7959 www.fyidoctors.com/salisbury-degelman-vision-centre

Earn Aeroplan® Miles Here! Geroplan



®Aeroplan and the Aeroplan logo are registered trademarks of Aimia Canada Inc.

Call us today to book your eye exam!



Cash & Carry that is open to the public (Regina location only) 1309 Lorne Street, Regina, SK S4R 2K2 306.522.1696

8 am - 4:30 pm Monday to Friday Come see what quality tastes like



# POST-SEPARATION ABUSE: IMPACT ON WOMEN

continued...

- She may make age-inappropriate or unreasonable demands on children to calm the abuser.
- She may be afraid to use discipline because the children have been through so much.
- She may be left to do all the demanding parts of parenting while he does the fun parts.



# The woman may not be able to manage daily life because:

- She may experience depression, anxiety or poor sleep habits that stop her from caring for the children or providing for their daily needs.
- If the abuser stops her from using birth control, she may have too many children born closely together.
- She may be denied enough money to meet children's basic needs for food, etc.
- Her parenting may be reactive rather than proactive so that she responds to crises rather than preventing problems.
- She may avoid being seen in public if there are visible signs of abuse.

### The woman may use survival strategies with negative effects such as:

- She may use alcohol or drugs to excess.
- She may leave the children with inadequate caretakers to get a break.
- She may avoid being at home (for example, working double shifts).

# Children may be angry and blame the mother for failing to protect them or leave the abuser.

- The mother may be prevented by the abuser from comforting a distressed child.
- One child may assume the caretaking role for the mother.
- Children may expect the mother to leave (or be deported) and may become anxious or emotionally closed to protect themselves from possible loss.

## The woman may be trapped in competition for children's loyalties because:

- The abuser may attempt to shape child's view of himself as good and the mother as bad.
- The abuser may present himself as the fun parent who has no rules.
- After separation, the abuser may use promises of a great life at his house to get children to support his bid for custody.
- The abuser may have more money and offer more material goods and a nicer home.

www.legalinfo.org



Long Term Care Specialists

#### 1-527 Nelson Road, Saskatoon, SK

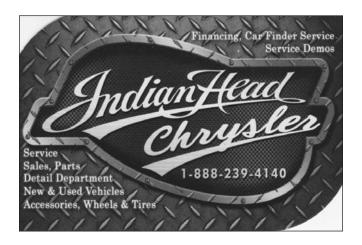
(Attached To The Willowgrove Medical Clinic)

We offer:

FREE Compliance Packaging (Plastic pacmed Roll or Bubble Packs) Compression Stockings & Pumps • Medical Braces • Home Health & Mobility Aids Veterinary Pharmaceuticals • FREE Delivery

FREE In Home Sizing for Compression Stockings & Braces

(306) 665-1000





PO Box 294 (603 Third Street) Kenaston, SK S0G 2N0

Ph: 306-252-2769 Fax: 306-252-2089 Email: sdaa@sasktel.net www.sdaa.sk.ca









#### MOOSE JAW REFINERY

Moose Jaw Refinery Partnership An affiliate of Gibson Energy

641 Manitoba St E.- Box 2000, Moose law, SK S6H 6E3

Direct: 306-691-7800 Fax: 306-694-5622 Website: www.moosejawrefinery.com



Box 11 Site 414 Range Road #4 Saskatoon, SK S7K 3J7 (306) 978-2232



#### INTERNATIONAL UNION OF PAINTERS AND ALLIED TRADES

Local 739-

Painters · Signworkers · Glassworkers · Carpet & Floor Hazardous Waste Abatement · Drywall Finishers

#### JOHN SEDOR **BUSINESS MANAGER**

168 HIGGINS AVENUE WINNIPEG, MB R3B 0B8 PHONE: (204) 943-2497 FAX: (204) 942-6872 EMAIL: IUPAT@MTS.NET

SASKATCHEWAN PHONE: (306) 565-6184 TOLL FREE: 1-800-322-0694

# **Canadä**

# FAMILY VIOLENCE IN CANADA A STATISTICAL PROFILE

#### Self-reported spousal violence, 2009

- The 2009 General Social Survey (GSS) found that self-reported spousal violence remained stable from 2004, when the survey was last conducted. Similar to 2004, 6% of Canadians with a current or former spouse reported being physically or sexually victimized by their spouse in the 5 years preceding the survey.
- The proportion of Canadians who reported spousal violence was similar across the majority of provinces. The exceptions were in Newfoundland and Labrador and Quebec where the proportions were below the national average.
- Overall, the seriousness of violence experienced in spousal incidents remained stable between 2004 and 2009. The proportion of victims who reported the most serious forms of spousal violence such as being sexually assaulted, beaten, choked or threatened with a gun or knife was similar to 2004.
- Younger Canadians were more likely to report being a victim of spousal violence than were older Canadians. Those aged 25 to 34 years old were three times more likely than those aged 45 and older to state that they had been physically or sexually assaulted by their spouse.
- In 2009, victims of spousal violence were less likely to report the incident to police than in 2004. Just under one-quarter (22%) of spousal violence victims stated that the incident came to the attention of the police, down slightly from 2004 (28%).
- In addition to physical and sexual violence, many Canadians also reported being the

victim of emotional and financial abuse. As in 2004, close to one in five (17%) Canadians said that they had experienced some form of emotional or financial abuse in their current or previous relationship, with put-downs and name calling being the most common form of abuse.



# Police-reported family violence against children and youth, 2009

- Police-reported data for 2009 indicate that children and youth under the age of 18 were most likely to be sexually victimized or physically assaulted by someone they knew (85% of incidents).
- Nearly 55,000 children and youth were the victims of a sexual offence or physical assault in 2009, about 3 in 10 of which were perpetrated by a family member.
- Six in ten children and youth victims of family violence were assaulted by their parents. The youngest child victims (under the age of three years) were most vulnerable to violence by a parent.



240 Victoria Ave E Regina, Sask. S4N 0N4 Phone 565-2044

#### **Kelly Miller**

Manager Owner

"A New High in Service" 100% Canadian Owned



3220 Wells Avenue SASKATOON, SK S7K 5W5 Tel: (306) 242-5553 Fax: (306) 242-4443 1-800-665-6444

David D. Dmytdriw

Manager

AUTOMATIC KITCHEN FIRE EQUIPMENT RECHARGE & SERVICE FIRE EXTINGUISHERS, HYDRO TESTING, ALSO EXTINGUISHER SALES



Our crews are dedicated to accommodate your tight schedule.

- Residential & Commercial
- Complete Foundations (Survey & Backfill) & Gradebeams
- Over 35 years Combined Concrete Forming Experience
- Insured & Bonded
- Guaranteed Work

For A Free Estimate Call

826 47th St E

306-380-6128

Serving Saskatoon & Area Since 2004



Aircraft charter, Rental, Flight Training, and Fuel Sales.

306-634-8668

airport@estevan.ca







Suite 100, 1170 8th Avenue, Regina, SK S4R 1C9
Tel • 306•789•0743 Fax • 306•789•0876
Email • alton.atal@sasktel.net
Website • www.altontangedalarchitect.com



Serving South East Saskatchewan for over 50 Years

Ready Mix Concrete - Commercial Residential - Rural Construction Precast Slabs - Curbs - Well Cribs Loader - Skidsteer - Backhoe Service All Types of Gravel Products

1963

ICF Insulated Concrete Forms Good, Solid, Green

Distributor & Installer High Performance Wall System

REDVERS \* 452-3376

**CARLYLE \* 453-2474** 

# FAMILY VIOLENCE IN CANADA A STATISTICAL PROFILE

...continued

 In 2009, the rate of family-related sexual offences was more than four times higher for girls than for boys. The rate of physical assault was similar for girls and boys.

# Police-reported family violence against seniors, 2009.

- In 2009, police reported over 2,400 senior victims (65 years and older) of violent crime by a family member, representing about one-third of all violent incidents committed against older adults.
- Family violence against seniors tends to be lower compared to younger age groups. The rate for seniors in 2009 was less than half that for adults aged 55 to 64 and more than eight times lower than the rate for adults aged 25 to 34.
- Women continue to be more likely than men to be victems of spousal homicide. In 2009, the rate of spousal homicide against women was about three times higher than that for men.
- Although the overall rate of violent victimization was higher for senior men than senior women, family-related violent victimization was higher among senior women. Senior men were more likely to be victimized by an acquaintance or a stranger than a family member.
- Spouses and grown children were the most common perpetrators of family violence against senior women, while grown children were most often the perpetrators of family violence against senior men.
- Just over half (53%) of police-reported family violence against seniors involved common assaults, the least serious form of assault.

 Six in ten police-reported incidents of family violence against seniors did not result in physical injury. When physical injuries were sustained, the vast majority were relatively minor in nature.

#### Family-related homicides, 2000 to 2009

#### **Spousal homicides**

- Between 2000 and 2009, there were 738 spousal homicides, representing 16% of all solved homicides and nearly half (47%) of all family-related homicides.
- The 2009 spousal homicide rate remained stable for the third consecutive year. This follows nearly three decades of gradual decline.
- Women continue to be more likely than men to be victims of spousal homicide. In 2009, the rate of spousal homicide against women was about three times higher than that for men.
- Between 2000 and 2009, men were most likely to be killed by a common-law partner (66%) whereas women were slightly more likely to have been killed by their legally married spouse (39%) than by a commonlaw partner (33%). In addition, female victims of spousal homicide were more likely than male victims to be killed by a partner from whom they were separated (26% versus 11%).
- For both male and female spouses, homicide rates peaked among 15 to 24 year olds and declined with increasing age.
- Stabbings were the most common method used to commit spousal homicide, particularly against male victims.



Leanna Prost, CA Controller, Land & Housing

lprost@dream.ca

T 306.347.8144 F 306.347.8108

4561 Parliament Ave, Ste 300 Regina, SK, S4W 0G3 Canada

R. WILSON INSURANCE SERVICES ROBERT WILSON - BROKER

Box 70 ARCHERWILL, Sask.

SOE OBO



Phone: 306 - 323-2065 Fax: 306 - 323 - 4622 E-mail: wilsoninsurance@sasktel.net





· STEAM CLEANING · PRESSURE WASHING · VACUUM SERVICES ·

· SEPTIC SERVICE · PORTABLE BATHROOM RENTALS ·

BUS: (306) 634-3144 FAX: (306) 636-1537

P.O. BOX 398 ESTEVAN, SK S4A 2A4



**HEATING VENTILATION AIR CONDITIONING** REFRIGERATION

JOE HAYES: OFFICE (306) 242-3002 : FAX (306) 651-2163

plainsmanhvac.r.ltd@sasktel.net 24 HOUR EMERGENCY SERVICE

INDUSTRIAL \* COMMERCIAL \* RESIDENTIAL \*

#### **Regina Industrial Diesel Services**



#### **Terry Hamilton**

Owner / Manager / Master Tech

work 306.719.1777 heavy truck shop 306.719.1776

mobile 306.581.2386

fax 306.719.1778

email reginadiesel@sasktel.net 1017 WELLINGS RD

RPO 22008 - 4104 Rochdale Blvd S4X 0E1 Regina, Sask., Canada

> Affordable Dealer, Quality Service & Parts at RIDS!



CELL PHONE: 306-631-1405

KEVIN: 306-648-2682 WILF: 306-648-3554 FAX: 306-648-2817









www.maplefarm.com

Your Dealer in the Parkland and beyond



817 Broadway Ave Saskatoon, SK (306) 244-4155 mojo2003@shaw.ca

**Featuring Live Entertainment 7 Nights a** Week as Well as Our All Ages Saturday Afternoon Jam From 3-7:30pm

Check out our website for our upcoming shows: www.budsonbroadway.com

# FAMILY VIOLENCE IN CANADA A STATISTICAL PROFILE

# Family-related homicides against children and youth

- Over the past 10 years, there were 326 homicides committed by a family member against a child or youth (0 to 17 years), accounting for 7% of all solved homicides and 21% of all family-related homicides.
- Parents committed the majority (84%) of family-related homicides against children and youth.
- Infants under the age of one experienced higher rates of family homicide compared to older children.
- Children under 4 years of age who were killed by a family member were most often shaken or beaten to death whereas older children were most often killed with a weapon, such as a knife or firearm.

- The rate of family-related homicides against seniors has gradually declined over the past 30 years. In 2009, the rate of familyrelated homicide against seniors was 61% lower than in 1980.
- Senior women were most likely to be killed by their spouse (41%) or son (36%), while the majority of senior men were killed by their son (72%).
- Frustration, anger and despair was the most common motivation for a family member killing a senior person, resulting in about one-third (33%) of all such homicides between 2000 and 2009. Another 26% of family-related homicides against seniors stemmed from an argument.

www.statcan.gc.ca

#### Family-related homicides against Seniors

 There were 160 family-related homicides against seniors (65 years and older) between 2000 and 2009, accounting for 4% of all solved homicides and 10% of all family-related homicides.





Preston Kalyniuk, CA VP, Finance, Land & Housing

pkalyniuk@dream.ca dream.ca B 306.374.6100 D 306.477.6626 F 306.955.7673

112 - 2100 8th Street East Saskatoon, Saskatchewan Canada S7H 0V1



#### T.T. AUTO SERVICE LTD.



620 AVENUE N SOUTH, SASKATOON, SK S7M 2N7 (306) 244-7336

**TOI TRAN** 

Fax (306) 664-3151

Phone (306) 868-2133

Fax (306) 868-2243



1 - 402 - 47th Street E Saskatoon, SK S7K 5H5 (306) 651-2333 gtperform.com





The Avonlea Co-operative Association

Limited

LAWRENCE WEINRAUCH

General Manager

P. O. Box 89 Avonlea, SK SOH OCO Canada

E-mail: avonleagm@sasktel.net

Cara Dawn
Transport Ltd.



721-8888

Toll Free: 1-800-723-3342 Fax: 1-866-840-5118 Fax: 721-5118 Dave's Cell: (306) 536-3861

Web: www.caradawntransport.com Email: caradawntransport@sasktel.net



**Balcarres & District Lions Club** 

Serving our Community for 59 years



3703-10 Mitchelmore Avenue Saskatoon, SK S7P 0C5

> Ph: 306.979.9500 Fax: 306.979.5990 www.prowestern.ca

# **Canadä**

# VICTIM SERVICES IN CANADA PROVINCIAL AND TERRITORIAL FACT SHEETS

#### Profile of victim service providers in 2011/2012

- A total of 760 victim service providers operating in Canada responded to the Victim Services Survey for the 2011/2012 year ending March 31, 2012. Of these, 36% were police-based, 24% were community-based, 14% were sexual assault centres, 10% were court-based, 7% were Ontario Victim Crisis Assistance and Referral Services, 7% were system-based, and 2% of service providers were categorized as other, unspecified types. There were ten provincial compensation programs, four of which were administered in conjunction with other types of services.8
- The victim service providers that provided information reported that they had assisted close to 460,000 primary and secondary victims of crime in 2011/2012.
- The types of assistance most often offered directly by victim service providers in 2011/2012 included: protection (92%), support for participation in the justice system (90%), and information to assist victims in the justice system (89%). In addition, 64% offered medical-related services and over half provided shelter-related services (59%) or assistance with compensation (56%). Counselling services were available from 47% of providers.
- In 2011/2012, 4 in 10 victim service providers in Canada indicated that they offered dedicated programs to specific victim groups. About one-third reported that they had programs dedicated for adults (37%), seniors (31%) or children (32%). About one-quarter indicated that they had dedicated programming for female victims (24%) and 14% had dedicated programming for male victims.<sup>9</sup>
- Other dedicated programs frequently offered by victim service providers in Canada included programming for Aboriginal persons (28%),

- lesbian or bisexual women (21%), persons with physical disabilities (20%), persons with developmental disabilities or mental disorders (19%), as well as dedicated programming for Francophones (18%) and Anglophones (18%).
- In 2011/2012, the majority (76%) of victim service providers in Canada served areas that have a minimum population of 1,000, and 57% served areas that include small towns, villages and other areas with less than 1,000 population. Almost one-quarter (24%) served reserves, with 5% of victim service providers located on a reserve.
- Of the victim service providers in Canada for which information was available in 2011/2012, 9% of providers reported involvement in the delivery or coordination of restorative justice processes for criminal justice matters. In addition, 18% of victim service providers reported offering orientation and information for restorative justice or mediation measures, and 27% offered accompaniment and support for restorative justice or mediation measures.
- The vast majority (96%) of the victim service providers who responded to the survey were able to accommodate clients with reduced mobility. In addition, almost three-quarters of victim services reported being able to provide services to people with a hearing impairment (70%) or a visual impairment (73%).
- In 2011/2012, 72% of victim service providers across Canada reported that they were able to assist clients who were not able to speak English or French. Victim service providers reported that they were able to communicate verbally with clients in non-official languages, most commonly in: Spanish (25%), German (19%), Chinese languages (16%) and Punjabi (16%). Some victim service providers were also able to communicate verbally with clients in Cree (12%), other Aboriginal languages (11%)<sup>10</sup>,





YQR.CA | IT'S YOUR AIRPORT™

### **Wakaw Lodge Motel**

Highway 2, Wakaw, SK S0K 4P0 Ph: 306-233-4345

wakawlodgemotel@yahoo.com

website: wakawlodgemotel.com

**Rural Municipality** 

Senlac

No. 411

Box 130, Senlac, SK S0L 2Y0

Proud to Support Saskatchewan's Police Officers

#### BARRISTER GROUP

Catherine M. Knox

B.S.W., LL.B. (also of Newfoundland Bar) BARRISTER & SOLICITOR

Barrister House -> 321 - 6th Avenue North -> Saskatoon, SK -> S7K 2S3 t 306 665 3434 -> f 306 652 1915 -> h 306 955 2001 -> c 306 220 5720 e cknox@halyklaw.com



Tom Mildenberger (306) 382-8727

rivercity.temp@sasktel.net

P.O. Box RPO 32 Saskatoon SK S7L 7M6 Propane & Natural Gas Service & Installation

- Fireplaces
- Furnaces
- Boilers
- · Air Conditioners
- Water Heaters
- Radiant Heaters
- · Radiant Infloor Heat

Authorized Trane & Wirsbo Dealer





Developing individuals, creating community and supporting life-long participation

ww.sasksoccer.com

# VICTIM SERVICES IN CANADA PROVINCIAL AND TERRITORIAL FACT SHEETS

...continued

Ojibway (3%), and Inuktitut (1%). In addition, some victim service providers reported that they offered audio or visual materials in non-official languages, most commonly in Chinese languages (30%), Spanish (29%), and Punjabi (25%).

#### Profile of victims on May 24, 2012

- On May 24, 2012 (snapshot day), 696 victim service providers in Canada reported serving 10,664 victims (Table 1).<sup>11</sup> Of the victims where the sex was recorded, 75% were female and 25% were male.<sup>12,13</sup>
- Of those victims who received services, 80% were victims of a violent crime. About one-quarter (26%) were victims of sexual assault, and 49% had been the victim of another violent offence such as physical assault. The remaining victims of violence who received services on May 24, 2012 were secondary victims of homicide (3%) and secondary victims of other offences causing death (1%).
- Among female victims assisted on snapshot day, the majority (84%) were victims of a violent offence. Thirty percent of female clients who received services were victims of sexual assault.
- Six in ten (61%) female clients were victims of a violent offence by a spouse, ex-spouse, intimate partner or other family member.<sup>14</sup> Almost one-third of these (31%) were victims of sexual assault.
- Among male victims assisted on snapshot day, 69% were victims of a violent offence; 15% were victims of sexual assault. One-third of males (33%) assisted on snapshot day were victims of a violent offence by a spouse, ex-spouse, intimate partner or other family member.
- Over one-quarter (29%) of male clients were victims of violent offences involving someone other than a family member or an intimate partner.15 Male victims were more likely than females to be victims of non-violent offences (such as theft or destruction of property) (19% versus 9%). Male victims were also more likely

- than females to be victims of non-sexual violent offences involving someone other than a spouse, ex-spouse, intimate partner, or other family member (23% versus 8%).<sup>16</sup>
- 8. The estimated response rate for this survey was 83%. Where respondents were unable to provide information, the percentage of respondents reporting to individual questions are noted if less than 80%. Where a respondent had multiple locations providing victim services, these are counted as individual victim service providers.
- Respondents reporting for multiple locations provided a single response which was applied to all locations. Estimates for the number of victim service providers for all profile information other than the geography served (urban, rural, reserve) may therefore be overestimated.
- 10. Unspecified Aboriginal language other than Cree, Inuktitut, and Ojibway.
- 11. Information on the number of clients served was provided by 92% of respondents.
- 12. Based upon victims for which the sex was known. The sex of 955 victims (or 9%) was not reported. 13. A number of victim service providers in New Brunswick were unable to provide a count of the number of clients served on May 24, 2012 and instead provided a profile of their active caseload on that day. One victim service provider in British Columbia was unable to provide a count of the number of clients served on May 24, 2012 and instead provided a profile of clients served for the month of May, 2012.
- 14. Excludes homicide and other offences causing death.
- 15. Excludes homicide and other offences causing death.
- 16. Excludes homicide and other offences causing death.

www.statcan.gc.ca



### **First Nation**

#### Chief Richard Ben and Council

Makwa Sahgaiehcan First Nation

Loon Lake, SK S0M 1L0 Office: 306-837-2102 Fax: 306-837-4448

# RV Sales & Service Four bay SGI accredited service center

#### Over 200 units in stock from

Voltage, Sprinter, Aerolite, Gulfstream, BullDog, Rubicon & Prowler, Park Models, Fifth Wheels. Travel Trailers, Motorhomes.

Phone: (306) 827-4800 Fax: (306) 827-4845 Toll Free: 1-877-827-4845 Web: www.sunridgervs.ca



Mufflers ♥ Brakes ♥ Front Ends ♥ Shocks/Struts Oil Changes #2 & 4 Wheel Alignments Automatic Transmission Flushes ♥ Diagnostic Scans Cooling Systems Flushes & Service

Ph. (306) 693-1288

175 2nd Ave NW (Corner of High St & 2nd Ave NW) Moose Jaw, SK S6H 7X1

mjminutemuffler@sasktel.net  $young and young @\, sask tel.net$ 

# GARDA / WORLD

#### **BRENT MAXWELL**

Operations Manager

115 2nd Avenue N, Suite 316 Saskatoon, SK S7K 2B1

> T 306.242.3330 C 306.221.2681

bmaxwell@garda.ca www.garda.ca



#### Rose Olsen

**BScHEc** 

**EXECUTIVE** DIRECTOR

1438 Fletcher Road, Saskatoon, SK 57M 555

Ph (306) 93I-I050 Fax (306) 93I-2825

Email saskaturkey@sasktel.net www.saskturkey.com

### Northern Village of **Buffalo Narrows**

PO Box 98 Buffalo Narrows, SK SOM 0J0

306.235.4225

### PINNACLE APPRAISALS

Commercial & Residential

Phone: (306) 949-1933 Fax: (306)-569-1567

Email: pinnacle.appraisals@sasktel.net

Rosanne Wood, CRA

Proudly Serving Regina & Southern Saskatchewan



# **VICTIM SERVICES IN CANADA** PROVINCIAL AND TERRITORIAL FACT SHEETS

#### Fact Sheet - Saskatchewan

#### Profile of victim service providers in 2011/2012

- A total of 103 victim service providers operating in Saskatchewan responded to the Victim Services Survey for the 2011/2012 year ending March 31, 2012. Of these, 74 were police-based, 17 were community-based, 6 were court-based, and 6 were sexual assault centres. Among these service providers was one provincial victim service provider which offered a criminal injuries compensation program in conjunction with other types of services.<sup>63</sup>
- The victim service providers Saskatchewan that provided information reported that they had assisted 26,948 primary and secondary victims of crime in 2011/2012.
- In Saskatchewan for 2011/2012, the majority of victim service providers reported that they offered the following direct services to clients: protection services (84%), shelter-related services (83%), crisis-related services (81%), participation-related services (80%), medical-related services (79%), and information services (court or justice-system related) (77%). In addition, providers reported that they offered direct services to clients for compensation (69%), and counselling (31%).
- In 2011/2012, just over one-quarter (27%) of victim service providers in Saskatchewan indicated that they offered dedicated programs to specific victim groups. Victim service providers reported that they offered dedicated programs to adults (23%), seniors (19%), or children (21%).64
- Other dedicated programming frequently offered by victim service providers in

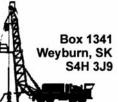
- Saskatchewan included programming for Aboriginal persons (23%), lesbian or bisexual women (11%), persons with developmental disabilities or mental disorders (9%), gay or bisexual men (9%), and persons with physical disabilities (8%).
- In 2011/2012, nearly two-thirds (64%) of victim service providers in Saskatchewan served areas that include small towns, villages and other areas with less than 1,000 population. Just under half (47%) served areas that have a minimum population of 1,000. In addition, 36% served reserves, with 5 victim service providers located on a reserve.
- In 2011/2012, one in five (20%) victim service providers in Saskatchewan reported involvement in the delivery or coordination of restorative iustice processes for criminal justice matters. In addition, 44% of victim service providers reported offering orientation information for restorative justice or mediation measures, and 56% reported offering accompaniment and support for restorative justice or mediation measures.
- All of the victim service providers who responded to the survey were able to accommodate clients with reduced mobility. In addition, 63% of the victim service providers reported being able to provide services to people with a hearing impairment and 66% of providers reporting being able to accommodate people with a visual impairment.
- In 2011/2012, nearly half (48%) of victim Saskatchewan providers in reported that they were able to assist clients who were not able to speak English or French.



Cell: (306) 861-6154 Office: (306) 842-0992 Fax: (306) 842-0952

Home: (306) 842-0541 Email: bruce.mwsl@sasktel.net

#### BRUCE MILLER President

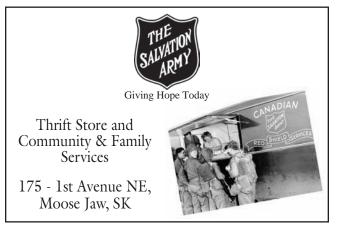


# Hi Kick

405 Athabasca St E, Moose Jaw, SK S6H 0L9 (306) 692-3772

Enjoy our freshly made sandwiches, subs, croissants and wraps.

Home made pies and pastries also available.





# Tollifson Cable Service

PO Box 1647, Stn Main Moose Jaw, SK S6H 7K7

(306) 693-7272





#### Prince Albert Police Service

Phone: 306-953-4240 Fax: 306-953-4239

"With Integrity and Innovation, We Deliver Professional Service to our Citizens"

# ROCKET Inbound Marketing

Box 5080 Saskatoon, SK S7K 4E4 **306-220-0870** 

# PROVINCIAL AND TERRITORIAL FACT SHEETS

...continued

#### Profile of victims on May 24, 2012

- For May 24, 2012 (snapshot day), the 91 victim service providers in Saskatchewan that provided information reported serving 696 people (Table 9).65 Of the victims where the sex was recorded, 71% were female and 29% were male,66
- Of those victims who received services, 73% were victims of a violent crime. Fifteen percent were victims of sexual assault, and 52% had been the victim of another violent offence such as physical assault. The remaining victims of violence who received services on May 24, 2012 were secondary victims of homicide (4%) and secondary victims of other offences causing death (2%).
- Among female victims assisted on snapshot day, close to 8 in 10 (78%) were victims of a violent offence. Nineteen percent of female clients who received services were victims of sexual assault.
- Nearly two-thirds (62%) of female clients were victims of a violent offence by a spouse, ex-spouse, intimate partner or other family member.<sup>67</sup> Of these, 24% were victims of sexual assault.
- Among male victims assisted on snapshot day, 65% were victims of a violent offence; 5% were victims of sexual assault. Close to one-third (32%) of males assisted on snapshot day were victims of a violent offence by a spouse, ex-spouse, intimate partner or other family member.
- About 2 in 10 (21%) male clients were victims of violent offences involving someone other than a family member or an intimate partner.<sup>68</sup> Male victims were more likely than females to be victims of non-violent offences (such as theft or destruction of property) (15% versus 7%). Male victims were also more likely than

- females to be victims of non-sexual violent offences involving someone other than a spouse, ex-spouse, intimate partner, or other family member (18% versus 8%).<sup>69</sup>
- 63. The overall response rate for Saskatchewan was 95%. Where respondents were unable to provide information, the percentage of respondents reporting to individual questions are noted if less than 80%. Where a respondent had multiple locations providing victim services, these are counted as individual victim service providers.
- 64. Respondents reporting for multiple locations provided a single response which was applied to all locations. Estimates for the number of victim service providers for all profile information other than the geography served (urban, rural, reserve) may therefore be overestimated.
- 65. Information on the number of clients served was provided by 88% of respondents.
- 66. Based upon victims for which the sex was known. The sex of 55 victims (or 8%) was not reported.
- 67. Excludes homicide and other offences causing death.
- 68. Excludes homicide and other offences causing death.
- 69. Excludes homicide and other offences causing death.

#### www.statcan.gc.ca



### JAGR **DEVELOPMENTS INC.**

2270 Northridge Drive, Suite Box 310 Warman, SK S0K 4S0

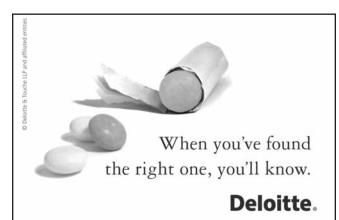
(306) 291-8700



Quality Design and Service!

Large Format Digital Printing • Computer & Airbrush Graphics • Fleet Signs & Graphics • See Through Window Graphics • Stainless Steel Kits & Fender Trim • Window Tinting • 3M Bra-less Paint Protection

sharp@sharpautotrim.com www.sharpautotrim.com PH: 244-8484 2634 Millar Avenue Fax: 242-7978







#### **Impark**

102 - 1800 11th Avenue, Regina, SK S4P 0H8 Phone: 306.352.2681 www2.impark.com

Hours: Monday - Friday, 8am - 4:30pm

- **Client Consultation**
- 24 hr/7day Service Companionship Home Support Personal Care

- Nurse Supervised Staff Funding Investigations
- Better care for a better life

Home care designed especially for you

*In the Saskatoon area, please call* 306.652.3314 / 1.800.647.7730

www.bavshore.ca





Box 519 Melville, SK S0A 2P0 Tel: 306-728-3636 Fax: 306-728-3660 Toll Free: 1-888-8PLAINS Email: melville@plainseviro.com www.plainsenvironmental.com



nications, Energy and Paperworkers Union of Canada

P.O. Box 219 Lanigan, SK S0K 2M0

Tel: (306) 365-2505 Fax: (306) 365-2076

# CLIENTS SERVED BY VICTIM SERVICE PROVIDERS

# BY SEX OF VICTIM AND TYPE OF CRIME, SASKATCHEWAN, MAY 24, 2012

This table presents the number of clients served by victim service providers on "snapshot day", May 24, 2012 by sex and type of crime. The row headers provide information by type of crime or offence. The column headers provide information on the number and percent of clients for males, females, unknown sex and total.

Type of crime	Males		Females		Unknown sex		Total	
	number	percent	number	percent	number	percent	number	percent
Violent offences	122	65	356	78	0	0	478	73
Homicide	17	9	8	2	0	0	25	4
Other offences causing death <sup>1</sup>	6	3	6	1	0	0	12	2
Sexual assault	9	5	88	19	0	0	97	15
by spouse, ex-spouse, intimate partner	0	0	35	8	0	0	35	5
by other family member	2	1	32	7	0	0	34	5
by non-family relationship	7	4	21	5	0	0	28	4
Other violent offences <sup>2</sup>	90	48	254	56	0	0	344	52
by spouse, ex-spouse, intimate partner	32	17	167	37	0	0	199	30
by other family member	25	13	49	11	0	0	74	11
by non-family relationship	33	18	38	8	0	0	71	11
Other types of incidents	65	35	98	22	16	100	179	27
Non-violent offences <sup>3</sup>	28	15	32	7	0	0	60	9





# **HAViK**

1775 Scarth Street Regina, SK S4P 2G2

306-522-8636



743 Bayview Close Saskatoon, SK S7V 1B7

(306) 343-6690

### Highlight Telecom Midwest Ltd

PO Box 1025 #1013 Wellings Road Regina, SK S4P 3B2

Ph: (306) 721-1910



# THE SCARLET GROUP OF SECURITIES

111 5109 48th Street Yellowknife, NT X1A 1N5

(867) 873-3202



# CLIENTS SERVED BY VICTIM SERVICE PROVIDERS

# BY SEX OF VICTIM AND TYPE OF CRIME, SASKATCHEWAN, MAY 24, 2012

...continued

This table presents the number of clients served by victim service providers on "snapshot day", May 24, 2012 by sex and type of crime. The row headers provide information by type of crime or offence. The column headers provide information on the number and percent of clients for males, females, unknown sex and total.

Type of crime	Males		Females		Unknown sex		Total	
Impaired driving	1	1	0	0	0	0	1	0
Other traffic offences	8	4	11	2	0	0	19	3
Non-criminal incidents <sup>4</sup>	27	14	42	9	16	100	85	13
Traffic incidents - undetermined if criminal	0	0	0	0	0	0	0	0
Other incidents - undetermined if criminal	1	1	13	3	0	0	14	2
Unknown type of crime	0		0	•••	39		39	
Total	187	100	454	100	55	100	696	100

1.

Other offences causing death includes impaired driving causing death, dangerous operation of a vehicle causing death, criminal negligence causing death and infanticide.

2.

Other violent offences includes crimes that either cause or threaten to cause harm to an individual.

3.

Non-violent offences includes property crimes and other non-violent Criminal Code offences.

4.

Non-criminal incidents include other traumatic events such as natural disasters, suicides, and drowning.

#### Note(s):

Percentages may not add to 100% due to rounding, and do not include "Unknown type of crime" in their calculation.

#### Source(s):

Statistics Canada, Canadian Centre for Justice Statistics, Victim Services Survey 2011/2012.







Saskatchewan Polytechnic Moose Jaw Campus 1.866.467.4278



#### PLAXTON & COMPANY

Drew S. Plaxton
DSPLAXTON@PLAXTONLAW.COM

Heather M. Jensen
HMJENSEN@PLAXTONLAW.COM

TEL: 306.653.1500 FAX: 306.664.6659 500-402 21ST STREET EAST SASKATOON SK CANADA S7K 0C3





# Tim Hortons

1812 McOrmond Drive Saskatoon, Saskatchewan S7S 0A6 (306) 373-3332

# Extendicare would like to recognize and support the Saskatchewan Federation of Police Officers Annual Crime Prevention Guide, focused on Family Violence Awareness. Extendicare is not just a long term care facility. We are a home that provides quality of life to residents and staff alike throughout the province of Saskatchewan. We currently have long term care facilities in Moose Jaw, Saskaton and Regina. Extendicare has provided quality of Life care to residents since the late 1960s and currently have over 600 LTC beds in Saskatchewan. We provide a wide range of services that includes respite care, short term care, meals on wheels along with our long term care of residents. If you would like to find out more about Extendicare or the services we provide, please visit our website at www.extendicare.com

# WHEATON CHEVROLET HUMMER INC.

260 Albert Street #B Regina, Saskatchewan S4R 3C1

(306) 543-1555

# **TNC Electric Inc.**

410 Victoria Avenue Regina, Saskatchewan S4N 0P6

(306) 522-7775



### There are many ways children are exposed to domestic violence:

- · seeing a mother assaulted or demeaned.
- · hearing loud conflict and violence.
- · seeing the aftermath (e.g., injuries).
- · learning about what happened to a mother.
- being used by an abusive parent as part of the abuse.

In almost 40% of domestic violence situations, children see or hear the violence as it is happening. In many cases the violence is severe. Children who do not witness the violence are still a part of an unhealthy family and will be affected by the situation.

Children are more than 'witnesses' to domestic violence. Children living with conflict and abuse will "actively interpret, predict, assess their roles in causing a 'fight,' worry about the consequences, engage in problem solving, and/or take measures to protect themselves or siblings, both physically and emotionally".

### What children learn from domestic violence:

- Violence and threats get you what you want.
- · Victims are to blame for violence.
- Unhealthy, unequal relationships are normal or to be expected.
- Men are in charge and get to control women's lives and women don't have the right to be treated with respect.

### Children exposed to domestic violence have increased risk of:

- emotional trauma (low self esteem, posttraumatic stress disorder, anxiety, depression)
- health problems (failure to thrive eating/sleeping problems, developmental delays)
- · difficulties learning
- becoming violent themselves or becoming a part of an abusive relationship as a teen or adult.

As a member of the public, if you believe a child is being abused, at risk of abuse, or not having basic needs met, you have a legal duty to report it to Child Protection in your area. In Saskatchewan, a child is considered to be in need of protection if she or he has been exposed to domestic violence or severe disharmony in the home. Failure to act may place the child at risk of further harm.







Commercial & Residential

- General Excavation
   Back Hoe Service
- Demolition
- Sewer & Water
   Sand & Gravel
- Demolition
   Landscaping
- Skid Steer Service

306-763-7889

3800 5th Ave E P.A. S6W 0AI



1149 - 8 St E Saskatoon, SK S7H 0S3 Tel: (306) 244-4453 • Fax (306) 343-1420

Representing more than 600 REALTORS® in Saskatoon's Voice of Real Estate

WWW.STAT.CA







Office 306.463.4515 Cell 306.463.7357 Fax 306.463.4516 Email sales@edgerealty.ca 1000 Main Street East

Box 1324 • Kindersley, SK SOL 1SO



#### ROYAL CANADIAN LEGION

Branch #120

P.O. Box 1324, Nipawin, Sask. S0E 1E0 (306) 862-4523

nipawin.legion@sasktel.net

Proud to Support our Police



NDUSTRIAL REFRIGERATION LTD.

1-866-664-4400 www.stevensonindustrial.com

2917B Miners Ave Saskatoon, SK S7K 4Z6 (306)664-4400 305 Hodsman Rd Regina, SK S4N 5W5 (306) 585-7044

#### SCALETECH SYSTEMS LTD

505 45<sup>TH</sup> Street East Saskatoon S7K OW2

306 • 933 • 4402

#### BIGGAR

LANDIS Insurance Services

304 Main Street, Box 729 Biggar, Saskatchewan SOK 0M0 (306) 948-3886

# **LECLAIR**TRANSPORT

P.O. Box 115 Benson, Saskatchewan SOC 0L0

(306) 421-7131

# Logic Dots Solutions

2343 A Broad Street Regina, Saskatchewan S4B 1Y9

(306) 591-6579

#### Off The Wall Eatery

140 Wall Street Saskatoon, Saskatchewan S7K 1N4

(306) 974-3373

#### SASKATCHEWAN NATIVE THEATRE

914 20<sup>TH</sup> Street West Saskatoon, Saskatchewan S7M 0Y4 (306) 933-2262

# Saskatoon Indian & Metis Friendship Centre

168 Wall Street Saskatoon, SK S7K 1N4 (306) 244-0174

#### TANKA RESEARCH

Market Intelligence

Suite 203, 1275 Broad Street Regina, SK S4R 1Y2

306.757-8578



We put the *accent* on service.

Quill Lake Branch (306) 383-4155

Jansen-Esk Branch (306) 364-2057

Kelvington Branch (306) 327-4728

www.accentcu.ca Email: info@accentcu.ca



# Fact Sheet:

### Violence Against Aboriginal Women

Aboriginal women and girls are strong and beautiful. They are our mothers, our daughters, our sisters, our aunties and our grandmothers.

For years, communities have pointed to the high number of missing and murdered Aboriginal women and girls in Canada. As of March 31, 2010, Native Women's Association of Canada (NWAC) has gathered information about 582 cases from across the country.

Aboriginal women face life-threatening, gender-based violence, and disproportionately experience violent crimes because of hatred and racism. This fact sheet places the issue of missing and murdered Aboriginal women and girls in the broader context of violence against Aboriginal women. By understanding the severity of the issues, we can better work toward breaking the cycle of violence.

According to Statistics Canada's 2004 General Social Survey (GSS), Aboriginal women experience much higher rates of violence than non-Aboriginal women.

Statistics Canada also reported the following findings:

- Aboriginal women 15 years and older are 3.5 times more likely to experience violence than non-Aboriginal women.
- Rates of spousal assault against Aboriginal women are more than three times higher than those against non-Aboriginal women.
- Nearly one-quarter of Aboriginal women experienced some form of spousal violence in the five years preceding the 2004 GSS.

Statistics Canada reported that Aboriginal women are more likely to experience more severe and potentially life-threatening forms of family violence than non-Aboriginal women.

- 54% of Aboriginal women reported severe forms of family violence, such as being beaten, being choked, having had a gun or knife used against them, or being sexually assaulted, versus 37% of non Aboriginal women
- 44% of Aboriginal women reported "fearing for their lives" when faced with severe forms of family violence, compared with 33% of non-Aboriginal women.
- 27% of Aboriginal women reported experiencing 10 or more assaults by the same offender, as opposed to 18% of non-Aboriginal women.
- While the number of non-Aboriginal women reporting the most severe forms of violence declined from 43% in 1999 to 37% in 2004, the number of similar attacks against Aboriginal women remained unchanged at 54% during the same time period.

Certainly, family violence represents one of the most urgent issues impacting Aboriginal women. However, there is also a need for more research and awareness about other forms of violence—particularly violence perpetrated by strangers or acquaintances.

- Most of the existing research focuses on family violence or abuse between parents and children. Apart from studies dealing with women involved in prostitution, little attention is paid to other forms of violence.
- Statistics Canada does not have enough data to produce reliable estimates of sexual assault against Aboriginal women.
- There are no national data sources regarding the number of missing persons reports filed each year, the number of cases resolved or the percentage that remain outstanding. This makes it virtually impossible to compare figures for Aboriginal and non-Aboriginal women.



#### Village of Vanscoy

109 Main Street, PO Box 480 Vanscoy, SK S0L 3J0

Kept Safe By Our Peace Officers



Visit us at www.skwriter.com to learn more!



COMMERCIAL | RESIDENTIAL | AGRICULTURAL | INDUSTRIAL ALL YOUR METAL ROOFING & EXTERIOR RENOVATIONS - No Exposed Screws or Fasteners - Shingles To see our exclusive line up or get an online quote go to www.tuffexteriors.com

SERVING REGINA, MOOSE JAW & AREA 73 1 = 3234 OVER 20 YEARS EXPERIENCE

1-866-840-TUFF (8833) Fax: 731-2373



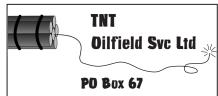


106 Leonard Street N Regina, SK

Canada S4N 5V7

306.569.8878 866.546.3267 F 306.757.4240

www.wajax-industrial-components.ca



Lampman, SK **SOC INO** 

306-421-1945



People. Power. Service."

505 Park Street, Regina Saskatchewan S4N 5B2

(306) 721-4608

#### The Rent-it Store

633 45th Street East · Saskatoon, SK · S7K 0W4

P (306) 652-0101 F (306) 244-4049

www.therentitstore.com

#### **INTERSTATE BATTERIES** Saskatchewan All Battery Centre BUILD IT INTERSTATE BATTERIES Alkaline • Coin Cells VISA 🖺 🖒 😂 Dry Cells • Sealed Lead Acid http://allbatterycentre.com 306-931-9903 815 51st Street East, Saskatoon, SK



#### **Marcia Herback Chartered Accountant**

2168 Smith Street Regina, SK S4P 2P2

(306) 522-3311



Call John at JMR-5567 Davidson, Sask.

BENJAMIN J. PARTYKA, B.PHIL., B.A., LL.B.

BARRISTER, SOLICITOR, NOTARY PUBLIC Benjamin J. Partyka

306 CENTRE STREET P.O. BOX 939 MEADOW LAKE, SASK.

TEL: 306/236-5648 FAX: 306/236-3660

#### **Rural Municipality of** Ituna Bon Accord No. 246

Box 190 Ituna, SK **SOA 1NO** 

Phone: 306-795-2202 Email: rmofituna@sasktel.net



**Duck Lake Legion Branch** #246

Proud to Support the Saskatchewan Federation of Police Officers



ERNIE'S TRAILER SERVICE

863B 60th Street Saskatoon Sk S7K 5Z7



Iubecore"

Lubecore Automated Lube System

931-7777

ets@sasktel.net

# Fact Sheet: Violence Against Aboriginal Women

continued

#### Statistics Canada reports that Aboriginal women are significantly overrepresented as victims of homicide.

- Between 1997 and 2000, homicide rates of Aboriginal females were almost seven times higher than those of non-Aboriginal females.
- Often overlooked or ignored is the extreme vulnerability of women in the sex trade. Between 1991 and 2004, 171 women involved in prostitution were killed in Canada; 45% of these homicides remain unsolved (Statistics Canada 2006a, p. 37).
- Indian and Northern Affairs Canada (INAC) data published in Amnesty International Canada's report Stolen Sisters: Discrimination and Violence Against Indigenous Women in Canada indicate that Aboriginal women between the ages of 25 and 44 with Indian status are five times more likely than other women of the same age to die as the result of violence.
- NWAC's research indicates that homicides involving Aboriginal women are more likely to go unsolved. Only 53% of murder cases in NWAC's Sisters In Spirit database have been solved, compared to 84% of all murder cases across the country.

Community-based research has found levels of violence against Aboriginal women to be even higher than those reported by government surveys. There are many limitations to government-collected statistics.

- Government statistics are based on police-collected data, but police numbers reflect only those incidents that are reported to police. Six out of 10 incidents of violent crime against Aboriginal people are thought to go unreported.
- There are no standard policies covering whether and/or how police track violence experienced by Aboriginal peoples. Some police agencies, including the RCMP, do not collect this information at all. This is significant, as the RCMP covers 75% of Canada's geography and serves more than 630 Aboriginal communities.

NWAC holds the only national database on the number and circumstances of missing and murdered Aboriginal women and girls in Canada. For more information, please see Fact Sheet 3D, "Missing and Murdered Aboriginal Women and Girls."

#### References

Amnesty International Canada. (2004). Stolen Sisters: Discrimination and violence against Indigenous women in Canada. Ottawa: Amnesty International.

Native Women's Association of Canada (NWAC). (2008). Sisters In Spirit initiative literature review. Ottawa: Native Women's Association of Canada.

www.nwac.ca/en/documents SISLiteratureReview\_March2008\_Final.pdf.

Statistics Canada. (2004). General Social Survey (GSS). Ottawa Government of Canada

Statistics Canada. (2009a). Homicide in Canada, 2008. Catalogue no. 85-002-X. Ottawa: Minister of Industry.

Statistics Canada. (2005). Homicide in Canada. Catalogue no. 85-002-XIE 26 (6). Ottawa: Minister of Industry.

Statistics Canada. (2006a). Measuring violence against women: Statistical trends 2006. Catalogue no. 85-570-XIE. Ottawa: Minister of Industry.

Statistics Canada. (2006b). *Victimization and offending among the Aboriginal population in Canada*. Catalogue no. 85-002-XIE 26 (3). Ottawa: Minister of Industry.

For further information about Evidence to Action, please contact the NWAC satellite office: Ottawa ON K1N 7B7

Toll Free: 1-800-461-4043 Phone: 613-722-3033

Fax: 613-722-7687 www.nwac.ca

Head office: 155 International Road, Unit 4, Akwesasne, Ontario K6H 5R7 Phone: 519-445-0990

Fax: 519-445-0924







Take a Stand Support Family Violence Awareness

> A message from Sun Country Health Region Box 2003 Tatagwa View Weyburn, Sk. S4Z, 2Z9







#### Tarot Cards, Tea Reading & Palms

Call **306-955-5063** for Appointment

Psychic Mary

- 40 Years Experience7th Generation
- Private & Corporate Functions • House
   Parties of 6+ People

Reputation for telling it like it is. pyschicmary@shaw.ca \*SASKATOON AREA ONLY



#### Letawsky Construction Ltd



- Dugouts Road Building
- Trenching Bulldozing

Rosetown, SK S0L 2V0 (306) 882-3181

#### Village Of Macrorie

vmacro @ sasktel.net

P.O. Box 37 Macrorie, Saskatchewan SOL 2E0 Tel: (306) 243-2010 Fax: (306) 243-2001

#### **RM OF PROGRESS**

Box 460 Luseland, SK SOL 2A0 Tel: (306) 372-4322

Proud Supporters of
The Saskatchewan Federation
of Police Officers



#### CLAUET QROCERY & CONFECTIONERY

Lottery Sales, ATM Machine Open 7 Days A Week Mon - Sat 7 am - 9 pm Sun 8 am - 8 pm (306) 931-1121

Box 105, 16 Main Street, Clavet, SK









PO Box 774 Shellbrook, SK S0J 2E0 Phone: (306) 426-2212 Fax: (306) 426-2342

Email: whiteswanlakelodge@gmail.com

### North West Friendship Centre

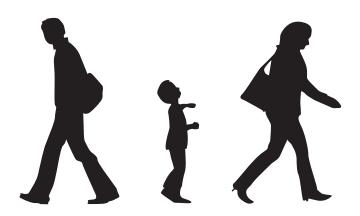
205 Centre St Meadow Lake, SK S9X 1Z2

(306) 236-3766



#### Department of Justice

# WHAT ABOUT THE CHILDREN IF YOU DECIDE TO LEAVE?



If you leave an abusive situation, you can still apply for custody of your children. If you think your children might be in danger, contact the police and ask them to take you and your children to a shelter or somewhere else where you will be safe.

Once you are safe, contact a lawyer to help you apply to the court for a custody or parenting order. If you can safely contact a lawyer before you leave, it might be helpful to get legal advice as early as possible. If your child will be visiting the other parent, you may want someone else (such as a grandparent or other relative or friend) to be there when the children go or come back from the other parent's home. In some places there may be a service available for supervised exchanges. If you are worried about your child's safety with the other parent, ask the judge to order supervised visits. In very rare circumstances, if the other parent poses a danger to the child even if they are supervised, you can ask the judge to order no visits.

The safety of your children and your safety come first. Do not stay in a dangerous situation because you are worried about money. Shelters can provide you and your children with short-term help while you look for housing and long-term support. They can also help you look for financial support.

66 If you are worried about your child's safety with the other parent, ask the judge to order supervised visits.

#### Parental child abduction

Contact a lawyer if you think the other parent or someone else will try and take your children out of the country. If you ask, the judge may order that the child's passport be kept by the court. If your children are Canadian citizens,



## CROSS ROADS INN

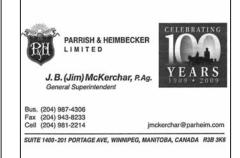
335 Main Street Stoughton, SK SOG 4TO Ph: 306.457.2230

Fax: 306.457.3597



## Town of Biggar

202 3rd Ave W, Biggar, SK www.townofbiggar.com





## St. Mary's Catholic Parish

211 Avenue O South Saskatoon, SK S7M 2R6



#### LONESTAR ENERGY SERVICES

- Steamers Roilers Vac Trucks
- Vac / Steamer Combo Units Hydro-Vacs
- Porta-Potty Rentals Sent Tub Rentals
- Tank Cleaning Acid / Caustic Vac Mowing
  - Weed Wacking Secor Certified

Phone: 306-672-6666 Fax: 306-773-0965

Ionestar.energyservices@gmail.com

Locally Owned & Operated – Gull Lake, Saskatched



#### Rívier Academy

1405 Bishop Pascal Place Prince Albert, SK S6V 5J1 Phone: (306) 764-6289 Fax: (306) 763-1442 rivier@pacsd.ca www.rivieracademy.ca

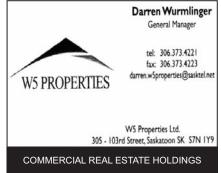


Admin: (306) 862-4668 www.pinelandcoop.com

With branches in Nipawin & Choiceland











217 Main Street N. Moose Jaw. SK www.moosejawcultural.ca

Join the fight against Family Violence





#### Department of Justice

...continued

## WHAT ABOUT THE CHILDREN IF YOU DECIDE TO LEAVE?

call Passport Canada toll-free at 1-800-567-6868 or TTY services 1-866-255-7655. Ask them to put your child's name on a list so you can be called if anyone tries to get another passport for them.

Most abducted children are taken by someone the child knows. The person who takes them is most often a parent.

Parental child abduction happens when one parent takes a child without either the legal right or the permission of the other parent. Parental child abduction is a crime in Canada. An exception may apply when a parent takes the child to protect them from immediate harm.

## What to do if you are afraid the other parent may abduct your child

- Contact a lawyer.
- Contact your local police.
- Keep records of all important information about your child and store it in a safe place.
- Keep a copy of your custody or parenting order or agreement with you.
- Ask your local passport office to add your children's names to the Passport Control List. If your children are citizens of another country, contact that embassy or consulate to ask them to refuse passports for your children.
- Talk to your child about using the phone and explain how your custody situation works if you are separated or divorced.
- If it is safe to do so, try to maintain good

- relations with the other parent and any extended family.
- Keep photos, recordings or other proof of the family violence.

#### If your child is abducted

- Contact your local police immediately.
- If you are out of the country, make sure to report the disappearance to the federal government's Consular Services at 613-996-8885. You may call collect, where available.
- If you are inside Canada and you think your child is outside Canada, call the federal government's Consular Services at 1-800-387-3124.
- Contact a child search organization in your province or territory and register your child as missing.



www.justice.gc.ca

## Benson Trithardt Noren Chartered Accountants

144 Ominica St W, Moose Jaw, SK S6H 1X2 Tel: (306) 693-0656 • Fax: (306) 692-3930 www.btnca.ca



1525 4th Avenue NW, PO Box 142, Moose Jaw, SK S6H 4N8 Telephone: Proshop: 306-692-2838 Office: 306-692-4459 Website: lynbrookgolf.org

Email Proshop: proshop@lynbrookgolf.org Office: manager@lynbrookgolf.org R.M. OF COULEE NO. 136 1680 Chaplin St E Swift Current, SK S9H 1K8



3702 41st Street Lloydminster, SK S9V 1C1

(306) 825-6302



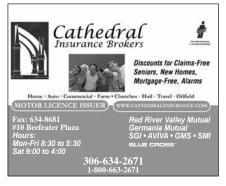
254 ROBIN CRESCENT, SASKATOON, SASK. S7L 7C2 BUS.: 664-2292
FAX: 664-1936
RES: 249-2887
EMAIL: kbooth@shawbiz.ca



K.M. (Ken) BOOTH B.Comm., FCIP

Booth-Burnett Insurance Ltd.











Bailiff
Complete Security Service

Insurance Companies and Adjusters Bylaw Enforcement

PO Box 362, Saskatoon, SK S7K 3L3 306 343-8979



## Partners in promoting a supportive safe environment

Saskatchewan Registered Nurses' Association www.srna.org

"Competent, caring knowledge-based registered nursing for the people of Saskatchewan"

#### Bourgault Tillage Tools Ltd



200 5th Ave PO Box 310 St. Brieux Saskatchewan Canada S0K 3V0

Telephone: (306) 275-4500 or in North America 1-800-878-7714 www.tillagetools.com

#### **Band City Door Service**

Box 1392 Moose Jaw, SK S6H 4R3

(306) 693-9671

## LIVE WELL WITH

Jolyn & Steve Schultz

218 Main Street Carlyle, SK S0C 0R0

306-453-4466

306-453-4465 (fax) ps439@sasktel.net

## **IMPACT ON CHILDREN**

In spite of their parents' attempts to shield their children from the violence in the family, children usually know it is occurring and are affected by it. It often threatens their sense of stability and security, and their reaction is expressed in different ways; for example, some children become clingy and others more withdrawn. Being exposed to domestic violence after their parents separate can cause short- and long-term emotional, behavioural, and developmental problems such as anxiety, violence to others, developmental delays, irregular school attendance, and inappropriate sexual behaviour. As they grow up, children may also copy their parents' pattern in their own relationships, thus continuing the cycle of violence.

#### Watching, hearing, or knowing their mother is being abused may threaten children's sense of stability and security.

- Children may have emotional and behavioural difficulties
- Children may have flashbacks, nightmares and constant or extreme worry about possible danger
- Children living with domestic abuse are at higher risk of experiencing physical injury or physical and emotional abuse
- Children may experience strong mixed feelings toward their violent parent so that affection exists along with feelings of resentment and disappointment.

# The effects of violence, verbal abuse, and victim blaming may cause children to see their mother as helpless, downtrodden, stupid and unworthy of respect.

- Children may see her as an acceptable target of abuse.
- Children may assume the role of the abuser and be violent towards the mother, sometimes to win the approval of the absent father. This is more common in boys and most often after separation.



## The children may be used by the abuser to hurt or manipulate the mother.

The abuser may vie for children's loyalty by making his home a fun place with no rules, permit activities disapproved of by the mother (such as junk food or violent videos), and try to turn the children against their mother.

The abuser may interfere with the mother/child relationship by keeping the mother from comforting a distressed child or stop the children from participating in extra-curricular activities to keep the mother socially isolated.

The abuser may blame the mother for the separation and get a child to pressure the mother to get back together, or use a child to communicate with or spy on the mother.



## Louise Avenue Congregational Church

Fully Supports the Saskatchewan Federation of Police Officers with their Crime Prevention Guide focused on Family Violence Awareness.

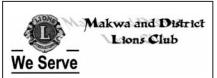


#### TRAVIS MRYGLOD

1306 Railway Avenue Weyburn, SK S4H 3M9 Tel: (306) 842-4185 Fax: (306) 842-7799

1-866-847-8335 Email: mryglod.steel@sasktel.net





Lions Meetings: 1st and 3rd Monday @ 8:00 pm at Makwa Hall Weekly Bingo: Thursday Nights @ 7:30 pm at Makwa Hall Doors Open at 6:00 pm



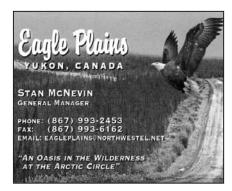


Snow Removal Excavating Rock Pile Removal Gravel Hauling Aggregates



Doug Munroe Cell 306-631-7251 PH 306-693-9535

185-325 4th Ave S W, Moose Jaw, SK S6H 5V2



### PRAIRIE TRUCK TIRE SERVICE

SPECIALIZING IN: MOBILE SERVICES FOR

SERVING SOUTHERN SASKATCHEWAN FOR OVER 35 YEARS

TRUCK TIRES ● FARM SERVICE ● INDUSTRIAL

Cellular Telephone

24 HR. SERVICE

536-0418

569-9002



#### DR. CRAIG MEYERS DENTISTRY PROF. CORP.

Phone: 306-764-4755 Fax: 306-953-8371 Email: crm.tooth@sasktel.net

Carlton Court Plaza, Suite 208, 2805 - 6th Avenue East Prince Albert, Saskatchewan, Canada S6V 6Z6



11501 8 Ave, North Battleford Saskatchewan S9A 2Z3

## Village of Muenster

Village Office P.O. Box 98 Muenster SK S0K 2Y0 Tel. (306) 682-2794 Fax (306) 682-4179

e-mail: muenster@sasktel.net



#### NORTH BATTLEFORD LIONS CLUB

SERVING THE COMMUNITY FOR OVER 55 YEARS.

PROUDLY SUPPORTING SASKATCHEWAN POLICE OFFICERS

#### BIG RIVER LODGE #95 ROYAL PURPLE LODGE OF CANADA



Saskatchewan District #4 Community Minded



Business Number: 306-421-5578

638 - 4th Street Estevan, SK S4A 0V5 JANINE MARKLINGER (Owner)



110 Main St N Moose Jaw, SK S6H 3J7 Ph. (306) 694-0165

### BECKERS MECHANICAL SERVICES LTD

7339 8th Avenue Regina, SK S4T 0X2 (306) 535-1540

## IMPACT ON CHILDREN

continued...

## Children may copy what they learn from their parents.

They may:

- use violence and threats to get what they want
- learn that people do not get in trouble when they hurt others
- believe men are in charge and should control women's lives
- believe that women don't have the right to be treated with respect

#### Children who are exposed to violence may be desensitized to aggressive behaviour. When this occurs young people see aggression as normal and are less concerned by it.

Boys and teenagers of either sex are more likely to resent the mother or feel ashamed to be associated with her.

The abuser may cause family members to turn against each other or gang up on each other by favouring one child over others, lying, revealing secrets, causing conflict, or punishing all children for the misbehavior of one.

## Children of abused mothers may display numerous kinds of difficulties.

- physical complaints (headaches, stomach aches, eczema, bed-wetting, tiredness)
- constant worry about possible danger or safety of family members (for example, checking on sisters or brothers, phoning home, locking doors)
- sadness or withdrawal from people and activities

- low self-esteem and lack of confidence, especially for trying new things
- difficulty paying attention in class, concentrating on work, and learning new information
- outbursts of anger directed toward self or others
- bullying or aggression directed toward others

## Abuse affects children differently depending on their age.

From birth to two years children exposed to family violence may have attachment problems; failure to thrive; risk of being "caught in the crossfire" during attack on mother; predisposition to impulsive, reactive, and violent behaviour.

Preschoolers: Imitation of violent behaviour; clinginess and anxious attachments to mother; negative moods; difficult to manage; nervousness.





Agriculture Division

Univar Canada Ltd.

284 Mill Street Box 4584 Regina, SK S4P 3Y3 Canada Tel 306 721 4911 Fax 306 721 6300 TF 1 800 375 8958 www.univarcanada.com



ROYAL CANADIAN LEGION Foam Lake Branch #16

Box 1028 Foam Lake, SK S0A 1A0

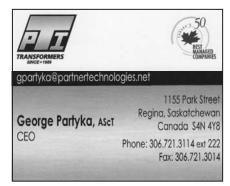
#### Heritage Seniors Centre Prince Albert, SK

Heritage Seniors Centre Prince Albert, SK

Proud to Support the SFPO Guide











#### **Broadview District Lions Club**

PO Box 537 Broadview, SK S0G 0K0 (**306**) **696-3050** 





Phone: (306) 682-4114 Fax: (306) 682-4004 Email: slfc@sasktel.net

627 - 7th Street P.O. Box 2379 Humboldt, SK S0K 2A0

Locally Owned & Operated

#### **Town of Langham**



www.langham.ca Phone: 306-283-4842 Fax: 306-283-4772 Box 289 Langham, SK SOK 2L0

#### TRIAD POWER (2004) LTD

INSTRUMENTATION SPECIALISTS Facsimile 242-5056

3702 Miller Ave, #2....(306) 242-1631



#### S. L. Olson Insurance

Simmie, Saskatchewan S0N 2N0

Bus: (306) 297-6217 Res: (306) 672-3992 S. L. (Sherry) Olson Insurance Agent



Highway 1 & 21 W, Box 2007 Maple Creek, SK S0N 1N0 (306) 662-3560



Kubota - Cub Cadet Sakundiak - Wheatheart Degelman - Rainbow Trailers Leon - Westward - Macdon Highline HERGOTT Farm Equipment Ltd. Box 1240, Humboldt, SK SOK 2A0

BUS. (306) 682-2592

www.hergottcaseih.com



## **SAME-SEX RELATIONSHIPS**

LESBIAN, GAY, BISEXUAL AND TRANSGENDER RELATIONSHIPS

Intimate partner violence in the LGBT community mirrors the rates of that experienced in heterosexual relationships. There are differences and similarities. As in opposite-gendered couples, the problem is likely underreported. Facing a system which is often oppressive and hostile towards lesbians and gay men, those involved in same-gender violence frequently report being afraid of revealing their sexual orientation or the nature of their relationship.

Other ways, domestic violence in lesbian, gay, bisexual and transgender relationships is the same as in opposite-gendered relationships:

- No one deserves to be abused.
- Abuse can be physical, sexual, emotional, psychological, and involve verbal behaviour used to coerce, threaten or humiliate.
- Abuse often occurs in a cyclical fashion.
- The purpose of the abuse is to maintain control and power over one's partner.
- The abused partner feels alone, isolated and afraid, and is usually convinced that the abuse is somehow her or his fault, or could have been avoided if she or he knew what to do.

Some ways in which intimate partner violence can be experienced differently in LGBT relationships can be:

In same-sex abuse, there is a pattern of violence or behaviours where one seeks to control the thoughts. beliefs or conduct of their intimate partner, or to punish their partner for resisting their control. This may be in the form of physical or sexual violence or emotional and verbal abuse. Threats of "outing" someone at work or to family or friends can be a serious form of emotional abuse.

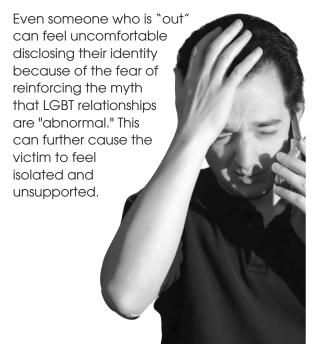
Local resources for intimate partner violence in the LGBT community are often scarce and many traditional domestic violence services lack the training, sensitivity and expertise to adequately recognize and address abusive LGBT relationships. Someone who is being battered has to overcome homophobia and denial of the issue of abuse.

Lesbians, bisexuals and gay men who have been abused have much more difficulty in finding sources of support than heterosexual women who are battered by their male partners.



66 It is sometimes assumed that abuse in same-sex relationships must be "mutual." This is rarely an assumption in heterosexual relationships.

It is sometimes assumed that abuse in same-sex relationships must be "mutual." This is rarely an assumption in heterosexual relationships. For someone who is not "out" using the services of a shelter, attending support groups or calling a crisis line can mean lying about or hiding the gender of the abuser.



Nova Scotia Domestic Violence Resource Centre

www.nsdomesticviolence.ca



55 km east of Saskatoon on the Yellowhead E-mail: town.colonsay@sasktel.net 306 255-2313



1665 North Railway St W Swift Current, SK S9H 5G3

Uli Cartman

Phone: (306) 773-7800 Toll Free: 1-866-773-7801 Fax: (306) 773-7802 Cell: (306) 741-0685 Res: (306) 773-3974

**Jobey** 4101 Rochdale Blvd, Regina, SK

S4X 4P7

(306) 546-5881

• NOW OPEN 24/7 •

## **Doing it right**

Home & Garden Store #384 3710 Quance St E Regina, SK S4V 3A4

Phone: (306) 522-7662 Web: www.Rona.ca



#### WHITTER CONSTRUCTION

GENERAL CONTRACTING 961-4620

DARREN WHITTER

Email: whitterbuilt@yahoo.ca Box 655, Station M, PRINCE ALBERT, SASKATCHEWAN S6V 5S2



Custom Cases and Bags

TEL 1-800-667-8979 WEB www.sbccase.com FAX 1-877-665-0936

## Just Volleyball

1435 CORNWALL STREET REGINA, SK S4R 2H8

*30*6.949.69



PO Box 145, Mistatim Saskatchewan S0E 1B0 (306) 889-2008



# & STEAKHOUSE

306 - 397-2796 Vawn, SK

## **SOUTHERN EXPLORATION**

**PO Box 507** Arcola Saskatchewan SOC 0G0

306.455.2671

Phone: (306)862-4011

Fax: (306)862-9400

## CAIN'S Autobody Ltd.



"We Are Wreck-O-Mended" Owned & Operated By: Dale & Debbie Chorney

SGI Claims: 1-800-667-5030

101 West Spruce Ave Nipawin, Sk S0E 1E0

# Drewitz School of Dance

1037 2nd Street, Estevan, SK S4A 0L6 306.634.6973 Fax: 306.634.5355 www.drewitzschoolofdance.com

#### GRANDMASTER KEE S. HA founder + president

World Certified 9th Dan Former Vice-President: Taekwondo Canada



t 306 955 3322 f 306 373 8142

e grandmasterha@kees.ca 333 Fourth Avenue North Lower Level Saskatoon SK S7K 2L8



www.kees.ca

#### **River Heights** Drugs

2730 MONTAGUE ST REGINA, SK S4S oJ9

Wayne Chau, B.S.P. PHARMACIST / OWNER PHONE: (306)584-2455 Fax: (306)585-3361

PharmaChoice





# Saskatchewan Women and Domestic Violence

children.

2,200 spousal violence incidents were reported to police in Saskatchewan in 2007. Women typically account for more than 4 in 5 police-reported victims.

98 Saskatchewan women were killed by their spouses between 1975 and 2004.

Trying to create a life free of violence can be a difficult journey. Women in abusive relationships are isolated and face many obstacles such as self blame, threats of further violence, family or social pressure, and lack of money. Some women face additional barriers. For example:

- Women living in northern Saskatchewan face extreme housing shortages, high cost of living, and long distances to the nearest crisis services.
- Women living on-reserve, in a small town, or on a farm are also isolated from crisis services. When leaving an abusive relationship, they are also leaving their community and, often, a cherished way of life.

 Women with disabilities who rely on on their partner for care, transportation, or connection to the outside world may find it very difficult to find a way to leave their abusers.

difficult journey.
Indificult journey.
Indific

calling these outreach services or a crisis line.

Check the Abuse Help Lines page in your SaskTel Direct West phone book for a list of services in your community or visit www.abusehelplines.org.

to make decisions about their lives without constant fear of

resources, offering parenting and life skills support, and helping women navigate the legal/court system, shelters

attack. They also help women plan for life after they leave the shelter. By providing referrals to community and government

contribute to positive change in the lives of women and their

#### Women's Shelters in Saskatchewan

Each year, emergency shelters, transition houses, and second stage homes in Saskatchewan take in over 4000 women and children who have been through extremely difficult circumstances.

Shelters ensure that residents have the basic comforts of home, giving the women a chance







511 Ross Avenue E Regina, SK S4N 4W5

Phone: 306.721.1229 Fax: 306.721.1342 Toll Free: 866.721.1229

Kevin Silvius

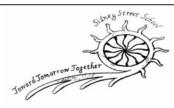
Email: pinnacledis@sasktel.net www.pinnacledistribution.ca

Proud to Support our local Police

### **Trobert Law** Firm

1133 4th St #305 Estevan, SK S4A 0W6

Ph: 306-634-2616 Fax: 306-634-9881



#### **Sidney Street** School

Maple Creek, SK

## Caylee Trucks Inc.

P.O. Box 59 Plenty, SK S0L 2R0

(306) 932-2070



#### EXPERTS IN:

- Commercial Custom Framing
  - New Home Construction
- Renovations "CALL US FIRST"

**652-4346** CELL. 241-COLT (2658) "We Take Pride in Every Job We Do"

HIGHMARK **FOUNDATIONS** 

Residential - Commercial - Agricultural Basements - Grad Beams - Bobcat Work

Hary Fehr

Bus. (306) 229-0299

highmarkfoundations@sasktel.net

## **RJ's Construction Services Ltd**

P.O. Box 128 Meadow Lake, SK S9X 1Z6 Cell (306) 240-7989 Home (306) 236-1843

OIL • MINING • FORESTRY

When Experience Makes a Difference



Our goal. . . to improve your bottom line.

#### YIU'S GARDEN RESTAURANT

618 Main Street, PO Box 533 Moosomin, SK S0G 3N0

Tel. 306-435-2800



### Inland Concrete

136 - 107th Street East Saskatoon, SK S7N 3A5

306-374-9434



#### **Bankend**

Bankend Co-operative Association Limited PO Box 56, 100 Main Street, Bankend, Saskatchewan SOA 0G0

Phone (306) 576-2303 Fax (306) 576-2098

Lottery • Groceries • Hardware Petroleum • Crop Supplies



Brian Jamieson

Phone 306.757.5818 Fax 306.352.2859 Email brian@mdisk.com

Thorsness Appliance and Bed Store



Mike McIntyre

14 Betts Avenue Yorkton, SK S3N 1L9 Phone: 306-786-7676 Fax: 306-782-2346

www.thorsnessappliance.com

## The Broom Closet

Witchcraft Supply Shop

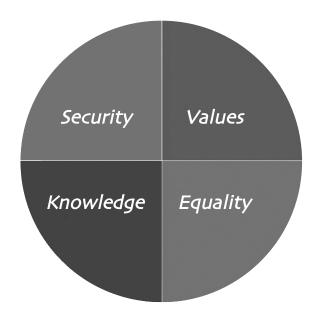
401 Dewdney Ave E, Unit A Tues-Sat: 10am-5:30pm (306) 206-1316



## ORIGINS OF VIOLENCE STRATEGIES FOR CHANGE SUMMARY\*

Violence is a global problem which we encounter at the interpersonal level, in group dynamics, and between communities and nations. Wherever it is situated it can cause physical harm and profound emotional damage. An ideal world is one in which there is no violence. The renowned philosopher Hannah Arendt said, "The practice of violence, like all action, changes the world, but the most probable change is to a more violent world." If we are to create peaceful communities we must address the issue from a multi-disciplinary perspective that explores psychological, philosophical, and cultural components in addition to the sociological and feminist understandings of what causes violence. These aspects of the root causes of violence and the possible solutions can be viewed using a framework that encompasses security, knowledge, values, and equality.

#### Requisites for Creating Non-Violent Communities

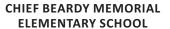


#### **SECURITY**

Children benefit from growing up in an environment where they experience love and care. This type of environment helps them to feel secure and safe. When children develop in a space where they are not fearful and are able to form strong, healthy and consistent attachments, they develop a physiology of the brain which results in healthy emotional development. We need to ensure that our children are forming these nurturing relationships from the moment they are born. Children raised in a secure environment where they are confident in the caregiving capacity of mothers, fathers, grandparents, and other friends and relations are then free to explore their environments without fear. They then become productive, creative and loving people themselves.







Ni pi sikopaw Okiskinowamatowikamik "Our Children – Our Future"

P.O. Box 100 Duck Lake Saskatchewan S0K 1J0

Phone: (306) 467-2263 Fax: (306) 467-4539





THRIFTLODGE / SWIFT CURRENT

605 North Service Road East, Swift Current, SK S9H 3X6
Tel: (306) 773-3101 • Fax: (306) 773-7399
Email: scthriftlodge@hotmail.com
For Reservations: 1-800-578-7878





William R. MacNeill
President

Suite 602 - 224 4th Avenue South Saskatoon, Saskatchewan S7K 5M5

Phone: (306) 664-4626 Fax: (306) 664-4483



Regina 1401 Broad St • Victoria Square Mall • Rochdale Blvd • Vic Ave East 306 525-1421 306 751-7728 306 543-5454 306 751-7862

Visit us at: www.thewirelessage.com







950 BOWER CRESCENT REGINA, SK S4N 7E4

Phone: 306-781-2099 Fax: 306-781-2568 Toll Free: 1-800-667-7894 www.builderschoice.ca



1-800-667-8168

#4-2700 Montague Street Regina SK S4S 0J9

www.thepinpeople.ca



2102 Retallack Street Regina, SK (306) 757-0621



Save the date! February 24 & 25, 2015 SK HIV Conference Ramada Plaza, Regina, SK

For more information contact: All Nations Hope Network 2735 5<sup>th</sup> Ave Regina, SK S4T 0L2 Phone: 306-924-8424 Toll free: 1-877-210-7622

Website: www.allnationshope.ca



Education Centre 545 – 11th Street East PRINCE ALBERT, SK S6V 1B1

Telephone: (306) 764-1571 Fax: (306) 763-4460 http://www.srsd119.ca

Robert Bratvold Director of Education



WINMAR® is a disaster restoration and general contracting company specializing in property damage restoration for insurance companies and others throughout Canada. With over 90 locations across Canada, WINMAR® provides prompt, professional service in all aspects of property damage restoration. WINMAR® Disaster Restoration Specialists are experts in flood, fire, structural drying, mould remediation, property damage appraisals and disaster restoration.

306-949-0032
306 Fast Dewdney Ave. Regina, SK S4N 463





Village of

## Gainsborough

306-685-2010

Proud supporter of the SASKATCHEWAN FEDERATION OF POLICE OFFICERS

# ORIGINS OF VIOLENCE STRATEGIES FOR CHANGE

continued...

### **SUMMARY\***

#### **VALUES**

We require communities where people feel a sense of responsibility to act ethically. We need to follow principles of conduct which ensure that we are treating others in a way in which we ourselves would want to be treated. Many spiritual teachings and philosophies are based on values such as love, honesty, respect, compassion, and generosity. Having these values become a common groundwork to all our actions, and which is part of people's shared identity, will ensure that we develop non-violent responses to conflict and resort to communication and mediation rather than the authoritarian response implied by violence.

#### **KNOWLEDGE**

Non-violent communities are ones where knowledge is valued. We need to reflect on the causes of violence and come to understand these causes in the most real way so that we can respond most effectively to address the issues. We must reflect on personal attitudes, examine research on the issue, and engage in dialogue with each other as we explore not only the causes of violence but also alternative solutions to resolve conflict. A violent response is often taken because we believe there is no other way to deal with our fears and working towards our goals.

#### **EQUALITY**

Research shows us that unequal societies have higher rates of violence. The creation of equal societies can only occur when we place more value on social cohesion and less on consumption. This focus on social cohesion will ensure that our economic policies will benefit all in a fair way without excluding those who are marginalized by way of ethnicity, race, disability, status, or gender. We require restored social spending which does not exploit the environment and changes to a market system that, by its nature, does not allow us to set as a priority care for one another and for the earth.

#### Actions to Promote a Non-Violent Society

- 1. Pay attention to the child. Changing the world requires nurturing the next generation.
- 2. Encourage people to think and talk about what values are important to support non-violent solutions to conflict.
- 3. Explore alternative actions to violence.
- 4. Call for a fair and sustainable distribution of the earth's resources.
- 5. Advocate for policies that are grounded in regard for children, fairness, a valuing of education, and a respect for the environment.



## Stitch Mobile Welding Service Inc.

515 Main Street W. Warman SK S0K 4S0

(306) 249-2177

#### **MEDALLION-WEST** INDUSTRIES LTD

PO BOX 2392 TISDALE, SK **SOE 1TO** 

306.873.4898

### McKeen's Trucking Service Ltd



**Excavating • Landfill • Limestone** 

306-688-7623 Fax: 306-688-3891 **506 McKeen Ave** 

Flin Flon, MB



Alex Bocian

1235 Central Aven Prince Albert, Sask. S6V 4V9

Phone: (306) 922-4003 Fax: (306) 922-4003
Fax: (306) 922-3991
Email: bocianjewellers@shaw.ca
Website: www.bocianjewellers.ca



WHOLESALE & RETAIL SALES OF PLASTIC SHEET, ROD AND TUBING WE DO SPECIALIZED FABRICATION

CNC CUTTING OF PLASTIC-WOOD-METAL DISPLAY FIXTURES • ARCHITECTURAL SIGNAGE MINING/AGRICULTURE PRODUCTS

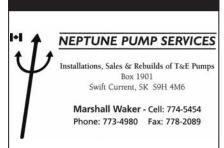
100 6th Avenue East Regina, SK S4N 5A7 (Corner of McDonald & 6th) Ph: (306) 789-8775 Fax: (306) 352-4911 Email: daveyplastics@sasktel.net Website: wwwdaveyplastics.com



#### LORNE DERKACHENKO

Store Manager Tel: 306-764-1057 Fax: 306-764-1058 Website: www.gianttiger.com

North West Company LP 267-32nd Street West Prince Albert, Saskatchewan S6V 572





#### STETTNER AUTO SERVICE & PERFORMANCE INC.

Darren Stettner

Owner

1833 McAra Street Regina, Sask, S4N 6C6

Phone: 306-522-9460 Fax: 306-525-8081 stettnerautoservice@sasktel.net



P.O. Box 1018

La Ronge, SK S0J 1L0

New North - SANC Services Inc. Saskatchewan Association of Northern Communities

> Al Loke **Chief Executive Officer**

Phone: 306-425-5518 Cell: 306-425-8800 Fax: 306-425-5506 Toll Free: 1-866-776-5505 Email: aloke@sasktel.net Email: ceo.new.north@sasktel.net

#### **Rural Municipality of Tramping Lake**

Box 129 Scott, SK S0K 4A0

306-247-2033

#### **WATROUS BAKERY & COFFEE SHOP**

305 Main Street • Watrous, SK • (306) 946-3873

Ray & Marla Suik - Props.

- Espresso Bar
- Fresh Baking Daily
- Established in 1962



...We Have The Nicest Buns Around...

#### Linda's Northern Pawn Used Furniture & Collectibles

Vic Whitfield & Linda Bomok OWNERS/OPERATORS

MAJOR HOME **APPLIANCES** 

Home: 306-937-7680 Phone/Fax: 306-445-5999 1080 - 101st Street North Battleford, SK S9A 0Z3



Alex & Ted Jackson - Owners

Fax: 306.244.1788 Email: tedonbroadway@shaw.ca www.saskatoonlaundry.com

306.244.1344



RICK LARSON

Email: larsonprohd@sasktel.net Tel: (306) 365-3466 Fax: (306) 365-3488

Your Trusted Building Supply Partner



## **ABUSE HELP LINES**

Regina & District HELP LINES	Saskatoon & District HELP LINES
Mobile Crisis Services (24 hrs)	Abused Women's Info Line (24 hrs) 1-888-338-0880 Battlefords & Area Sexual Assault Centre (24 hrs)
Line	
SAFE SHELTERSIsabel Johnson Shelter (24 hrs)306-525-2141Regina Transition House (24 hrs)306-569-2292SOFIA House - 2nd Stage Housing306-565-2537WISH Safe House (24 hrs)306-543-0493	Child protection intake line
OUT OF TOWN  Moose Jaw Transition House (24 hrs) 306-693-6511  Qu'Appelle Haven Safe Shelter (24 hrs) 1-888-332-7233	Adelle House (2nd Stage)       668-2761         Battlefords Interval House (24 hrs)       445-2742         Crisis Nursery (24 hrs)       242-2433         Prince Albert Safe Shelter for Women (24 hrs)       764-7233         Salvation Army Men's Shelter       244-6280         Saskatoon Interval House (24 hrs)       244-0185         YWCA Saskatoon (24 hrs)       244-2844
Alternatives to Violence Program for Men.       306-766-7800         Child and Youth Services.       306-766-6700         Children Exposed to Violence Program.       306-525-2141         Circle Project.       306-347-7515         Domestic Violence Programs.       306-757-6675         Family Service Regina.       306-757-6675         Regina Sexual Assault Center.       306-522-2777         Street Workers Advocacy Project (SWAP).       306-525-1722         Victim Witness Services.       306-787-3883         Victim Services (City Police).       306-777-8660         Victim Services (RCMP)         File Hills First Nations Police Service.       306-334-3222         Fort Qu'Appelle       306-332-2525         Indian Head       306-695-5208         Lumsden       306-731-4282         Milestone       306-835-5200         Restricted       306-835-5200	COUNSELLING & SUPPORT SERVICES  Alternative to Violence for Men & Women
Southey	HELP LINES         Crisis Line - Northeast (24 hrs)

#### Darla Saunderson

1221 15th Avenue, Regina (306) 352-4797 www.daisyspantry.com







**WSG Enterprises Ltd.** 

#### William Gill Owner/Operator

Cell: (306) 861-4317 Office: (306) 458-2254 Email: wsgill@outlook.com

GST #: 84241 5127 RT001



#### GOOD FOOD JUNCTION

Phone: 306-244-3880 306-683-1957 E-mail: info@goodfoodjunction.com

230 Avenue I. South Saskatoon, SK S7M 2H3



1876 Wallace Street Regina, Saskatchewan Canada S4N 3Z9 Tel: (306) 352-3360

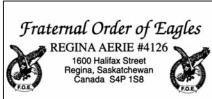




**Swift Current** #3-1100 South Service Rd E. (306) 778-7060







OFFICE (306) 565-0711

(306) 757-8998

People Helping People

#### **TSCHETTER CONTRACT OPERATING LIMITED**

PO Box 465 Stoughton, SK SOG 4T0

306.457.7515

Thank you... from

Rural Municipality of Indian Head

## Children's

3 Elmwood Ave, Prince Albert, SK S6V 7Z3 (306) 922-4454

www.pachildrenshaven.ca

Helping families during crisis Proud to support our Police

Rural Municipality of

Argyle

306-685-2010

Proud Supporter of the Saskatchewan Federation of Police Officers



Mel Panchuk - Owner Phone: (306) 535-6800

Proud to Support our Police Service



Bus. (306) 244-4041 Fax: (306) 664-6619 1302 Quebec Avenue Saskatoon, SK S7K 1V5

Proud to Support our Police

## **ABUSE HELP LINES**

...continued

CAEE CHEITEDS	Five Hills Health District Montal Health 9: Addiction
SAFE SHELTERS Children's Haven - Prince Albert (24 hrs)922-4454	Five Hills Health District Mental Health & Addiction Services
Piwapan Women's Centre - La Ronge 425-3900	Moose Jaw and District Victim Services 694-7624
Prince Albert Safe Shelter For Women (24 hrs) . <b>764-7233</b>	Moose Jaw Transition House
YWCA	Outreach Services
YWCA Our House (24 hrs - men & women) <b>922-6162</b>	Children's Program
,	Ŭ
COUNSELLING & SUPPORT	Melville, Yorkton & District
Hudson Bay Family and Support Centre <b>865-3064</b>	HELP LINES
Iskwew: Women Helping Women 953-6229	24 Hour Abuse Line 1-800-214-7083
Melfort - Marguerite Riel Centre	Kids Help Phone (24 hrs)
Melfort - Mental Health	Ministry of Social Services (Yorkton)
Ministry of Social Services (Prince Albert) 953-2345	1-877-766-3288 OR 786-1300
(Melfort)	NE Outreach and Support Services
(Nipawan)	(Melfort) (24 hrs)
Native Co-ordinating Council Family Services . <b>764-1652</b>	SAFE SHELTERS
N.E. Outreach & Support Services (Melfort)	Qu'Appelle Haven (24 hrs) 1-888-332-7233 OR 332-6881
	Shelwin House (Yorkton) (24 hrs) 1-888-783-3111
Nipawin Community Services (Melfort) 862-9822	OR <b>783-7233</b>
P.A.G.C. Urban Services	Yorkton Project Safe Haven (24 hrs) 1-877-444-2836
Prince Albert Catholic Family Services922-3202	OR <b>782-0676</b>
Prince Albert Child Protection Services 953-2345	
Prince Albert Mental Health -	COUNSELLING & SUPPORT SERVICES
New Choices For Men	Farm Stress Line
Victim Services (Carrot River)	Hudson Bay Family and Support Center <b>865-3064</b>
(Cumberland House)	The Family Violence Program though SIGN 782-0673
(Hudson Bay)	Victim Services
(La Ronge)	Yorkton
(Melfort)	Kamsack
(Porcupine Plains)	Melville
(Prince Albert)	Canora
(Prince Albert Region)	Esterhazy
(Tisdale)	Yorkton Mental Health
	Yorkton Sexual Assault Counselling Program 783-9428
Moose Jaw & District	
HELP LINES	North Battleford & District
24 hrs Abuse Line	HELP LINES
Farm Stress Line	RCMP - Police Emergencies Only
Kids Help Phone (24 hrs)	(No Charge)
Regina Sexual Assault Line (24 hrs)	Abused Women's Info Line (24 hrs) 1-888-338-0880 Battlefords & Area Sexual Assault Centre
SAFE SHELTERS	(24 hrs)
Moose Jaw Transition House (24 hrs) 693-6511	Child Protection Services (North Battleford) 446-7535
	Concern for Youth (Street Workers) 441-5823
COUNSELLING & SUPPORT SERVICES	OR 441-6930
Adult Survivors of Sexual Abuse (support group referral)	Kids Help Phone (24 hrs)
	Lloydminster Sexual Assault Centre (24 hrs) 825-8255
	<b>→</b>

## Sue's Piloting Service

#### Susan Teichroeb

3518 Centennial Drive Saskatoon, Sk S7L 5C2

Phone 306-270-9888

W.C.B. Coverage Insured Canada & U.S. Equipped as per Regulations U.S. Certified



Veteran Affairs Hearing Aid Provider Hearing Aid Repair Depot 100% Money Back Guarantee Interest Free Financing Available

Call 1 800 836 8088 for a FREE Hearing Test & Demonstration in your Community

www.personalhearing.com

#### Barry's Eavestroughing & Exteriors Ltd

**Barry Larson** 

Owner / Installer Telephone 306.220.0157 Fax 306.225.5752

Soffit . Fascia . Eavestrough Cladding . Siding





### ServiceMASTER Restore

Disaster Restoration Services
Residential / Commercial Cleaning Service

 Regina
 306-525-5886

 Saskatoon
 306-374-0941

 Swift Current
 306-773-7188





123 - 2nd Avenue S Saskatoon, SK S7K 1K6

(306) 975-3915



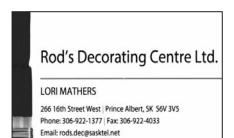
KA-PA-CHEE TRAINING CENTRE Box 1188, 385 Bay Avenue FORT QU'APPELLE, SK 50G 150

Phone: (306) 332-3834 or (306) 332-4598 Fax: (306) 332-1869 e-mail: kapstaff@sasktel.net



2401 Thayer Avenue, Saskatoon, SK S7L 5Y1 306.975.0243

We support the SFPO Guide on Family Violence



Benjamin Moore ==



Supports the Fight Against Family Violence







## **ABUSE HELP LINES**

...continued

Ministry of Social Services         Buffalo Narrows       1-800-667-7685         Kindersley       463-5470         La Roche       1-877-371-1131 OR 822-1711         Lloydminster       1-877-367-7707         Meadow Lake       1-877-368-8898         North Battleford       1-877-993-9911         Rosetown       882-5400         Sexual Assault Crisis Line       1-866-567-005         Southwest Crisis Services (24 hrs) (Swift Current) 778-3833         Victim Services         Battlefords       446-1550         Lloydminster, Onion Lake, Maidstone         and Turtleford       825-1380 OR 825-1381         Spiritwood       833-4600         West Central Crisis Centre         Saskatoon (24 hrs)       399-6200         Kindersley       463-6655	COUNSELLING & SUPPORT SERVICES         Farm Stress Line
SAFE SHELTERS  Battlefords Interval House (24 hrs)	Estevan, Weyburn & District         HELP LINES         24 Hour Abuse / Sexual Assault Support Line . 1-800-214-7083         Kids Help Phone (24 hrs)
Swift Current & District HELP LINES  24 Hour Crisis Line (Swift Current) 1-800-567-3334 Kids Help Phone (24 hrs) 1-800-668-6868  SAFE SHELTERS Southwest Safe Shelter – Swift Current (24 hrs) . 778-3692	COUNSELLING & SUPPORT SERVICES  Estevan Envision Counselling and Support Centre (collect calls accepted)





Open

Monday - Friday 9-6 Saturday 9-5

Prescriptions, Vet Supplies & Gifts

In Store Digital Photo Machine

107 Main Street N (306) 547-2020





#### **EAVESTROUGHING**

- Gentek Vinyl Siding
- Windows Renovations &
- **New Construction**

## 978-6605

#4 - 833 Cynthia St www.globalexteriors.com

GLOBAL EXTERIORS 222-5190 or 222-5180

#### **NATIVE CO-ORDINATING** COUNCIL

Family Services & Parent Aide Program

764-1652

"Helping Families To Help Themselves"

Selkirk House #3 - 118 - 12th Street East Prince Albert, SK S6V 1B6





## Gail's Switch A Stitch

1115 Central Avenue Prince Albert, SK S6V 4V7

306-953-1583

#### Monn



Tim Green

500 Marquis Road • Prince Albert, Saskatchewan S6V 8B3 Ph: (306) 765-2220 Fax: (306) 765-2212 Toll Free: 1-800-363-2438 E-mail: gmservice.pa@sasktel.net or tgreen@mannnorthway.ca

CHEVROLET \* BUICK \* CADILLAC \* GMC TRUCKS www.mannnorthway.ca

#### PRAIRIE DOME SEED POTATOES

Strawberries, Saskatoons & Raspberries





9 Hwy S, Box 36 Yorkton, Saskatchewan S3N 2V6

1.306-782-7297





#### Saskatoon Truck Parts Centre Ltd.

North Corman Industrial Park - Range Road 3052 North RR #4, Site 404, Box 4 Saskatoon, SK S7K 3J7

(306)668-5675 • (800)667-3023 • Fax (306)665-5711 www.saskatoontruckparts.ca, E-mail: info@saskatoontruckparts.ca

Army, Navy and Air Force Veterans in Canada SASKATOON UNIT NO. 38

359 - 1st Avenue N Saskatoon, SK S7K 3M4 652-3171

## FELIX REPAIR

#### MAJOR APPLIANCE PARTS SALES AND REPAIR

CELL 306-421-0440 SHOP 306-388-2535 FAX 306-388-2909 P.O. BOX 208

BIENFAIT, SK SOC OMO

## **PHARMASAVE**

390 Central Avenue North Swift Current, SK S9H 0L4

(306) 625-3212

## Paulson & Ferraton

**Barrister & Solicitor** 

DRAWER 460 WYNYARD, SASKATCHEWAN

S0A 4T0 PHONE (306) 554-2134

FAX (306) 554-2342 e-mail: paulson.ferraton@sasktel.net

JACQUELINE FERRATION B.ED., B.A. (HONS), LL.L., LL.B. Member of the Collaborative Lawyers of Saskatchewan Inc.

BRANCH OFFICE; DRAWER 280 FOAM LAKE, Saskatchewan S0A 1A0 PHONE: (306) 272-3313

## FAMILY VIOLENCE OUTREACH

Outreach services funded through the Ministry of Justice and Attorney General assist women who may not use a shelter or need help in accessing a shelter or other services. Services may include support to women, children and families in violent or potentially violent circumstances, education on abuse and information about services available in the community.

The following community-based organizations receive funding to provide family violence outreach services.

#### Family Service Regina Inc.

(306) 757-6675 2020 Halifax Street Regina , SK S4P 1T7

#### The Moose Jaw Women's Transition Association Inc.

(306) 693-6511 P.O. Box 1866 Moose Jaw, Saskatchewan S6H 7N6

#### **Envision Counselling and Support Centre Inc.**

Box 511 Estevan, SK S4A 2A5 (306) 637-4004 Toll free 24 hour abuse/sexual assault line: 1-800-214-7083 Weyburn, SK (306) 842-8821

#### Yorkton Women in Need Inc.

(306) 783-7233 P.O. Box 1828 Yorkton, Saskatchewan S3N 3R3

#### Family Service Saskatoon Inc.

(306) 244-0127 102, 506 - 25 Street East Saskatoon, SK S7K 4A7

#### West Central Crisis and Family Support Centre Inc.

Box 2235 Kindersley, SK SOL 1SO (306) 463-6655

#### La Ronge Native Women's Council, Inc.

(306) 425-3900 P.O. Box 888 La Ronge, Saskatchewan SOJ 1L0



#### Mutual Equity, Trade, and Investments, Inc.

(306) 323-4244 P.O. Box 158 Archerwill, SK S0E 0B0

#### North East Crisis Outreach & Support Services Inc.

(306) 752-9464 P.O. Box 2066 Melfort, Saskatchewan S0E 1A0

#### Hudson Bay and Family Support Centre Inc.

(306) 865-3064 P.O. Box 403 Hudson Bay, Saskatchewan SOE 0Y0

#### Catholic Family Services of the Battlefords Inc.

(306) 445-6960 Box 373 North Battleford, SK S9A 2Y3

#### North West Friendship Centre Inc.

(306) 236-3766 P.O. Box 1780 Meadow Lake, Saskatchewan SOM 1V0

#### **PARTNERS Family Services**

Phone: (306) 682-4135
Toll-free 1-866- 682-4135
Fax: (306) 682-4154
636 9th Street
P.O. Box 2741
Humboldt, Saskatchewan SOK 2A0
E-mail: partners1@sasktel.net

#### **TFHQ Safe Shelter Inc**

Qu'Appelle Haven of Hope (306) 332-6881 Box 457 Fort Qu'Appelle, SK SOG 1S0

http://www.justice.gov.sk.ca/FVO

## Prairie Maintenance

#### Prairie Maintenance Ltd.

3202 Wells Ave Saskatoon, Saskatchewan 57K-5W5

Ph. 306-955-6060, fax. 306-955-6065, cell. 306-227-8932

Gary French - owner/superintendant garyfrench@prairiemaintenance.ca

{ industrial and commercial siding installations, asbestos abatement }





477 2nd Avenue North Saskatoon, SK S7K 2C1

(306) 244-8933





The Number One Bar in Battleford"

We deliver Beer and Pop for your events~!!



Your Neighborhood Bar! 101 - 25TH STREET, BATTLEFORD, SK



Box 1027, Grenfell, Saskatchewan S0G 2B0 Tel: 306-697-2627 Cell: 306-697-8781 Fax: 306-697-3122

email: svffa@sasktel.net



#### Burnett's Key Shop Ltd

Serving Saskatoon and area for over 60 years

323 3rd Avenue S, Saskatoon, SK Phone: (306) 244-6032 Fax: (306) 244-7084



#### Mike Rooke

463-4770

Home 463-4280 Cell 460-5459 Box 881 Kindersley, SK S0L 1S0

## **Carrott River Tavern**

256 MacCormack Road Martinsville, SK S0K 0A2

(306) 869-2707

## st. Walburg Plbg. & Htg.

plumbing - heating - gas fitting gas fireplaces - water softeners central-vac

LENNOX

Owner: Jim Madden

Bus: 248-3435 Home: 248-3253



1-800-267-SEARS 1-800-267-3277

#### AR PLUMBING & HEATING

Formerly (Thermal Metals Ltd.) Custom Sheet Metal Mechanical Contractor

376B - 17th Street West Prince Albert, SK S6V 3X7

> Phone: 764-2826 Fax: 763-6806

### **Stoughton Veterinary Services Professional Corporation**

Box 268, Stoughton, SK S0G 4T0

306-457-3133

#### HUMPHREY'S TAVERN

#### MAIN STREET MEATH PARK

WHERE THE FOOD IS HOT & THE BEER IS COLD

OFFSALES, ATM, VLTs, GAMES, BUS DEPOT, CONFECTIONARY, PIZZA, WINGS & THINGS DINE IN OR TAKE OUT

BOX 247 MEATH PARK, SK S0J 1T0 306-929-3388

OWNERS DARYL & MICHELE SACHKOWSKI

## CARNIVORA

518 45A Street Saskatoon, SK S7K 0W7

306-665-0856

## M&M **CONCESSION**

327 Mergens Street, Weyburn, SK

Ph: (306) 842-6066 Fax: (306) 842-0114

## **LEGAL AID OFFICES**

In order to make a formal application for service you will be required to contact one of our area offices. Legal Aid Saskatchewan currently has 15 Legal Aid Offices (noted below) across Saskatchewan. If you are unsure which office to contact, you can apply at the office closest to you.

#### **Battlefords Area Office**

Provincial Building, #L103 - 1192 102nd Street North Battleford, SK S9A 1E9 p: 306.446-7700 / 1-877-441-4418 Battlefords@legalaid.sk.ca

#### **Melfort Area Office**

Box 6500, 3rd Floor, 105 Crawford Avenue East Melfort, SK S0E 1A0 p: 306.752-6220 / 1-877-424-1901 Melfort@legalaid.sk.ca

#### **Northern Area Office**

Box 5000, Mistasinihk Place 1328 La Ronge Avenue La Ronge, SK SOJ 1LO p: 306.425-4455 / 1-800-667-4095 Northern@legalaid.sk.ca

#### **Regina City Area Office**

#200, 1871 Smith Street Regina, SK S4P 4W5 p: 306.787-8760 / 1-877-424-1897 ReginaCity@legalaid.sk.ca

#### Saskatoon City Criminal Legal Aid Area Office

#1053 - 122 Third Avenue North Saskatoon, SK S7K 2H6 p: 306.933-7820 / 1-877-424-1898 SaskatoonCriminalLaw@legalaid.sk.ca

#### Saskatoon Rural Area Office

#941 - 122 Third Avenue North, Sturdy Stone Centre Saskatoon, SK S7K 2H6 p: 306.933-7855 / 1-877-424-1899 SaskatoonRural@legalaid.sk.ca

#### **Swift Current Area Office**

3rd Floor, 350 Cheadle Street West Swift Current, SK S9H 4G3 p: 306.778-8272 / 1-877-424-1905 SwiftCurrent@legalaid.sk.ca

#### **Meadow Lake Area Office**

Unit #3, 101 Railway Place Meadow Lake, SK S9X 1X6 p: 306.236-7636 / 1-800-461-8188 MeadowLake@legalaid.sk.ca

#### **Moose Jaw Area Office**

#113 - 110 Ominica Street West Moose Jaw, SK S6H 6V2 p: 306.694-3700 / 1-877-424-1902 MooseJaw@legalaid.sk.ca

#### **Prince Albert Area Office**

Box 3003, 11th Floor, L.F. McIntosh Building 800 Central Avenue Prince Albert, SK S6V 6G1 p: 306.953-2850 / 1-877-424-1900 PrinceAlbert@legalaid.sk.ca

#### **Regina Rural Area Office**

#102 - 2400 College Avenue Regina, SK S4P 1C8 p: 306.787-1141 / 1-877-424-1906 ReginaRural@legalaid.sk.ca

#### Saskatoon City Family Legal Aid Area Office

#155 - 122 Third Avenue North Saskatoon, SK S7K 2H6 p: 306.964-2200 / 1-877-324-2200 SaskatoonFamilyLaw@legalaid.sk.ca

#### **South East Area Office**

#101 - 1302 3rd Street Estevan, SK S4A 2V6 p: 306.637-4620 / 1-877-424-1903 Estevan@legalaid.sk.ca

#### **Yorkton Area Office**

#301 - 120 Smith Street East Yorkton, SK S3N 3V3 p: 306.786-1440 / 1-877-424-1904 Yorkton@legalaid.sk.ca

## Rick Sim Trucking Inc.

P. O Box 91, St. Walburg, SK S0M 2T0

306-248-3248



Open 7 days a week Live entertainment every weekend

Karen Rasmussem 306-688-7040 thehooter@live.com or find Copper Belt on facebook

## Andre's **Meat Shoppe**

102C 22nd Street W Battleford, SK S0M 0E0 (306) 937-3313





Brett Schultz 1265 Athabasca Street E, MooseJaw

Phone: 306-692-3637 Phone: 306-530-6386 Fax: 306-692-9277 schultzelectric@hotmail.com

#### **Ultimate Insulations** Home & Fire Inc.

355 7th Avenue Regina, SK S4N 5B8

(306) 205-7366



E: kelturndrywallttd@sasktel.net

Dean Kelso Cell: 306.539.2121 web: www.kelturndrywall.com

COMPLETE INSURANCE SERVICE MOTOR VEHICLE LICENSE ISSUING

Yorkton 306.783.4477
Foam Lake 306.272.3242
Bredenbury 306.898.2333
Churchbridge 306.896.2269
Stoughton 306.457.2433

. . . to Some YOU Better Toll Free: 1.800.268.3675

www.farrellagencies.com

Committed to You & Your Com

#### MINOWUKAW LODGE **&** JOE'S CABINS

P.O. Box 100

Candle Lake, SK SOJ 3E0 306.929.4619

#### MISTAHI SIPIY **ELEMENTARY** SCHOOL

Box 160 Victoire, SK S0J 2X0 (306) 724-2282

24 HOUR

**TOWING** 

#### **Peggy Rubin Executive Director**

P.A. Outreach Program Inc. Beat the Streets/WON-SKA Cultural School paoutreachprogram.ca

1211 1st Avenue West Prince Albert, SK S6V 4Y8 Email: pegrubin@hotmail.com Ph: (306) 763-3552

Cell: (306) 961-6500 Fax: (306) 763-4234





## 3 Lonnie Thesen 306-769-8688 Fax 306-769-8660 Quality Parts & Service



#### **Boxton Prairie Experience**



Box 810 Grenfell, SK S0G 2B0

(306) 697-2200



## SASKATCHEWAN 24/7 HOUR CRISIS HOTLINES

#### **Child Abuse Lines**

Lac La Ronge Indian Band Child & Family Services 306-425-5511

(Regina) Child Abuse Line 306-787-3760

(Saskatoon City) Child Protection Intake 306-933-6077

(Saskatoon Rural) Child Protection Intake 306-933-5069 or 1-800-274-8297

#### Children

Humboldt Child & Family Services 306-682-6756

Lac La Ronge Indian Band Child & Family Services 306-425-5511

(National) Kids Help Phone 1-800-668-6868

Prince Albert Children's Haven 306-922-4454

Saskatoon Crisis Nursery 306-242-2433

#### Crisis Units

Prince Albert Mobile Crisis 306-764-1011

Regina Mobile Crisis Services 306-757-0127

Saskatoon Mobile Crisis Service 306-933-6200

Southwest Crisis Services 1-800-567-3334

#### Domestic Violence

Battlefords Interval House 306-445-2742

(Kindersley/West Central) West Central Crisis and Family Support Centre 306-463-1860

(Melfort) North East Outreach and Support Services 1-800-611-6349

Moose Jaw Domestic Violence Crisis Line 306-693-6511

Prince Albert Domestic Violence Crisis Intervention 306-764-1011

Regina Transition House Crisis Line 306-569-2292

(Saskatoon) Family Services Outreach 306-244-0127

Saskatoon Interval House 306-244-0185

Southwest Crisis Services 306-778-3692

Yorkton Domestic Violence Crisis Line 1-888-783-3111

#### General Crisis Counselling

(Carlyle, Estevan, Weyburn) Envision Counselling and Support Centre 1-800-214-7083

Hudson Bay Family and Support Centre 1-800-611-6349

(Kindersley) West Central Crisis and Family Support Centre 306-463-6655

La Ronge Crisis Line 306-425-4090







#### CA Reed & Assoc. (Sask) Ltd

Box 1658 Tisdale, SK SOF 1TO

306-873-1938

#### Akal Home & Renovation Ltd.

PO Box 635 Warman, SK **SOK 4SO** 

(306) 716-6779

## Crop Production Services

#### **Perry Clark**

Operation Manager Hagen/Birch Hills CPC Box 328. Birch Hills. SK SOI 0G0 Bus: (306) 749-3585 Cell: (306) 960-0115 Fax: (306) 749-3222

perry.clarke@cpsagu.ca www.cpsaau.ca



#### NIGHT OWL GROCERY & CONFECTIONERY

#9 - 3310 Fairlight Dr. Saskatoon Sask., S7M 4Z1 Phone: (306) 382-9197 nightowl1@sasktel.net



#### MIKE'S AUTO GLASS

• New & Used Auto Glass • Supply & Install • Foreign & Domestic • Large Selection of Used Glass • Insurance Claims Welcome

**WE BUY UNWANTED CARS** 

Mike Cooney - Owner

1750 REYNOLDS ST (SOUTH OF DEWDNEY AVE)
OPEN SATURDAYS



### Climax **Lions Club**

**Proud to Support** our Saskatchewan Police



#### Viscount Central School

202 Bagot Street Viscount, SK SOK 4MO Phone: (306) 944-2027

Fax: (306) 944-2177

## **Dewdney Drugs** (1986) Ltd

3034 Dewdney Avenue Regina, SK S4T 0Y2

(306) 757-8604



Bus: 525-2324 Fax: 352-8120 1377 McIntyre St Regina, SK S4R 2M9

100% SATISFACTION GUARANTEE www.arrowplumbing.ca



116 Main Street S Eston, Saskatchewan SOL 1A0 306,962,3232



1020 Sims Avenue Weyburn, SK S4H 3N9 306.842.2064

### G&F Tire & Quick Lube

1655 Mcara Street Regina, SK S4N 6H4 306.525.3716

## SASKATCHEWAN 24/7 HOUR CRISIS HOTLINES

continued...

(Melfort) Northeast Outreach and Support Services 1-800-611-6349

(Province-wide) Farm Stress Line 1-800-667-4442

(Regina) Crisis/Suicide Line 306-525-5333

#### Seniors Abuse & Neglect Response Lines

Prince Albert and area 306-764-1011

Regina and area 306-757-0127

Saskatoon and area 306-933-6200

#### Sexual Assault

Battlefords and Area Sexual Assault Centre 1-866-567-0055

(Carlyle, Estevan, Weyburn) Envision Counselling and Support Centre 1-800-214-7083

(Kindersley/West Central) West Central Crisis and Family Support Centre 306-463-1860

(La Ronge) Piwapan Women's Sexual Assault Crisis Line 306-425-4090

Lloydminster Sexual Assault and Information Centre 306-825-8255

(Melfort) North East Outreach and Support Services 1-800-611-6349

Prince Albert Mobile Crisis - Sexual Assault Counsellor 306-764-1039

Regina Sexual Assault Centre 306-352-0434

Saskatoon Sexual Assault and Information Centre 306-244-2224

Southwest Crisis Services 1-800-567-3334

#### Women

(La Ronge) Piwapan Women's Centre 306-425-3900

(North Saskatchewan) Pregnancy Crisis Line 306-446-4440

(Regina) Wichihik Iskwewak Safe House 306-543-0493

Yorkton Project Safe Haven 1-877-444-2836





2270 North Ridge Drive Saskatoon, SK S7L 1B4 (306) 290-8204



131 Palliser Way Yorkton, Saskatchewan S3N 4C6 (306) 782-2431

### De Amore Boutique

515 Crystal Court Warman, Saskatchewan S0K 0A1

(306) 249-2155



1204 Chinook Bay Estevan, SK S4A 1Y8 306.634.3038

## AUTS ANDCA SHOD

PO Box 367 Central Butte, SK S0H 0T0 306.796.4342

### **NORTHSTAR**

Cleaning & Restoration

Site 501 Box 7 RR5, Saskatoon, SK S7K 3J8



100 Railway Avenue E Spiritwood Saskatchewan SOJ 2M0 (306) 883-2019

## WHITE KNIGHT

PO BOX 868 GULL LAKE, SASKATCHEWAN 306 672 7539

### Gibbs Seed Cleaning

Box 102, Mctaggart SK SOG 3G0

(306) 848-1010

### VIETNAM MEKONG RESTAURANT

6330 Rochdale Boulevard, Regina, Saskatchewan S4X 4C2

306.949.0125

## Spectrum Electric Inc.

153 Birch Crescent Saskatoon, SK S7N 2M2

(306) 249-2333

## ROCKGLEN CO-OPERATION ASSOCIATION

150 HWY 2 Rockglen, SK S0H 3R0

(306) 476-2210

#### Ponto's Premium Lawncare

38 Emerald Hill Drive White City, SK S4L 0B4 306.924.3348

#### Missura Accounting Inc.

1540 Alberta Avenue Suite 6, Saskatoon, SK S7K 7C9

306.373.6155

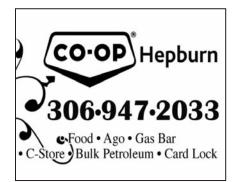
#### NORM'S Sandblasting & Paint

Norm F Jellstrom 117 Churchill Road Foam Lake, SK S0A 1A0 (306) 272-4407



## BOOSTER BOXES

ACCENT TREES & LANDSCAPES PROUDLY SUPPORTING OUR LOCAL POLICE	COFFEE WITH A TWIST 331 1ST AVE N SASKATOON (306) 664-6263	KEVCO SKID-STEER SVCS WEYBURN (306) 861-5965
AG-WEST BIOTECH INC	COLLISON WELDING & MACHINE	L B CLARK ELECTRIC
SASKATOON (306) 975-1939	CARROT RIVER (306) 768-2384	MOOSE JAW (306) 693-4044
ALLAN M HAUBRICH QC	COPPERTOP TOWING & LOCK OUT	L M PUBLICATION SVC LTD
SASKATOON (306) 933-1306	ELBOW (306) 867-4443	REGINA (306) 525-4900
ASHTON CARE HOME	CURTIS LAW OFFICE	LAKESHORE EXPRESS
SASKATOON (306) 382-8975	SASKATOON (306) 652-4303	LA LOCHE (306) 822-2282
ASSOCIATED SPEECH CONSULTANTS	D & S MECHANICAL SVC	LANIGAN AUTO PALACE LTD
SASKATOON (306) 665-6498	SHAWBRICK SK (306)747-3170	LANIGAN (306) 365-4275
B E ZEE PRODUCTIONS	DENT CLINIC REGINA	LEDGERS
REGINA (306) 543-3730	REGINA (306) 721-3368	SWIFT CURRENT (306) 772-0769
BEE HIVE HOTEL LTD	DLB PROPERTIES LTD	LIBERTY TAX SERVICE
TISDALE (306) 873-4224	REGINA (306) 569-2515	SASKATOON (306) 668-2358
BIG BOB'S MEATS	DR MARK BODEN	LITTLE GLASS HUT
REGINA (306) 525-4260	PRINCE ALBERT (306) 764-6115	LE BRET (306) 332-3737
BIG BUCK MAGAZINE	EAST WEY AUTO BODY	MARY KAY COSMETICS
RIVER HEIGHTS (306) 382-2737	WEYBURN (306) 842-7324	(306) 542-7411 www.marykay.ca/khandzuik
BLACKWELL T E MD	EASTEND GRAIN CO LTD	MILLER COMPREHENSIVE HIGH SCHOOL
SASKATOON (306) 244-6149	EASTEND (306) 295-3573	REGINA (306) 791-7230
BONDI DEVELOPMENTS LTD	ELITE STOCK FARM LTD	MOOSE COUNTRY SVC
SASKATOON (306) 221-0491	OUTLOOK (306) 243-2005	GLASLYN (306) 342-4830
BROTHERS FAMILY RESTAURANT	ELROSE COMPOSITE SCHOOL	MOOSE JAW GLASS
KINDERSLEY (306) 463-4533	ELROSE (306) 378-2505	MOOSE JAW (306) 972-6909
B-SHARP MUSIC	ENCHANTED PHOTOS	MOUNT FOREST SEED FARM
REGINA (306) 757-2531	SHELLBROOK (306) 747-2416	MELFORT (306) 752-4224 / (306) 921-7234
C D FINE FOODS	FLAMAN SALES LTD	ORNACRAFT IRON WORKS LTD
WAPELLA (306) 532-4474	SOUTHEY (306) 726-4403	MEATH PARK (306) 929-2043
CW MILLAR INSURANCE AGENCIES	FLORENCE'S BEAUTY SALON	PAGC HOLISTIC WELLNESS CENTRE
CHAPLIN (306) 395-2223	CENTRAL BUTTE (306) 796-4488	PRINCE ALBERT (306) 765-5305
CAN AM DRILLING	FRONTIER MALL www.frontiermall.ca	PAT HUTCHISON TRANSMISSION
CUDWORTH (306) 256-3686	NORTH BATTLEFORD (306) 445-3414	NORTH BATTLEFORD (306) 445-2903
CAN-AM TRUCK EXPORT LTD	GREAT CANADIAN OIL CHANGE	PRAIRIE RV & TRAILER SVC
DELISLE (306) 493-2222	REGINA (306) 352-4844	OSLER (306) 227-3158
CARLYLE COLLISION & PAINTING LTD	HOMESTEAD KITCHEN	PRAIRIE TOONS ORCHARD & BAKERY
CARLYLE (306) 453-6712	REDVERS (306) 452-3532	BIENFAIT (306) 388-2522
CLAY OVEN CAFÉ BIRCH HILLS (306) 749-1212	HORIZON CONSULTING INC WEYBURN (306) 842-1514	PROGRESSIVE CONSTRUCTION AND EXCAVATION BALGONIE (306) 530-0888
CLIMAX GARAGE	JERKY BOYS MEATS LTD	PUSSYCAT VIDEO
CLIMAX (306) 293-2055	LUMSDEN (306) 731-1499	SASKATOON (306) 343-0850
		•







## BOOSTER BOXES

<b>RB'S DINER</b>	SGI SALVAGE	TS ENTERPRISES LTD
DUVAL (306) 725-4371	NORTH BATTLEFORD (306) 446-1950	KINISTINO (306) 864-3142
RED FLAME WELDING INC	SIMONAR'S REFRIGERATION & AIR COND	TWO RIVERS EXPRESS
WATROUS (306) 946-3509	SHELL LAKE (306) 427-2080	SASKATOON (306) 239-4737
REGINA REPAIR & PONTOON CENTRE	SISTERS OF THE PRESENTATION	U-CART CONCRETE A DIV OF WESTERN READY MIX CONCRETE PRODUCERS
REGINA (306) 775-1006	PRINCE ALBERT (306) 752-2671	REGINA (306) 775-1588
REID'S INSPECTION INC	STRASBOURG DECORATING	UKRAINETZ AUCTIONEERING
WEYBURN (306) 861-3061	STRASBOURG (306) 725-3484	INSINGER (306) 647-2661
RM OF LAKE ALMA	STYLE-RITE PROPERTIES	WATROUS FIVE PIN
LAKE ALMA (306) 447-2022	SASKATOON (306) 373-7474	WATROUS (306) 946-3637
ROBERTSON TRADING LTD LA RONGE (306) 425-2080	SUNCATCHER SOLAR LTD SASKATOON (877)-441-2355	WEYBURN LIVESTOCK AUCTION (306) 642-4180 wle@weyburnlivestock.com
ROSS PLUMBING & HEATING	TERRY'S PAINTING LTD	WHEATLAND ACCOUNTING SVC LTD
BENGOUGH (306) 268-2898	REGINA (306) 530-1082	FILLMORE (306) 722-3884
ROYAL HEIGHTS CHIROPRACTIC CENTRE	THE CARING PLACE REGINA INC	YORKTON SMALL ENGINE & REPAIR
ESTEVAN (306) 634-2918	REGINA (306) 347-2273	YORKTON (306) 783-0544
ROYAL SPORTING GOODS LTD	TIP TO TOE BODY WORKS	YOUR THERAPEUTIC MASSAGE CENTRE
REGINA (306) 522-5973	LLOYDMINSTER (306) 825-3858	REGINA (306) 949-1224
S I NILSSON ESTHETIC PLUS	TOPKNOTS & TAILS GROOMING	ZELKO CONSTRUCTION
LLOYDMINSTER (306) 825-5557	WEYBURN (306) 842-2077	MELVILLE (306) 728-4255
SANDBECK CONSTRUCTION LTD MOOSE JAW (306) 693-6249	TRAC HOLDINGS LTD PRINCE ALBERT (306) 764-5700	Thank You for
SASKATOON MINOR HOCKEY ASSN SASKATOON (306) 244-1363	TRICORD ELECTRIC LTD SASKATOON (306) 220-8531	Your Support SASSATCHEWAN FEDERATION OF POLICE OFFICERS

## **BUSINESS PATRONS**

20 FREEDOM FIGHTER SQUADRON INC 4M MANAGEMENT LTD 403 LAWN AND GARDEN SERVICES INC A A PERSONAL CARE HOME A A SIGNETT DESIGNS A C POWER CONTRACTORS LTD A SECOND COAT ABSOLUTE ENTERTAINMENT ACCLAIM DRIVING SCHOOL ACE PAINTING ACUPRESSURE BY KORENNA ALL FIBERGLASS REPAIR INC ALL TRADE CONTRACTING ALLAN TRAILER COURT ALVIN'S MASSAGE CLINIC AMIGO AUTO BODY ANNIE'S
ARECA MASSAGE & LYMPHATIC
TREATMENT CENTER
ARROWHEAD TAXIDERMY
ART'S AUTO BODY
ASHFORD AND DARBARYLE
ATCH & CO
ATLAS LANDSCAPING

## Business Patrons

**DELUXE TAILORS & CLEANERS** HAPPY DAYS CHILD CARE ATRIUM DENTAL **AUTODYNE QUALITY VEHICLES** DENT TECH PDR LTD HARRY SCHESCHUK FUNDRAISING **AUTUMN EMBROIDERY INC DETECT SECURITY SYSTEMS** HAYWOODS GRILL **AUTUMN PERSONAL CARE HOME** DEXTER BROTHERS TOWING HICKIE DAVID C **AVALON BARBER SHOP** DIAMOND CONCRETE LTD HILL LAW OFFICE **AVANTI BAILIFF & COLLECTION DINNER RUSH MEALS** HILLSIDE MASSAGE THERAPY AVERY OUTREACH SCHOOL **DIRECT AUDIO** HONEY BUN CAFÉ DISTRICT INSURANCE ADJUSTERS **B & L TIRE SVC** HORIZON JANITORIAL SVC **BABA'S BISTRO DMH PAINTING HOWARD LARSON** BARBARA WIELER DMYTRASH ONE STOP HUDSON BAY COMPOSITE HIGH SCHOOL DOMREMY MEMORIALS BARKER REPAIR LTD **HUMBOLDT FLORIST LTD BARRY DAVIS ASSOC** DONALLY ELECTRIC **HUMMINGBIRD MANOR B & B** BASCHUK CONSTRUCTION LTD **DOUG HARTER** I CAN HELP SVCS BEKE'S ACCOUNTING INC DR DAVID STOCKS **IDYLWYLD AUTO SERVICE** DR EDWARD KLOPOUSHAK BEVAN INDUSTRIES INC IHL PLUMBING HTG & GAS LTD BIG 'N SMALL VETERINARY SVC DR ISMAN ELEMENTARY SCHOOL IMPORT AUTO SVC LTD **BILAN INTERIOR CONSTRUCTION** DR KATHLEEN BOWLER IN ESSENSE OF YOU IMPORTS INC **BILL ARMSTRONG** DRAGON'S LAIR DIGITAL INKOGNITO TATTOOS **COMMUNICATIONS** DRAKE PRES SURE CLEAN **INSIDE DESIGN** BIRCH HILLS CO-OP ASSOCIATION INTEC CONTROLS INC E & A MEAT MARKET LTD BLACKBOX COSMETICS E J'S FAMILY HAIR CARE **IRELAND ROOFING BLOCKS AGENCIES ED & GAIL FINCH IVY'S CAREHOME BOOKKEEPING SOLUTIONS EDAM GENERAL STORE** J MACK PAINTING **BOPHA ALTERATION SHOP EDIE RIEKMAN** JAMES B RUGG **BOWTIN INDUSTRIES LTD** JAMES' GROCERY **EIR CONTRACTING LTD BOYES SEEDS EKONG CHRIS MD** JANICE THOMSON BRENDA'S DOG GROOMING **ELBOW AGENCIES LTD** JAVA POST & CAFFEINE **BRIDGE COUNSELING** ESTEVAN ANSWERING SERVICE 1993 LTD COMMERCIAL PRODUCTIONS BRIDGE VIEW DEVELOPMENTS INC **EVOLVE DEVELOPMENTS LTD** JEANETTE SIEGEL CERTIFIED GENERAL ACCT EXTREEEME TRANSPORT CORP JERRY'S TREE CUTTING **BRODY'S DR ROOF** BUILDTECH INSPECTIONS / GATEWAY TRAVEL **FAMILY CLEANERS LTD** JIM'S COMPUTER SVC **BUTCHER BOY MEATS LTD** FINELITE PHOTOGRAPHY & DESIGN JJRW FURNITURE & SALES C & D SEPTIC LTD FIRE & ICE CUSTOM JEWELLERY JOHNSTON AGENCIES CAPITAL ELECTRIC MOTOR REPAIR FLOORING DOCTOR JR MYERS FARM FORTIER MATTILA APPRAISALS INC CAPTAIN'S HALL JUNE HR SOLUTIONS INC CARLYLE CONVENIENCE & GAS BAR FREE WEST ENERGY JUST MUSIC **CARMEN TIPTON** FRONTIER EMS K D MECHANICAL LTD FULL GOSPEL OUTREACH CTR KELLI'S FASHIONS INCORPORATED CARRY THE KETTLE INDIAN MEDICAL CLINIC CARSONS CARPET (92) LTD G & R CONCRETE LTD KELSEY SERVICE & CONFECTIONERY CATHEDRAL SPORTS MASSAGE THRPY G BAR G LIVESTOCK BUYERS LTD KENASTON HIGH SCHOOL **CDR WELDING** G DICK WELDING KEY M AUCTION SVC CHAMPION AIR PARK **G V AUDIO INC** KEY WEST ENGINEERING LTD **GALLANT ENTERPRISES** CHEMTEC CHEMICALS LTD KLASSEN GRAPHICS GENERAL'S QUARTERS PAINTBALL CHOICE REALTY SYSTEMS KLEAN KING VAC LTD KRISTY KLEEN CITY BOBCAT SERVICE GERALD THRELFALL GET BACK 2 BASICS WEIGHT MGMT LTD KYLE COMPOSITE HIGH SCHOOL CITY CARPET CLEANING CO CITY USED FURNITURE & PAWN G-J AUTO BODY L B TAYLOR TRUCKING CLASSIC STEAMING LTD **GLEN STRAKER** L H ACCOUNTING SERVICES **COLE'S QUALITY MEATS** GLOVER'S SERVICE LA FAMILY TAXI LANGENBURG COUNTRY INN MOTEL CONCEPT CLEANING **GODIN & CO** CONRAD AVENUE CUTS **GOLDEN EAGLE ORGAN CO** LANGENBURG HOME HARDWARE COOPER TOOLS & EQUIP WAREHOUSE LTD GOOD SENSE COMPUTER SVC LTD LANIGAN ADVISOR COTTAGE & COUNTRY REALTY LTD **GORDON LAING** LARRY'S TOWING COTTONWOOD DENTAL CLINIC **GRANADA HOUSE RESTAURANT & LOUNGE** LAST STRAW BREWING CO LTD COUNTRY WEST CONST & WELDING LTD **GRANVILLE ENTERPRISES LTD** LAUREL PHILLIPS PHD **DARYL SHIRKEY** GREENE FARMS DRILLING LTD LAW GENERAL STORE DAVE'S PROFESSIONAL CARPET **GREENLEAF SEEDS** LAWREK JOHNSON BIRD APPRAISALS H & A FINANCIAL ADVISORS DAYLE GRAHAM LEROY'S CUSTOM SLAUGHTER DEAN CONSTRUCTION LTD HAIRLOCK DESIGNS LEWIS AGENCIES LTD **DELTA CORING & CUTTING INC** HANSEN INTERIORS LTD LIL ' COUNTRY UPHOLSTERY

## **BUSINESS PATRONS**

LINDA WEINMEYER LINTLAW ROAD HOUSE CAFÉ LYLE MRYGLOD TRUCKING M D CONSTRUCTION LTD MACPHERSON LESLIE AND TYREMAN MAGPIES KITCHEN MAINLINE CORRAL CLEANING-SKID MARATHON CONSTRUCTION MARILYN FRESBERG MARION GRANT MARK IRELAND MASTER VAXX LTD MAYER MACHINE & WELDING LTD MC HANSON'S HOME HARDWARE LTD MCINTOSH & HALE MERK ACCOUNTING & INCOME TAX MERV BENDER COMMUNITY SVC CTR MGM SPECIALITY LIVESTOCK LTD MID TOWN MOTORS LTD MIDWEST METAL INSTALLATIONS LTD MILLER AUTO TECH LTD MINNIE ANDERSON MISO HOUSE MITCHELL BROTHERS CONCRETE MNM PLUMBING & HEATING INC MOLESKY GENERAL CONTRACTING MONARCH HOMES 1970 LTD MONSTER SERVICES WELDING MOOSE JAW ROYAL CANADIAN LEGION #59 MO'S CAR STUFF MUNRO MASSAGE THERAPY MURLIN ELECTRONICS LTD MURRAY DISC GOLF MURRAY'S STORE LTD MUSICRAFT INSTRUMENT REPAIR NATURE'S NOOK **NEIL'S LANDSCAPING NELSON MOTORS & EQUIPMENT LTD NEW GENERATION PORK** NOR WEST DISTRIBUTORS INC NU TECH INDUSTRIES OLD STYLE LEATHER STITCHER OUR LADY OF SEVEN SORROWS CHURCH OXBOW AGENCIES LTD PACIFIC AVENUE PHARMACY PALAZZO DESIGNS PARAGON AUTO SERVICE PAUL'S PLUMBING & HEATING LTD PAWSITIVLEY PURRFECT PETS PEGASUS CONSTRUCTION PETER GILMER PFEFFERLE LAW OFFICE PHOENIX SECURITY SALES INC PHYLLIS ARMSTRONG CGA PRO CORP POOLE & BZDEL ELECTRIC LTD POPLAR RIVER PHARMACY PRAIRIE BERRIES INC PRAIRIE MUD SERVICE PRAIRIE OASIS

PRECISION ASPHALT PRECISION EXTERIORS PRICE-JONES RONALD PROTEC VIDEO PURE ENERGY DANCE CO QUALITY DRY WALL QUANTUM GENETIX INC R BAR B RIDING STABLES - GO CART R J HOFFMAN HOLDINGS LTD **RANCH WEST SUPPLY RAYMORE HOTEL RAY'S TAILORS** RED LANTERN INN REDEMPTION BAPTIST CHURCH **REDVERS MOCCASINS** REGINA DENTAL LABORATORY RELAXATION THERAPEUTIC MASSAGE **RENO GUYS** RHONDA'S HAIR SALON **RIC & RED'S TIRE & AUTO** RICK ROLAND REALTOR **RODDY'S FARM & AUTO LTD RONNIE DE JESUS ROSE'S FURNITURE & AUCTION LTD ROYAL LEPAGE SOUTHLAND RUTLEDGE TRACTOR & PARTS LTD** SASK TRENDS MONITOR SASKATOON SUITES SEGUIN SPEECH-LANGUAGE & LEARNING SHADY PINES PERSONAL CARE HOME SHALOM BED & BREAKFAST SHE MODELLING AGENCY & SCHOOL SHERILOU'S SHERLOCK HOME INSPECTIONS SHERMAN ENTERPRISES SIGN HERE SIGNS & PRINTING SIKORSKI DRIVING SCHOOL SIKUP ENTERPRISES LTD SIMPLY STUNNING DESIGNS-STAGING SISTERS OF OUR LADY-MISSIONS SISTERS OF PRECIOUS BLOOD SOLID CONSTRUCTION SOUTHERN GLASS WORKS LTD SPA ACADEMY SPECIAL NEEDS EQUIPMENT **INSTALLATIONS** ST ANNE'S RECTORY ST GEORGE'S UKRAINIAN CATHOLIC ST JOHN COMMUNITY SCHOOL ST LEO THE GREAT CATHOLIC CHURCH ST STANISLAUS RECTORY STEEN AGENCIES STITCH THIS UPHOLSTERY STOBBE PHOTOGRAPHY STOKES RESEARCH INC STOR-IT MINI WAREHOUSE LTD STYLES ON FIRST SUNCAP ENERGY

SUNNY'S CAR & TRUCK SVC

SUPER CLEAN CARPET SVC LTD

SUPERIOR CART & RENTALS SUPERIOR FURNACE CLEANING SUTTILL'S GUNSMITHING SVS GRAPHICS & ILLUSTRATION INC SYLVAN LEARNING CTR SASKATOON TAGS PLUMBING & HEATING TAIT INSURANCE GROUP INC TAPS AND TOWERS BAR SYSTEMS TBS COLLISION AND AUTO GLASS LTD **TEAMWORKS DESIGN** THE LEGION OF FRONTIERSMEN **CANADIAN DIVISION** THE SHARPENING DEN THERESIA'S SEWING TIME LINK VIDEO TITAN CLEAN ENERGY PROJECTS TODAY'S ENTERPRISES LTD TODD'S MOVING TOUCHED BY GRACE TRAILBREAK SERVICES TRUCK BONEYARD TURANICH ACQUISITIONS MGMT INC TURNER TRANSPORT LTD **UNIQUE CABINETS & CARPENTRY UNITED MOLAS** VACU-MAID REGINA (ASTRO VAC) VIBANK MEAT MARKET W H BLACK & ASSOC WADENA DRUGS LTD WAL-MART SASKATOON WEST SUPER CTR WATROUS CONCRETE LTD WENDY MC CUTCHEON WENZEL MOTORS WEST VISTA FARMS LTD **WESTHILL MANOR** WESTVIEW USED FURNITURE WICKLOW CAFÉ WILFRED POPOFF **WILKE SALES** WOODCHUK WOOD SALES WOODVIEW CONSTRUCTION WOOL EMPORIUM WORRY FREE BOOKKEEPING INC WSP CANADA INC X-RAY RECORDS YIP HONG'S DIM SUM RESTAURANT YORKTON BOWL ARENA LTD YORKTON MARTIAL ARTS YUEN TAI HONG CHINESE HERBAL ZEOTECH ENVIRONMENTAL LTD **Z-TECH SOLUTIONS INC** 

PRAIRIE PITA INC

#### **ADVERTISERS' INDEX**

360 INSPECTION SERVICES LTD	.30	CARNIVORA	.130	EDGE REALTY	.102
A A TRIFON'S FAMILY RESTAURANT	.28	CARROT RIVER TAVERN	.130	ENERPLUS CORPORATION	2
ABLE PLUMBING & HEATING LTD		CARTWRIGHT MEATS		ERNIE'S TRAILER SERVICE INC	.104
ABORIGINAL FRIENDSHIP CTR		CATHEDRAL INSURANCE BROKERS		ERNST & YOUNG	68
ACCENT CREDIT UNION1		CATHERINE KNOX - LAWYER		ESTEVAN LAUNDROMAT	
ACCESS COMMUNICATIONS1		CAYLEE TRUCKS INC		ESTEVAN POLICE SERVICES	
ADESA SASKATOON		CEMENT MASONS & PLASTERS UNION		EXQUISITE FASHIONS & BRIDAL	
ADVANTAGE COLLISION & PAINT		CENTENNIAL FOODSERVICE		EXTENDICARE/PRESTON	
AGENCY CHIEFS TRIBAL COUNCIL		CERVUS EQUIPMENT		EXTREME EXCAVATING INCEYE GALLERY-DOCTORS OF OPTOMETRY	
AGGRESSIVE DRILLING LTD ALL NATIONS HOPE NETWORK		CHABEN-MCPHERSON AGENCIES LTD CHAPARRAL CAFÉ		FAIR WAY ADJUSTERS	
ALLAN TRANSPORT (1980) LTD		CHEYENNE MOTOR PRODUCTS LTD		FARRELL AGENCIES LTD	
ALTON TANGEDAL ARCHITECT LTD		CHIEF BEARDY MEMORIAL ELEMENTARY SCHOOL		FAST TRUCKING SERVICE LTD	
AMACHEWESPEMAWIN CO-OP ASSN		CHILDREN'S HAVEN		FELIX REPAIR	
AMEC		CHRISTIAN LABOUR ASSN CANADA		FIVE STAR TRUCK COLLISION CENTRE	
ANDERSON & COMPANY		CIMA+		FLAMAN INVESTIGATION & SECURITY.	
ANDRE'S MEAT SHOPPE1		CINDERCRETE MINING SUPPLIES		FLYING DUST FIRST NATION	
ANDREW SCHEER MP REGINA QU'APPELLE	.98	CINDY-RELLA'S SEWING & QUILTING	80	FOAM LAKE LEGION BRANCH # 16	.114
AR PLUMBING & HEATING1	30	CITY OF MARTENSVILLE		FOCUS COUNSELLING SERVICES	
ARCHDIOCESE OF REGINA		CITY OF YORKTON		FRATERNAL ORDER OF EAGLES	
ARENA GLASS LTD1		CLANS CELTS & CLOVER ENT		FROH CONSTRUCTION LTD	
ARMADA INN MOTEL		CLARIANT "CANADA INC"		FRONTIER MOTEL & RESTAURANT	
ARMY NAVY & AIRFORCE VETERANS1		CLARK ROOFING REGINA		FUTURE VISION OPTICAL	
ARROW PLUMBING & HEATING INC1		CLASSIC VACUUM TRUCK LTD		G & F TIRE & QUICK LUBE	
ASSINIBOIA CAR WASH LTD1	32	CLAVET GROCERY & CONFECTIONERY		G & S LANDSCAPE & EXCAVATION	
AVONLEA CO-OP		CLIFF NANKIVELL TRUCKING LTD		G G M DEVELOPMENTS LTD	
B & G ACCOUNTING & INCOME TAX		CLIMAX LIONS CLUB		GAIL'S SWITCH A STITCHGALL LAW OFFICE	
B JOLLY ACCTING (SASKATOON) LTD1 BAINBRIDGE JODOUIN CHEECHAM		COLT CONSTRUCTION LTD		GANG-NAIL TRUSSES & BUILDING COMPONENTS	
BALCARRES & DISTRICT LIONS CLUB		CO-OPERATORS INSURANCE		GARDA CANADA SECURITY CORP	
BAND CITY DOOR SERVICE1		COPPERBELT HOTEL		GARRY BREITKREUZ MP YORKTON-MELVILLE	
BANKEND CO-OP		COSTCO WHOLESALE		GARY'S DIESEL REPAIR	
BARRON'S FUNERAL CHAPEL LTD		CROP PRODUCTION SERVICES		GATEWAY ESSO	
BARRY'S EAVESTROUGHING & EXTERIORS LTD1		CROSS ROADS INN		GEE BEE CONSTRUCTION LTD	
BAYSHORE HOME HEALTH		CUBBON ADVERTISING CONCEPTS		GEMMELL'S SHOES LTD	
BEC INTERNATIONAL CORP1		CUPE HEALTH CARE WORKERS' COUNCIL OF UNIONS		GENE'S REALTY PARTNERSHIP	
BECKERS MECHANICAL SERVICES LTD1	112	CUPE LOCAL 4777	10	GENERAL MOTORS GOODWRENCH CTR	.128
BEDECS READY MIX LTD		CUPE LOCAL 4980		GERRY'S AUTO TRANSMISSION LTD	70
BEITEL'S INSURANCE AGENCY (2008) LTD	.70	CUPE LOCAL 5111		GIANT TIGER	
BENDIG & KLASSEN		CUPE LOCAL 8443		GIBBS SEED CLEANING INC	
BENSON TRITHARTDT & NOREN1		CUPE LOCAL 859		GLM INDUSTRIES LP	
BIGGAR AND LANDIS INSURANCE SERVICES1		CUPW 714		GLOBAL EXTERIORS LTD	
BLUE MOON OILFIELD SVC LTD		CWS TUNING		GLOBAL TELEVISION (A DIVISION OF SHAW MEDIA)	
BOB MCKAY1 BOCIAN JEWELLERS1		CZERWONKA'S ELECTRIC LTDD & D TRUCKING CORP	.130	GLOBE PRINTERS LTD	68
BOOTH BURNETT INSURANCE LTD1				GOOD FOOD JUNCTION CO-OP	
BOURGAULT TILLAGE TOOLS LTD1		D & M FIRE SAFETY SYSTEMS D & S MC KAY CONTRACTING INC		GOODWILL BAKERY	
BOXTON PRAIRIE EXPERIENCE1		D 2 CONSTRUCTION LTD		GREAT CANADIAN OIL CHANGE	
BRECK SCAFFOLD SOLUTIONS (2009)		DAISY'S PANTRY		GREATWEST CAFÉ	
BRIDGEVIEW MANUFACTURING INC		DAVEY PLASTICS INC		GT PERFORMANCE LTD	
BRIGHT COMPANY ACCOUNTING & TAXATION		DE AMORE BOUTIQUE		HALL EXECUTIVES SUITES	
BROADVIEW DISTRICT LIONS CLUB1		DEAN OF ARTS OFFICE - UNIVERSITY OF REGINA.		HAVIK	
BUDS ON BROADWAY		DECADE ANSWERING SERVICE	.106	HEPBURN CO-OP	.138
BUILDERS CHOICE PRODUCTS LTD1	20	DES NEDHE DEVELOPMENT	24	HERGOTT FARM EQUIPMENT LTD	.114
BURNETT'S KEY SHOP LTD1		DEWDNEY DRUGS (1986) LTD	.134	HI KICK	94
CA REED & ASSOC (SASK) LTD1	34	DIAMOND & LOW HOLDINGS INC	.136	HIGHLIGHT TELECOM MIDWEST LTD	98
CAA SASKATCHEWAN		DIAMOND COUNSELLING SERVICES		HIGHMARK FOUNDATIONS LTD	
CAIN'S AUTO BODY LTD1		DIVERSE SYSTEMS		HOMES BY DREAM	
CAMEO FIRST GENERAL SVC LTD		DON WEHAGE & SONS TRUCKING & EXCAVATING		HUGH SKOTHEIM TRUCKING LTD	
CAMPBELL & HALIBURTON PROPERTY1		DR MEYERS DDS		HUMPHREY'S TAVERN	
CAMPONI HOUSING CORP1		DREAM ASSET MANAGEMENT CORPN		IBEW LOCAL 2067	
CANADIAN TIPE PECINA		DREWITZ SCHOOL OF DANCE		ICR COMMERCIAL REAL ESTATE	
CANADIAN TIRE REGINA		DTZ BARNICKE REGINA LTD		IMPACT DIESEL PERFORMANCE	
CANORA CAB1		DUCK LAKE CANADIAN LEGION 246 DUCK MOUNTAIN LODGE INC		IMPACT OILFIELD MANAGEMENT TEAM INC.	
CARA DAWN TRANSPORT		DUMONCEAUS TRAILERS		INDIAN HEAD CHRYSLER	
CARLYLE PHARMASAVE1		EASTERN AIR SUPPLIES		INDIAN HEAD TECHNOLOGY SERVICES INC.	
			0		U

#### **ADVERTISERS' INDEX**

INLAND CONCRETE & AGGREGATES118 INSPIRED BOOKS THERAPY ART80 INT'L UNION OF BRICKLAYERS & ALLIED
INIT'I LINION OF PRICKLAVERS & ALLIED
CRAFTWORKERS LOCAL 164
INTEGRA TIRE AUTO CENTRE136
INTL UNION OF OPERATING ENGINEERS8
INTL UNION OF PAINTERS LOCAL 73982
INTERSTATE BATTERIES-SASK104
IQMETRIX48
IRON WORKERS UNION LOCAL 77116
IRON WORKERS UNION LOCAL //116
IRONCLAD SAFETY132 ISOLATION EQUIPMENT SERVICE INC76
ISOLATION FOLIPMENT SERVICE INC. 76
IAOD HOMEO INO
JAGR HOMES INC96
JAGR HOMES136
JAMES D PAPPAS40
JEM MAINTAIN-A-LOT64
JIC WINDOWS AND DOORS108
JIFFY LUBE134
JMR MEATS-DAVIDSON104
JOHN FINDURA c/o CITY CLERKS OFFICE REGINA40
JUST VOLLEYBALL116
K & J CONSTRUCTION LTD32
KANAWEYIMIK CHILD & FAMILY SERVICES66
KA-PA-CHEE TRAINING CTR126
KAREN O'BRIEN96
KAREN'S SNACK SHOP136
KEE'S TAE KWON DO SCHOOL116
KELTURAL BRYGAMALL LTD
KELTURN DRYWALL LTD132
KGS GROUP78
KIMTEK AUTOMOTIVE INSTALLATIONS78
KINSMEN CLUB OF SASKATOON26
KLASSIQUE DESIGNS126
KLEIN'S ELECTRIC INC124
KRALL CONSTRUCTION44
KREOS AVIATION22
KRIEL LOUIE DDS112
KRUSE GLASS & ALUMINUM126
KUDU INDUSTRIES34
L & L GRAVEL & RANCHING CO LTD70
LA CASA124
LAKELAND AGENCIES66
LAKELAND VETERINARY SVS PC LTD30
LARSON'S HOME CENTRE122
LARSON S HOWE CENTRE122
LAW FIRM OF BENJAMIN J PARTYKA104
LAW FIRM OF BENJAMIN J PARTYKA104
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT102
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT102 LEE'S CHOP SUEY SOUTH68
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA104 LECLAIR TRANSPORT
LAW FIRM OF BENJAMIN J PARTYKA

MOVEENIO TRIJOVINO	400
MCKEEN'S TRUCKING	.122
MCKERCHER LLP	60
MCKESSON CANADA	60
MCNEVIN MANAGEMENT LTD	112
MEDALLION-WEST INDUSTRIES LTD	
MEHLER'S FABRICATION SERVICE LTD	30
MEL'S SEWER AND DRAIN CLEANING SVCS	
MELLE JEWELLERS LTD	74
MERCIER LAW OFFICE	40
WERGIER LAW OFFICE	40
MHPM PROJECT MANAGERS INC	8
MIKE'S AUTO GLASS	
WINE 3 AUTO GLASS	. 134
MIKE'S INDEPENDENT GROCER	46
MILLER WELL SERVICING LTD	QΛ
	94
MINISTRY OF JUSTICE CORRECTIONS &	
POLICING / COMMUNICATIONS BRANCH	1/
MINOWUKAW LODGE & JOE'S CABINS.	.132
MINUTE MUFFLER & BRAKE MOOSE JAW	02
MINUTE MUFFLER & BRAKE REGINA	84
MISSURA ACCOUNTING INC	
MISTAHI SIPIY ELEMENTARY SCHOOL.	.132
MITCHELL DEVELOPMENTS INC	118
MITOTICE DEVELOT MENTO INO	. 1 10
MNS LTD	/2
MOLSON CANADA	18
MOLOON OANADA	0
MONTANA'S COOKHOUSE	58
MONTGOMERY & SON SALES LTD	128
MOOSE JAW CULTURAL CENTRE INC	
MOOSE JAW FUNERAL HOME	92
MOOSE JAW HEALTH FOUNDATION	60
MOOSE JAW REFINERY PARTNERSHIP	82
MORRISON LOKINGER REALTY	
MRYGLOD STEEL & METALS INC	112
MTS TRAINING SCHOOL	.134
MURRAY GM	78
NATIVE CO-ORDINATING COUNCIL	400
NE-HE-THOW STORE	100
NEPTUNE PUMP SERVICES	400
NEW NORTH SANC SERVICES INC	.122
NIGHT OWL GROCERY AND CONFECTIONARY	
NOR-CAN TREE SVC	72
NORFEHR CONTRACTING LTD	
NORM'S SANDBLASTING AND PAINT	.136
NORTH BATTLEFORD LIONS CLUB	
NORTH WEST FRIENDSHIP CENTRE	.106
NORTH WEST SCHOOL DIVISION 203	52
NORTHERN STRANDS / FORTIS CORPORATION	34
NORTHERN VILLAGE OF BUFFALO NARROWS	92
NORTHSTAR CLEANING AND RESTORATION INC	
OBASA SUITES	14
OCHAPOWACE FIRST NATION	
OFF BROADWAY LAUNDROMAT & DRY CLEAN	122
OFF THE WALL EATERY	
OGEMA INCOME TAX & ACCOUNTING SVC LTD	.102
	102
	.106
OHLMANN TRUCKING	.106
OHLMANN TRUCKING	.106
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTD	.106 86 .110
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INC	.106 86 .110 30
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INC	.106 86 .110 30
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INCPA HERITAGE SENIORS CENTRE	.106 86 .110 30 .114
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INCPA HERITAGE SENIORS CENTREPA OUTREACH PROGRAM INC	.106 86 .110 30 .114 .132
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INCPA HERITAGE SENIORS CENTREPA OUTREACH PROGRAM INC	.106 86 .110 30 .114 .132
OHLMANN TRUCKINGOIL CITY DIESEL REPAIR LTDOPERATION DIRT (2006) INCPA HERITAGE SENIORS CENTREPA OUTREACH PROGRAM INCPACIFIC BILLIARDS	.106 86 .110 30 .114 .132
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 68
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 68
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 46 46
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 68 46 80
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 68 46 80
OHLMANN TRUCKING	.106 86 .110 30 .114 .132 60 .106 68 46 80 .108
OHLMANN TRUCKING	86 30 114 60 68 46 46 80 114 128
OHLMANN TRUCKING	86 30 114 60 68 46 80 46 80 46 80 414 74
OHLMANN TRUCKING	86 30 114 60 68 46 80 46 80 46 80 414 74

PENGUIN REFRIGERATION	.108
PENTEC ENERGY LTDPERFECT CHOICE AUTO BODY	78
PERFECT CHOICE ALITO BODY	12
PERRAS FAMILY FOODS	. 12
PERCAS FAMILI FUUDS	04
PERSONAL HEARING SERVICES	
PETERS INSURANCE SERVICES	
PHARMASAVE 406	.12
PHEONIX RESIDENTAL SOCIETY	3
PHEONIX RESIDENTAL SOCIETY	
PINELAND CO-OPERATIVE ASSN	
PINNACLE APPRAISALS	9
PINNACLE DISTRIBUTION	
PLAINS ENVIRONMENTAL INC	9
PLAINSMAN HVAC-R LTD	8
PLATINUM AUTOSPORT	118
PLAXTON & CO	
PLEASURE-WAY INDUSTRIES LTD	۱U۱.
PLEASURE-WAY INDUSTRIES LID	٠٠٠
POLY PLUS INSULATORS INC	
PONTO'S PREMIUM LAWNCARE	
PRAIRIE AGRICULTURAL MACHINERY INSTITUTE	34
PRAIRIE DOME POTATOES	.128
PRAIRIE MAINTENANCE LTD	
PRAIRIE MOON INN & SUITES	110
PRAIRIE MOUN INN & SUITES	١١
PRAIRIE TRUCK TIRE SERVICE LTD	
PRE-CON LTD	4(
PREMIER'S CORRESPONDENCE UNIT.	
PRINCE ALBERT POLICE SERVICE	
PRINCE ALBERT POLICE SERVICES	
PRO-WESTERN MECHANICAL	
PSYCHIC MARY	.106
QUALITY WIRELINE SERVICES LTD	6
R S WILSON & SON CONSTRUCTION	.13
RAE'S AG SERVICE	- 31
RAE'S AG SERVICE	32 11
RALPH GOODALE MP WASCANA	40
RALPH GOODALE MP WASCANARAWHIDE SUPPLEMENTS LTD	40 .110
RALPH GOODALE MP WASCANARAWHIDE SUPPLEMENTS LTDRCI FOUNDATIONSRCI FOUNDATIONS	40 .110 84
RALPH GOODALE MP WASCANARAWHIDE SUPPLEMENTS LTD	40 .110 84
RALPH GOODALE MP WASCANA	40 .110 84 40
RALPH GOODALE MP WASCANA	40 .110 84 40
RALPH GOODALE MP WASCANA	40 84 40 40
RALPH GOODALE MP WASCANA	40 84 40 40 70
RALPH GOODALE MP WASCANA	40 84 40 40 70
RALPH GOODALE MP WASCANA	40 84 40 40 70 90
RALPH GOODALE MP WASCANA	40 40 40 70 70
RALPH GOODALE MP WASCANA	4( 4( 4( 4( 7( 9( 34
RALPH GOODALE MP WASCANA	4( 4( 4( 4( 7( 9( 34
RALPH GOODALE MP WASCANA	4( .11( 4( 4( 7( 9( 34 8( 22
RALPH GOODALE MP WASCANA	4( 4( 4( 7( 9( 34 9( 9(
RALPH GOODALE MP WASCANA	4( 4( 4( 9( 9( 9( 3( 3(
RALPH GOODALE MP WASCANA	4( 84 4( 4( 7( 9( 8( 8( 9( 34
RALPH GOODALE MP WASCANA	40 84 40 70 90 34 90 34 91
RALPH GOODALE MP WASCANA	40 84 40 70 90 34 90 34 91
RALPH GOODALE MP WASCANA	40 40 40 70 34 34 34
RALPH GOODALE MP WASCANA	40 40 40 34 34 34 34 34
RALPH GOODALE MP WASCANA	40 40 40 70 34 34 34 34 34 44
RALPH GOODALE MP WASCANA	40404040
RALPH GOODALE MP WASCANA	40404040
RALPH GOODALE MP WASCANA	40404040
RALPH GOODALE MP WASCANA	4( 4( 4( 9( 90 34 62 44 4( 4( 41( 9( 41( 41( 9(
RALPH GOODALE MP WASCANA	4(4(4(4)
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	40
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(84)4(
RALPH GOODALE MP WASCANA	4(84)4(
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(
RALPH GOODALE MP WASCANA	4(

#### **ADVERTISERS' INDEX**

ROCKWELL SERVICING26
ROD'S DECORATING CENTRE LTD126
RONA HOME & GARDEN STORE 384116
ROSENAU TRANSPORT LTD64
ROYAL CANADIAN LEGION # 26256
ROYAL CANADIAN LEGION NIPAWIN BRANCH 120102
ROYAL ELPAGE RENAUD REALTY76
ROYAL PURPLE LODGE OF CANADA 95112 RUSSEL METALS INC28
RUSSEL METALS INC
RUSU FINANCIAL INC48
S L OLSON INSURANCE114
SAFETY FOR ALL CONSULTING90
SAKEWEW HIGH SCHOOL112
SALISBURY DEGELMAN VISION CENTRE80
SALVATION ARMY SASKATCHEWAN98
SALVATION ARMY94
SANBURN CONSTRUCTION LTD104
SANDERSON BALICKI PARCHOMCHUK66
SASK MILK
SASKARC INDUSTRIES INC22
SASKATCHEWAN ABILITIES COUNCIL32 SASKATCHEWAN DENTAL ASSISTANTS ASSN82
SASKATCHEWAN GOVT & GEN EMPLOYEES UNION44
SASKATCHEWAN JOINT BOARD RETAIL WHOLESALE
AND DEPARTMENT STORE UNION
SASKATCHEWAN LIQUOR AND GAMING AUTHORITY54
SASKATCHEWAN MUTUAL INSURANCE CO20
SASKATCHEWAN NATIVE THEATRE102
SASKATCHEWAN PARTY GOVERNMENT CAUCUSInsFrCvr
SASKATCHEWAN POLYTECHNIC100
SASKATCHEWAN REGISTERED NURSES ASSN110
SASKATCHEWAN RIVERS SCHOOL DIVISION120 SASKATCHEWAN ROUGHRIDERS FOOTBALL CLUB24
SASKATCHEWAN SENIORS MECHANISM48
SASKATCHEWAN SOCCER ASSN90
SASKATCHEWAN SPECIAL OLYMPICS56
SASKATCHEWAN UNION OF NURSES30
SASKATCHEWAN UNION OF NURSES30 SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8 SASKATOON FIRE FIGHTERS UNION64
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8 SASKATOON FIRE FIGHTERS UNION64 SASKATOON INDIAN & METIS FRIENDSHIP CTR102
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8 SASKATOON FIRE FIGHTERS UNION64 SASKATOON INDIAN & METIS FRIENDSHIP CTR102 SASKATOON INN & CONFERENCE CENTRE44
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8 SASKATOON FIRE FIGHTERS UNION64 SASKATOON INDIAN & METIS FRIENDSHIP CTR102 SASKATOON INN & CONFERENCE CENTRE44 SASKATOON INTERVAL HOUSE INC44
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION8 SASKATOON FIRE FIGHTERS UNION64 SASKATOON INDIAN & METIS FRIENDSHIP CTR102 SASKATOON INN & CONFERENCE CENTRE44 SASKATOON INTERVAL HOUSE INC44 SASKATOON METAL MANUFACTURING32
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN130 SASKATCHEWAN WRITERS GUILD104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INN & CONFERENCE CENTRE 44 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON PAVING STONE CO 46 SASKATOON POLICE SERVICE 42 SASKATOON PUBLIC SCHOOLS 18 SASKATOON REAL ESTATE BOARD 102 SASKATOON TRUCK PARTS 128
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON PAVING STONE CO 46 SASKATOON POLICE SERVICE 42 SASKATOON PUBLIC SCHOOLS 18 SASKATOON REAL ESTATE BOARD 102 SASKATOON TRUCK PARTS
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INN & CONFERENCE CENTRE 44 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON POLICE SERVICE
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INN & CONFERENCE CENTRE 44 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON POLICE SERVICE
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INN & CONFERENCE CENTRE 44 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON POLICE SERVICE
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION 8 SASKATOON FIRE FIGHTERS UNION 64 SASKATOON INDIAN & METIS FRIENDSHIP CTR 102 SASKATOON INN & CONFERENCE CENTRE 44 SASKATOON INTERVAL HOUSE INC 44 SASKATOON METAL MANUFACTURING 32 SASKATOON NEW LIFE COMMUNITY FELLOWSHIP 72 SASKATOON POLICE SERVICE 42 SASKATOON POLICE SERVICE 42 SASKATOON PUBLIC SCHOOLS 18 SASKATOON REAL ESTATE BOARD 102 SASKATOON TRUCK PARTS 128 SATISFACTION HEARING SYSTEMS LTD 72 SBC CASE INDUSTRIES (2013) 116 SCALETECH SYSTEMS LTD
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD 104 SASKATOON CRISIS INTERVENTION
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD
SASKATCHEWAN VOLUNTEER FIRE FIGHTERS ASSN 130 SASKATCHEWAN WRITERS GUILD

SMART POWER SYSTEMS CORP		
SMOKE & ASHES TOBACCO	SMART POWER SYSTEMS CORP	4
SOBEY'S	SMITTY'S RESTAURANTS	3
SOUTHEAST AVIATION	SMOKE & ASHES TOBACCO	7
SOUTHEAST AVIATION	SOBEY'S	11
SOUTHEAST AVIATION	SOCCER LOCKER	13
SOUTHERN EXPLORATION	SOUTH CENTRAL COMMUNITY FUTURES	8
SPEARING SERVICES		
SPECTRUM ELECTRIC INC	SOUTHERN EXPLORATION	11
SPICY PEPPERCORN	SPEARING SERVICES	4.
SPIRITWOOD CONFECTIONERY		
SPIRITWOOD HOME BUILDING CENTRE	SPICT PEPPERCORNSPICTOREDV	12
SRI HOMES		
ST GERARD CHURCH		
ST MARYS CATHOLIC PARISH	ST GERARD CHURCH	٠٠٠٠ ۾
ST PAUL'S CATHOLIC OFFICE		
ST WALBURG PLUMBING & HEATING LTD		
STAR EGG CO LTD		
STEAM-EST INDUSTRIES LTD	STAR EGG CO LTD	12
STETTNER AUTO & PERFORMANCE	STEAM-EST INDUSTRIES LTD	8
STEVENSON INDUSTRIAL REFRIGERATION LTD	STETTNER AUTO & PERFORMANCE	12
STOUGHTON VETERINARY SVCS PROF CORP. 13 STUDIO 3 / AQUA MASSAGE		
STUDIO 3 / AQUA MASSAGE	STITCH MOBILE WELDING SVC INC	12
SUE'S PILOTING SERVICE		
SUN COUNTRY HEALTH REGION	STUDIO 3 / AQUA MASSAGE	12
SUN COUNTRY HEALTH	SUE'S PILOTING SERVICE	12
SUNCHILD LAW		
SUNRIDGE RV		
SUNRISE MOTEL	SUNCHILD LAW	6
SWIFT CURRENT FIRE DEPARTMENT5 SWIFT CURRENT THRIFTLODGE		
SWIFT CURRENT THRIFTLODGE		
SYLVAN LEARNING CENTRE REGINA		
TAA SERVICE LTD       13         TAIT KITCHEN CENTRE LTD       4         TANKA RESEARCH       10         TD CANADA TRUST       4         TEAMSTERS DIVISION 510       4         TEAMSTERS UNION LOCAL 395       7         TEX KLASSEN SALES AND METAL FAB LTD       3         THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP       11         THE HEARING PLACE       2         THE PIN PEOPLE       12         THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEI       PRACTICAL NURSES       1         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TOT SIZZA       12         TNC ELECTRIC INC       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM MCKENNA       10         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8		
TAIT KITCHEN CENTRE LTD       4         TANKA RESEARCH       10         TD CANADA TRUST       4         TEAMSTERS DIVISION 510       4         TEAMSTERS UNION LOCAL 395       7         TEX KLASSEN SALES AND METAL FAB LTD       3         THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP       11         THE HEARING PLACE       2         THE PIN PEOPLE       12         THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEI       1         PRACTICAL NURSES       1         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TAT RUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11		
TANKA RESEARCH       10         TD CANADA TRUST       4         TEAMSTERS DIVISION 510       4         TEAMSTERS UNION LOCAL 395       7         TEX KLASSEN SALES AND METAL FAB LTD       3         THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP       11         THE HEARING PLACE       2         THE PIN PEOPLE       12         THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEI       PRACTICAL NURSES       1         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11	IAA SERVICE LID	13
TD CANADA TRUST		
TEAMSTERS DIVISION 510         4           TEAMSTERS UNION LOCAL 395         7           TEX KLASSEN SALES AND METAL FAB LTD         3           THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP         11           THE HEARING PLACE         2           THE PIN PEOPLE         12           THE RENT-IT STORE         10           THE SASKATCHEWAN ASSN OF LICENSEI         1           PRACTICAL NURSES         1           THE WIRELESS AGE         12           THOMSON'S DELIVERY LTD         6           THORSNESS APPLIANCE         11           TIM HORTONS         10           TOT'S PIZZA         12           TNC ELECTRIC INC         10           TNT TRUCKS & TOYS         8           TOLLIFSON CABLE SERVICE         9           TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE         3           TOWN OF BIGGAR         10           TOWN OF COLONSAY         11           TOWN OF LANGHAM         11           TOWN OF LANGHAM         11           TREELINE MOTEL & DINING ROOM         8           TRIAD POWER (2004) LTD         11		
TEAMSTERS UNION LOCAL 395	TEAMOTEDO DIVIDION 540	4
TEX KLASSEN SALES AND METAL FAB LTD         3           THE BROOM CLOSET WITCHCRAFT SUPPLY SHOP         11           THE HEARING PLACE         2           THE PIN PEOPLE         12           THE RENT-IT STORE         10           THE SASKATCHEWAN ASSN OF LICENSEI         1           PRACTICAL NURSES         1           THE WIRELESS AGE         12           THOMSON'S DELIVERY LTD         6           THORSNESS APPLIANCE         11           TIM HORTONS         10           TOT'S PIZZA         12           TNC ELECTRIC INC         10           TNT TRUCKS & TOYS         8           TOLLIFSON CABLE SERVICE         9           TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE         3           TOM MCKENNA         10           TOYP LINE ADVERTISING PROD INC         11           TOWN OF BIGGAR         10           TOWN OF COLONSAY         11           TOWN OF LANGHAM         11           TREELINE MOTEL & DINING ROOM         8           TRIAD POWER (2004) LTD         11	TEAMSTERS DIVISION 310	4 7
IHE BROOM CLOSET WITCHCRAFT SUPPLY SHOP11         THE HEARING PLACE		
THE HEARING PLACE       2         THE PIN PEOPLE       12         THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEI       17         PRACTICAL NURSES       17         THE SCARLET GROUP OF SECURITIES       9         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOP LINE ADVERTISING PROD INC       11         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11		
THE PIN PEOPLE       12         THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEI       PRACTICAL NURSES       1         THE SCARLET GROUP OF SECURITIES       9         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11		
THE RENT-IT STORE       10         THE SASKATCHEWAN ASSN OF LICENSEIPRACTICAL NURSES       1         THE SCARLET GROUP OF SECURITIES       9         THE WIRELESS AGE       12         THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       .3         TOM MCKENNA       10         TOVN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11	THE PIN PEOPLE	12
THE SASKATCHEWAN ASSN OF LICENSEI         PRACTICAL NURSES		10
PRACTICAL NURSES	THE SASKATCHEWAN ASSN OF LICENS	ЕГ
THE SCARLET GROUP OF SECURITIES		ᆫᆫ
THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOP LINE ADVERTISING PROD INC       11         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11		
THOMSON'S DELIVERY LTD       6         THORSNESS APPLIANCE       11         TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOP LINE ADVERTISING PROD INC       11         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11	THE SCARLET GROUP OF SECURITIES	1
TIM HORTONS       10         TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOP LINE ADVERTISING PROD INC       11         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF DUNDURN       9         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11	THE WIRELESS AGE	1 9
TJ'S PIZZA       12         TNC ELECTRIC INC       10         TNT OILFIELD SVC LTD       10         TNT TRUCKS & TOYS       8         TOLLIFSON CABLE SERVICE       9         TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE       3         TOM MCKENNA       10         TOP LINE ADVERTISING PROD INC       11         TOWN OF BIGGAR       10         TOWN OF COLONSAY       11         TOWN OF DUNDURN       9         TOWN OF LANGHAM       11         TREELINE MOTEL & DINING ROOM       8         TRIAD POWER (2004) LTD       11	THE WIRELESS AGETHOMSON'S DELIVERY LTD	1. 9 12 6
TNC ELECTRIC INC	THE WIRELESS AGETHOMSON'S DELIVERY LTD	1. 9 12 6
TNT OILFIELD SVC LTD	THE WIRELESS AGETHOMSON'S DELIVERY LTDTHOMSON'S DELIVERY LTDTHOMSON'S APPLIANCETHING HORTONSTHING HORTONSTHING HORTONSTHING HORTONSTHING HORTONSTHING HORTONSTHING HOR	1 9 12 6 11
TNT TRUCKS & TOYS	THE WIRELESS AGETHOMSON'S DELIVERY LTDTHOMSON'S APPLIANCETHIS HORTONSTHIS PIZZATHIS PIZZA	1 9 12 6 11 10
TOLLIFSON CABLE SERVICE	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC	14 9 12 6 11 10 12
TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC	14 9 12 6 11 10 12 10
TOM MCKENNA	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS	14 9 12 6 11 10 10 10
TOP LINE ADVERTISING PROD INC	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE	14 9 12 6 11 10 10 10 8
TOWN OF BIGGAR	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOLLIFSON CABLE SERVICE	14 9 12 6 11 10 10 10 8
TOWN OF COLONSAY	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA	1. 9 12. 6 11. 10. 10. 8 9
TOWN OF DUNDURN9 TOWN OF LANGHAM11 TREELINE MOTEL & DINING ROOM8 TRIAD POWER (2004) LTD11	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC	14 9 12 6 10 12 10 10 9 9
TOWN OF LANGHAM	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC TOWN OF BIGGAR	14 9 12 6 11 10 12 10 9 9
TREELINE MOTEL & DINING ROOM8 TRIAD POWER (2004) LTD11	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TJ'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC TOWN OF BIGGAR TOWN OF COLONSAY	16 12 6 11 10 12 10 10 8 3 10 11
TRIAD POWER (2004) LTD11	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TI'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC TOWN OF BIGGAR TOWN OF COLONSAY TOWN OF DUNDURN	16 9 6 110 110 110 9 3 110 110 110 110
FOR A CONTRACT (2004) LID	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TI'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC TOWN OF BIGGAR TOWN OF COLONSAY TOWN OF DUNDURN TOWN OF LANGHAM	14 9 110 110 110 110 9 3 110 110 110 110 110
IRIUJA 3 IRUJ 1 NOKI TUPPERWARE UJINOJI JAMI 1111	THE WIRELESS AGE THOMSON'S DELIVERY LTD THORSNESS APPLIANCE TIM HORTONS TI'S PIZZA TNC ELECTRIC INC TNT OILFIELD SVC LTD TNT TRUCKS & TOYS TOLLIFSON CABLE SERVICE TOM LUKIWSKI MP REGINA LUMSDEN LAKE CENTRE TOM MCKENNA TOP LINE ADVERTISING PROD INC TOWN OF BIGGAR TOWN OF COLONSAY TOWN OF DUNDURN TOWN OF LANGHAM TOWN OF LANGHAM TOWN OF LANGHAM	14 9 124 104 124 104 116 9 3 116 116 9

TRIMOUNT ESTEVAN DEVELOPMENTS.	24
TRINO'S MENSWEAR	120
TRISTEN HYDROVAC SERVICES	60
TROBERT LAW FIRM	118
TRUSTED TRUCK AND TRAILER	
TSCHETTER CONTRACT OPERATING LIMITED	
TT AUTO SERVICE LTD	
TUFF EXTERIORS	104
TUNNELS OF MOOSE JAW	3
TURKEY FARMERS OF SASKATCHEWAN	
TUXEDO PLACE	
UFCW LOCAL 1400ULTIMATE INSULATIONS FOAM & FIRE INC	/
UNIFOR LOCAL 922UNITE HERE LOCAL 41	الا
UNITED RENTALSUNIVAR CANADA LTD	4,
UNIVERSITY OF REGINAUNIVERSITY OF SASKATCHEWAN	ات اد
UPONOR	
VAWN HOTEL & STEAKHOUSE	
VICTORY SAFETY & TRAINING	
VIETNAM MEKONG RESTAURANT	
VILLAGE OF GAINSBOROUGH	
VILLAGE OF LANG	
VILLAGE OF MACRORIE	o.
VILLAGE OF MISTATIM	
VILLAGE OF MUENSTER	
VILLAGE OF VANSCOY	104
VINTAGE VINYL	
VISCOUNT CENTRAL SCHOOL	
W HUNTER ELECTRIC 2005 LTD	
W5 PROPERTIES LTD	108
WAJAX INDUSTRIAL COMPONENTS	104
WAKAW LODGE MOTEL	90
WASCANA CENTRE AUTHORITY	5
WATER POLO SASKATCHEWAN	11(
WATROUS BAKERY LTD	12
WESTERN LIMITED	80
WESTERN SURETY CO	
WESTMAN STEEL	62
WESTMORELAND COAL COMPANY	78
WESTRIDGE CONSTRUCTION LTD	42
WEYBURN CREDIT UNION	
WEYBURN POLICE SERVICES	
WF BOTKIN CONSTRUCTION LTD	
WHEATON CHEVROLET HUMMER INC	
WHITE KNIGHT AUTO RESCUE	
WHITE SWAN LAKE LODGE	
WHITTER CONSTRUCTION	
WHOLESALE SPORTS CANADA LTD	
WILLOW GROVE PHARMACY INC	
WILLOWGREEN FAMILY DENTAL	
WILLOWS DENTALWILSON INSURANCE SERVICE	
WINDOWS BEAUTIFULWINDSOR HOTEL BATTLEFORD	
WINMAR	
WINTRINGHAM ROOFINGInsBk	
WOLFECROFT SIGNS	
WSG ENTERPRISES LTD	111 1つ
YIU'S GARDEN RESTAURANT	
YORKTON DODGE	
TOTAL TOTAL DODOL	100

## Resources

## To find out more about Family Violence, please visit:

Bystander Movement: http://www.bclions.com/page/bemorethanabystander

Canadian Network for the Prevention of Elder Abuse - http://www.cnpea.ca/

Coalition Against Abuse in Relationships - Coalition Against Abuse in Relationships | Your Journey to a life without violence.

Dealing with Spousal Abuse or Family Violence - http://www.novascotia.ca/sns/life-events/dealing-with-abuse.asp

Directory of Services and Programs for Abused Men in Canada - http://nsfamilylaw.ca/sites/default/files/video/\_sites\_webphac\_htdocs\_archives\_male-dir-services-progs-eng.pdf

Education Wife Assault - http://www.springtideresources.org/

Envision - http://envisioncounsellingcentre.com/

Family Service Regina - http://familyserviceregina.com/

Family Violence Laws: http://www.justice.gc.ca/eng/cj-jp/fv-vf/laws-lois.html

Family Violence Prevention Program for First Nations - https://www.aadnc-aandc.gc.ca/eng/1100100035253/1100100035254

File Hills Qu'Appelle Tribal Council - http://fhgtc.com/entities/tfhq-safe-shelters/

Hot Peach Pages - Canada - http://www.hotpeachpages.net/lang/index.html

Hudson Bay Family and Support Centre - http://www.hbfamilyandsupport.ca/

Immigrant Women Services Ottawa - http://www.immigrantwomenservices.com/programs-services/crisis-intervention-and-counselling-services/help-for-women/

Intimate Partner Abuse Against Men: http://www.phac-aspc.gc.ca/ncfv-cnivf/publications/mlintima-eng.php

Justice Canada (Abuse is wrong in any language) - http://www.justice.gc.ca/eng/rp-pr/cj-jp/fv-vf/fe-fa/index.html

Moose Jaw Transition House - http://www.mj-transitionhouse.com/

National Aboriginal Circle Against Family Violence: http://www.nacafv.ca/

National Clearinghouse on Family Violence - http://www.phac-aspc.gc.ca/sfv-avf/index-eng.php

North East Outreach and support services - http://www.northeastoutreach.ca/

Partners Family Services - http://www.partnersfamilyservices.ca/

Piwapan Women's Centre - http://www.pwcprograms.com/

Provincial Association of Transition Houses and Services of Saskatchewan - http://pathssk.org/resources/other-community-resources/

Public Health Agency of Canada - http://www.phac-aspc.gc.ca/index-eng.php

Regina Transition House - http://www.reginatransitionhouse.ca/

RESOLVE Research and Education for Solutions to Violence and Abuse - http://www2.uregina.ca/resolve/

Rural and Northern Community Response to Intimate Partner Violence - http://www2.uregina.ca/ipv/research.html

Saskatchewan Prevention Institute - http://www.skprevention.ca/

Saskatoon Interval House - http://www.saskatoonintervalhouse.org/

Shelternet - http://www.shelternet.ca/splashpage.cfm

Shelwin House - http://www.shelwinhouse.ca/en/

SOFIA House - http://sofiahouse.ca/

Southwest Crisis Services - http://www.swcrisis.ca/home.html

Status of Women Canada - http://www.swc-cfc.gc.ca/index-eng.html

STOPS to Violence - http://www.stopstoviolence.com/

The Healing Journey: Family Violence Prevention in Aboriginal Communities - http://www.thehealingjourney.ca/main.asp

The National Aboriginal Circle Against Family Violence - http://www.nacafv.ca/

The Society for the Involvement of Good Neighbors (SIGN) - http://sign-yorkton.org/

UNITE to End Violence against Women campaign - http://www.un.org/en/women/endviolence/

White Ribbon Campaign: http://www.whiteribbon.ca/

Women's Information Network of Saskatchewan - http://winsask.net/

 $\textbf{World March of Women -} \ \textit{http://www.worldmarchofwomen.org/index\_html/en}$ 

YWCA (Canada) - http://ywcacanada.ca/en

YWCA Saskatoon - http://ywcasaskatoon.com/main/crisis-shelter-and-residence/

If you are experiencing violence in your home, please contactional authorities or 911.

FREE

INSURANCE CLAIMS

## WINTRINGHAM ROOFING

LOCALLY OWNED AND OPERATED FOR OVER 20 YEARS



**VISA ACCEPTED** 

CONTACT: 306-230-3528

wintringhamroofing@hotmail.com

ON SWEARING OF CO-DEPENDANT OF SS **YSICAL** Е JNCHING B RUM BANDONMENT HILL LONELINESS C G **DEPRI** ESSN 'ION A T ₹