

SFPO

SASKATCHEWAN FEDERATION OF POLICE OFFICERS

Inside This Issue:

SFPO made a \$5,000 donation to Canadian Mental Health Association

12th Annual SK Police & Peace Officers Memorial

Cyberattacks, Homegrown Terrorists Worry Canadians

Building Resilience Against Terrorism



DOMESTIC TERRORISM A W A R E N E S S



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The Government of Saskatchewan is proud to support the Saskatchewan Federation of Police Officers' (SFPO) Annual Crime Prevention Guide.

This year's guide addresses Domestic Terrorism Awareness and the important role citizens play in identifying and reporting youth at risk of radicalization. Recent events around the world and within our own country have demonstrated the importance of such vigilance. Working in partnership with law enforcement personnel, the public plays an essential role in building safe, healthy and supportive local communities. This guide is an important resource to help educate the public on this difficult subject.

All proceeds from this edition will go directly to support SFPO activities and community organizations including the Saskatchewan Division of the Canadian Mental Health Association.

On behalf of the Government of Saskatchewan, I wish to express my appreciation to the SFPO for your valuable work and commend the members of our municipal police agencies for their ongoing efforts to enhance the safety of our local communities.

A handwritten signature in black ink, appearing to read 'Brad Wall'.

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PHOTO: ROY ANTEL
Students run out of a high school in Regina, SK on September 23/08, as an officer runs in during a hostage incident.

The Saskatchewan Federation of Police Officers represents over 1,300 police personnel from six municipalities in Saskatchewan: Regina, Saskatoon, Prince Albert, Moose Jaw, Weyburn and Estevan. The SFPO is comprised of 8 police associations from each of those cities including senior officer associations in Regina and Saskatoon.



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SFPO Members in Ottawa with Senator Denise Batters.



As President of the Saskatchewan Federation of Police Officers, I am proud to introduce our Annual Crime Prevention Guide. This year's Guide focuses on the topic of Domestic Terrorism.

With an ever-changing world, and the events of Ottawa and Moncton happening in our own country, Domestic Terrorism affects us all. Our Police Officers are seeing huge increases in gun violence across the province.

Our dedicated members of the Saskatchewan Federation of Police Officers work hard to ensure the public's safety. There has been an anti-police movement across North America and our officers continue to work hard every day to keep their communities safe and build public trust. Our officers in Saskatchewan continue to build relationships within our communities and work hard at these partnerships. This was very evident in the work that Saskatchewan Police Officers have done in welcoming the Syrian Refugees to our country.

On behalf of the 1,300 men and women representing the Saskatchewan Federation of Police Officers, I encourage you to read through this year's Guide.

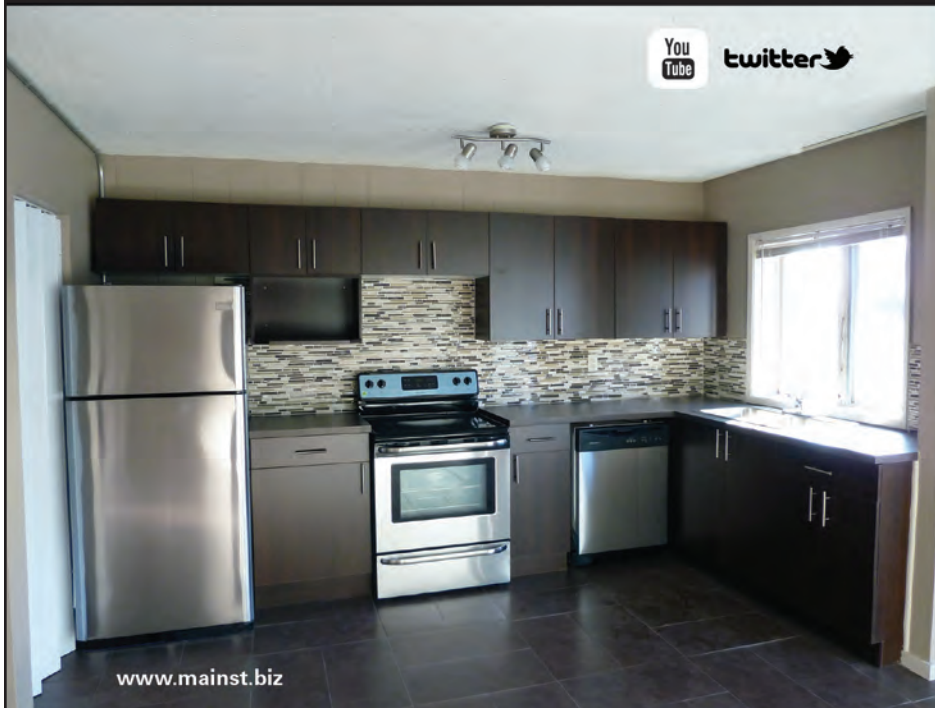
Thanks to all for the contributions and support by many individuals, businesses and organizations throughout the province who make this publication possible through your generous donations.

Thank you for continuing to work together to build safe Saskatchewan Communities.

A stylized handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

Casey Ward
President
Saskatchewan Federation of Police Officers

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FROM THE PUBLISHER



This **7th Annual Saskatchewan Federation of Police Officers Crime Prevention Guide** covers the potential consequences of **Domestic Terrorism**, focusing on the radicalization of our youth which can lead to acts of violence and terrorism, such as the tragic 2014 police shootings in Moncton, NB, and the most recent incident in Strathroy, ON, where a young man was killed by police because he planned to use a bomb to carry out a suicide attack in a public area.

This publication is designed to educate and promote the public's role in identifying and reporting potential Domestic Terrorism, and is made possible as a result of financial contributions from residents and business representatives throughout the province to support the activities of the SFPO and allows them to give back to their communities through donations to various local charities and youth-oriented programs.

On behalf of the SKPO, I would like to take this opportunity to sincerely thank each and every contributor of our 2015 Telephone Appeal. This unique publication is distributed free-of-charge each year to schools, libraries and public facilities and it is also available online at the **Saskatchewan Federation of Police Officers'** website at <http://saskpolice.com>, making it easily accessible to everyone.

Your comments or suggestions regarding these publications are always welcome and we look forward to speaking with you each year during our Annual Telephone Appeal.

Respectfully,

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Proceeds from our 7th Annual Crime Prevention Guide allowed SFPO to make a \$5,000.00 donation to the Saskatchewan Division of the Canadian Mental Health Association, a provincial charity that promotes the mental health for citizens of Saskatchewan.



SFPO President **Casey Ward** (left) presenting a \$5,000 donation to **Julius Brown**, provincial coordinator of the OSI-Can Initiative for the Canadian Mental Health Association – Saskatchewan.

If you need help or information regarding mental health programs and supports in Saskatchewan, please contact us. Saskatchewan Division office of Canadian Mental Health Association is here to help provide support to everyone in Saskatchewan and we can help you connect with the mental health services available in your region of the province.

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12th Annual Saskatchewan Police and Peace Officer Memorial



Sunday, September 27, 2015 – Legislative Building, Regina, SK

The Saskatchewan Federation of Police Officers is continually advancing issues of safety for our members and all police and peace officers in the province. In doing so, we remember those who have walked our beats, driven our streets and given the ultimate sacrifice for our communities. The members whose names make up this Honour Roll are a constant reminder of the important and often dangerous situations which we are faced with daily in our communities. Unfortunately, this year we have had to add a new name to the Honour Roll, a further reminder of the sacrifice our members make all too often.



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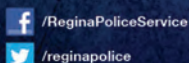
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Estevan Police Association



The Estevan Police Association and Estevan RCMP co-hosted the 'Estevan Police Officers Memorial Open' to raise money for the 'St. Joseph's Hospital Foundation'. The local community had a chance to meet the local Police Members from Estevan Police and the RCMP. 126 golfers made this event a huge success, this was the first Estevan Police Association Golf event in recent years since the former 'Bob Campbell Memorial' tournament.




Estevan Police Association Members donated gifts to the Angel Tree Campaign.



Estevan Police Association and RCMP presented a donation to St. Joseph's Hospital.



The Inaugural Estevan Police Association 'Variety Night' included a magic show, illusions and comedy acts for local youth and their families. Proceeds from this event were donated to the Estevan Family Resource Centre.



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2nd Annual Police Wellness Conference



In October 2015, the Moose Jaw Police Association and the Saskatchewan Federation of Police Officers hosted the 1st Annual Saskatchewan Police Officer Wellness Conference. The conference was attended by over 170 police officers from all across Canada. We were proud to host an all-star cast of speakers including Dr Kevin Gilmartin, Dr Bryan Vila, Dr Lois James and Dr John Violanti. The topics covered included fatigue management, occupational stress management, nutrition and police suicide awareness. The conference was extremely well received and will now be hosted annually in other cities across the province.



Saskatchewan Federation of Police Officers

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Dr. Kevin Gilmartin
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Dr. Phillip Carverhill
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We encourage people to strive for unity amongst themselves and with others. We believe our families are the cornerstone of our communities; we need to protect our families and especially our children. We must learn to live in peace and to treat all people with respect and with dignity for we are all made by the same Creator.

~ Chief and Council, Ochapowace Nation

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Moose Jaw Police Association



Bicycle Skills Park



In June of 2015, we began construction on Saskatchewan's first and only Bicycle Skills Park. The project was finished in October 2015 and we will be hosting a grand opening this spring. The bike park is a unique and exciting way to leave a positive legacy in our community and promote vitality within our youth. After two years of planning and organizing, we began construction after raising over \$80,000 for the project. All told, the project had a civic value of over \$300,000 after factoring all of the in-kind and volunteer donations!

The MJPA funded the design of the park, organized the project, supplied the necessary volunteer effort and engaged in fundraising to complete the project. Overall, the project has received overwhelming public support and positive feedback. To date, we have also received support and donations from Co-Op, Evans Excavating, The Associated Canadian Travelers, Simpson Seeds, Cypress Paving, the RM of Moose Jaw, Clarke's Supply, Aspen Dental, Folgizan Insurance, the Moose Jaw Pavers and United Rentals. We are very pleased to say that this will be one of the best bike parks in Canada and a valuable asset to our community!





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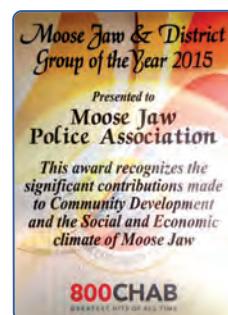


Serving the community



The Moose Jaw Police Association has a very active relationship with the Moose Jaw Special Olympics. In April 2016, the MJPA again enjoyed a friendly game of floor hockey with the Special Olympics team. We have made this game an annual event that both teams very much look forward to, and this year's game was very well attended. As in other years, the police team was easily outplayed and lost by a large score. The MJPA also teamed up with the Special Olympics again for some curling and bowling. We had a great time and an awesome turnout.

In January of 2016, the Moose Jaw Police Association was honoured to receive the Moose Jaw "Group of the Year" award for our contributions to the community. This award is given out to a group who makes significant contributions to the social and economic climate of Moose Jaw. We were recognized for our community projects, charity work and volunteerism in the community. It was very special to simply be nominated, but winning the award was a true honor.



In December of 2015, we were recognized by the City of Moose Jaw with a Special Achievement Award for our work on the bike park.



As well, the Moose Jaw Police Association donated money to local charities and organizations including the "Better Together" Food Drive, Moose Jaw Minor Hockey, the Carnival Dance Competition, and the Moose Jaw Kinsmen Flying Fins Swim Club.



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Moose Jaw Police Association



3rd Annual Copper Cup Pond Hockey Tournament



In April 2016, the Moose Jaw Police Association hosted the 3rd Annual “Copper Cup” Pond Hockey Tournament. The “Copper Cup” was very successful and proved to be an excellent way for us to interact with the community and promote vitality, all while raising money for various local charities. Overall, we managed to raise over \$4,000 through team participation and prize raffles. All of the money raised will be donated back to the community of Moose Jaw through various local charities and community projects.





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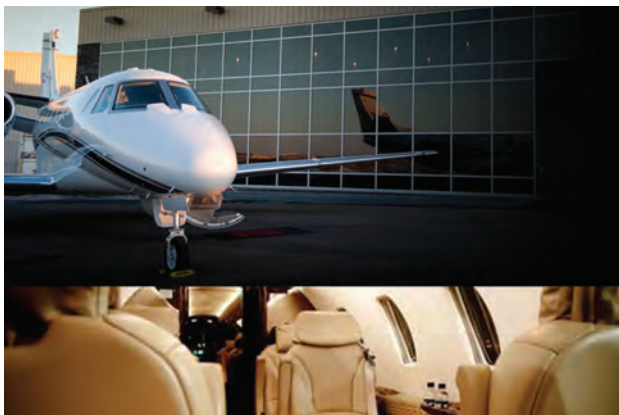
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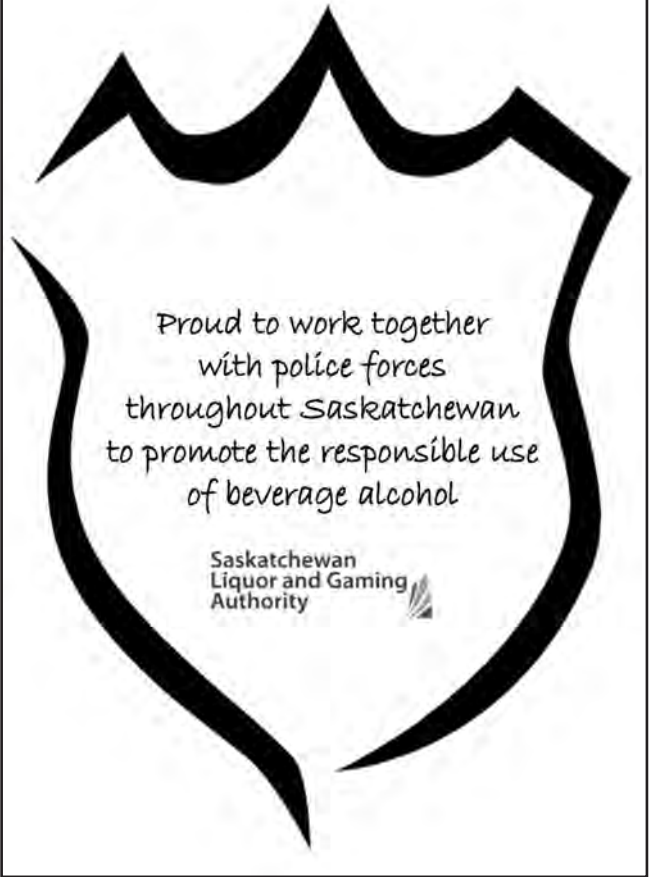
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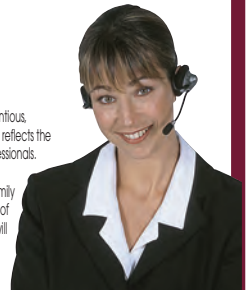
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Cst. Wiebe presents a \$500 donation to the Weyburn Big Brothers and Big Sisters Program. Cst. Wiebe was involved in the Kids N Kops Program.



The Weyburn Police Association teamed up with local businesses to encourage youth to wear bike helmets when riding. Police gave out free slurpee coupons, swimming pool passes, and two grand prizes - a new bike from Canadian Tire, and a pizza party for ten at Boston Pizza.



The Weyburn Police Association has been hosting a Magic Variety Show for the past thirty years. The show is always changing and engages a young and old crowd. Money raised is donated back to the community in many different causes.



Cst. McSherry and Cst. Doud donated two \$500 Gift Cards to the Weyburn Salvation Army Food Bank to help families in difficult economic times.

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Potentially Injured, We Must Now Presume:


A Brief Overview of Operational Stress

By R. Nicholas Carleton, Ph.D., R. D. Psych., Department of Psychology, University of Regina

Police officers often speak about their careers as being amongst the most challenging and the most rewarding vocations available today. Our police officers certainly provide a critical service in keeping all of us as safe as possible - they quite literally place themselves in harm's way in the hopes of protecting everyone else - running towards danger. Doing so necessarily and presumptively requires that our police officers encounter incidents that involve direct or indirect "exposure to actual or threatened death, serious injury, or sexual violence" (APA, 2013) - incidents colloquially referred to as traumas. The general population may experience one or two such events during their lives and there

is an acceptance that being exposed to a single such event can produce a host of symptoms that are distressing and interfere with daily activities (e.g., work, play); however, that same acceptance has been slow-coming for our public safety personnel, including our police officers. The slow acceptance has likely resulted from a combination of social factors that only began to change after World War I.

Prior to World War I psychological symptoms were pejoratively considered the result of a consequence of weak constitution or a lack of masculinity. Different diagnoses might have been provided for symptoms of anxiety or depression that seemed to



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Potentially Injured, We must now presume: ...continued

follow exposure to a traumatic event, such as hysteria for women or men of lower socioeconomic status or neurasthenia for men who were wealthy or heroic (Shephard, 2000). Both diagnoses were stigmatized, though neurasthenia less so. Advances in medicines and health technologies through World War I allowed many soldiers to survive despite many having seen substantial traumas. Unprecedented numbers of returning soldiers were reporting symptoms that overlapped, somewhat, with hysteria and neurasthenia; however, the officers referred to the cluster of symptoms as Shell Shock. The phrase became a diagnostic label further distinguished by a “W”, which was considered a “real” injury or “S”, which was functionally considered malingering. There were no empirically-supported treatments and the notion of Shell Shock as a viable diagnosis outside of a small number of extraordinary military experiences was decried by the health care practitioners of the day.

Combat Stress Reaction eventually replaced Shell Shock as a diagnosis, but the stigma continued well into World War II. During World War II the health care practitioners rapidly relearned the mental health lessons from World War I and found that prevalence rates of Combat Stress Reaction ranged from 10 to 100%, depending on the level of exposure (DiMauro et al., 2014); specifically, after 240 of combat exposure 100% of soldiers became symptomatic (Dyer, 2005), making it increasingly cult to claim the symptoms were the result of weak character. After World War II the first edition of the Diagnostic and Statistical Manual of Mental Disorders was published (APA, 1952) and Gross Stress Reaction was included as a viable and independent diagnosis; however, the diagnosis was removed before the second edition (APA, 1968) due to political pressures and only re-added to the third edition under a new name – Posttraumatic Stress Disorder (PTSD; APA, 1980) – because of stunning grassroots advocacy efforts (Scott, 1990). This means that the current diagnosis is less than 40 years old, which also means there has been relatively little time for research, stigma reduction, and implementation of evidence-based policy.

The contemporary PTSD diagnosis recognizes four key clusters of symptoms (APA, 2013): 1) intrusive, recurrent, involuntary, and distressing memories of the trauma; 2) persistent efforts to avoid memories of the trauma; 3) negatively altered thoughts and mood beginning or worsening after the trauma; and 4) significant increases in arousal and reactivity beginning or worsening after the trauma. There are other symptoms that can co-occur, but the four key clusters are required for a diagnosis of PTSD. Notionally, the diagnosis expects that traumatic exposure is relatively rare and until fairly recently, the diagnosis was reserved for people exposed to events outside the realm of normal human experience; however, this is complicated when considering that some members of our population, such as police, are exposed to such events far more regularly than other members of our population. There is a further complication in that, despite the importance of PTSD, it is only one of several possible sets of problematic symptoms that can occur after exposure to one or more traumatic events. Other diagnoses include, but are not limited to, Adjustment Disorder, Panic Disorder, Major Depressive Disorder, and Substance Use Disorders (2013).

Since at least the early 2000s there has been increasing interest in re-casting post-traumatic diagnoses as injuries rather than disorders; specifically, as Operational Stress Injuries. The re-cast appears readily defensible in that the person reporting symptoms may well be describing a reasonable set of responses to an unreasonable set of experiences. An argument can readily be made that fear, anxiety, and depression might be reasonable responses to traumatic exposure, whereas no response might just as readily be described as problematic. There is an important caveat to note here and that is, despite even the high rates of trauma exposure experienced by many public safety personnel, the substantial majority do not go on to report problematic symptoms. There are likely a myriad of reasons for why some people would develop symptoms while others would not, but the best current evidence suggests that everyone has the potential to develop symptoms given the appropriate set of circumstances and that risk and

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Potentially Injured, We must now presume: ...continued

resiliency vary over time based on experience. For example, all else being equal, a police officer encountering a motor vehicle accident after a week of being well-rested, engaged in healthy activities, supported by co-workers and family, can be expected to have lower risk for developing symptoms than an exhausted officer who has had no time for health activities and is having challenges with co-workers and family. This is before we consider other variables such as familiarity with the vehicle or the occupants. In any case, as a simple function of repeated exposure to trauma, it is reasonable to expect public safety personnel will be at higher risk for Operational Stress Injuries.

The re-cast as Operational Stress Injuries also appears defensible because the traumatic exposure is by design, rather than happenstance; indeed, exposure to potentially traumatic stressors is an operational function of public safety careers. In recognition of this, an increasing number of Canadian provinces are creating presumptive legislation that will hopefully make it easier for public safety personnel to access mental health services to reduce the impact of Operational Stress Injuries. That presumptive legislation will also, hopefully, continue to reduce the pervasive stigma that so many public safety personnel report experiencing; nevertheless, reducing such stigma will take time.

“Since at least the early 2000s, there has been increasing interest in re-casting post-traumatic diagnoses as injuries rather than disorders; specically, as Operational Stress Injuries. The re-cast appears readily defensible in that the person re-reporting symptoms may well be describing a reasonable set of responses to an unreasonable set of experiences.”

In my experience public safety leadership have been actively and intentionally working to minimize stigma and find innovative ways to improve access to evidence-based mental health care for their teams. Unfortunately, stigma change cannot be ordered, like changing any cognitive bias it takes time – sometimes generations – to become pervasive because we are asking people to change deeply

ingrained beliefs that have been learned implicitly and explicitly. Fortunately, as a community unto themselves, our public safety personnel have always taken leadership roles in change and I believe they can do so again, this time for mental health. There is already evidence that police officers are harder on themselves than they are on other officers and on other members of the public when it comes to mental health stigma (e.g., Carlan & Nored, 2008); as such, there has already been a positive shift, which is increasingly being followed by officers being kinder to themselves and seeking support (e.g., Tucker, 2015).

Despite the advances being made, there is still a long way to go in providing the resources and support our police and other public safety personnel need and deserve. The research base in particular warrants substantial attention. There is still a great deal of debate regarding how frequently operational stress injuries occur. There is also a paucity of evidence regarding risk and resiliency variables, as well as the effectiveness of organizational interventions (e.g., training, critical incident stress management, peer-support). As we increasingly recognize the presumptive nature of Operational Stress Injuries for our public safety personnel, we must also recognize our responsibility to prevent or minimize those injuries because ignorance regarding mental health is no longer a defensible excuse. Effective prevention and minimization strategies require appropriate research evidence, which takes time and nationally coordinated resources to collect and disseminate; as such, the sooner we begin investing in that research, the sooner we can provide the morally and economically justified evidence-based support we owe our public safety personnel for protecting all of us. For this reason, an increasing number of academics, as well as public safety agencies, leaders, and organizations, are working to develop a Canadian institute to support research and treatment for public safety personnel. Hopefully we will see tangible support for such an institute from Federal and Provincial governments in the near future.

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WHAT CAN A COP, DRUG DEALER, AND A COLOMBIAN TEACH YOU?

by Matt Ingrouille

The world of drugs has always fascinated me. As soon as I began my law enforcement career, I focussed as much as I could on this area. I have never felt that I truly excelled at any single skill in life. I was average at most things, some slightly above, some slightly below. However, from 2009 to 2014, I worked in the Saskatoon Integrated Drug Unit (it has changed its name a few times since then) and felt like this area of work sparked enough passion for me to exceed even my own expectations. Every area fascinated me from learning through informants, working on highly organized undercover investigations and wiretaps, all the way down to simple street level drug work. The drug unit was tasked with a lot of community initiatives that took time away from enforcement. Initially, I was confused by this but years later, I now know that this is where society needs to focus. Just like our addiction to oil, drug issues will never be resolved without eliminating the demand. Enforcement focusses on the supply, while education focusses on the demand.



I began spending countless hours researching the demand of drugs. What is addiction? What causes it? Is there a difference between use and abuse? Why does it seem that the supply never reduces? The more I researched these questions, the more I realized what I thought I knew about drug use and addiction was totally wrong. I have been fortunate, as most police officers are, to meet thousands of people addicted to substances. Most are extremely open to answer questions regarding their life and how their addiction began. I learned very quickly, that what I learned in the text books of my college course on addiction was wrong.

In 2010, I worked on a project known as Fraxinus. We were targeting a west coast gang member with ties to Saskatoon. He began supplying the province through a network of new drug traffickers, one being "Phil". Phil seemed unique. He had, what appeared from the outside looking in, to be a very normal life. He was young, very friendly and played hockey with people we knew. One of our undercover operators started buying marihuana from him as an 'in' to the group. We assumed that Phil would have access to harder drugs so we asked for an ounce of cocaine. We were right, and we watched Phil middle a cocaine transaction. When Phil was eventually arrested, I sat with him in an interview room and have never forgotten how open and honest he was about

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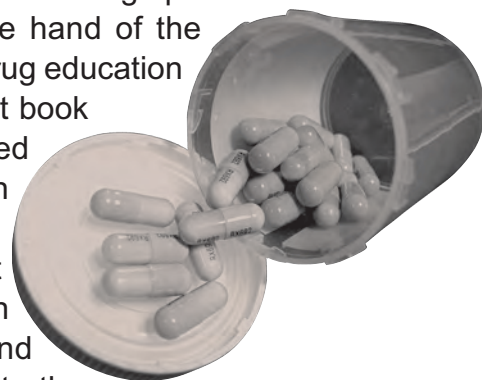
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What Can a Cop, Drug Dealer, and a Colombian Teach You?

continued

everything. He owned up to it all and took his four-year sentence like a champ. I knew on that day that I would be working with him in the future. I looked him up when he was out and asked if he would be interested in helping me reduce the demand of drugs, specifically by educating teenagers and their parents. He accepted the challenge and became the “drug dealer” in our series, “What Can a Cop, Drug Dealer, and Colombian Teach You?”

As for the “Colombian”, I met George Barreras when I was asked to present at an EFAP meeting for the city of Saskatoon. I was told that someone was doing a drug presentation before me. Being, a young and relatively over-confident drug cop, I thought, who could possibly be more qualified to talk on this topic than me? I showed up early to watch George present and he blew my mind. He experienced great tragedy at the hand of the international drug trade, which he fostered into a passion for drug education that matched or possibly exceeded my own. He wrote a great book titled “Benjamin Walker and the Cash Transaction He Wished Never Occurred”. It is a great piece of fiction that has roots in non-fiction. A hundred dollar bill takes you through the drug trade from bottom to the top. After our presentations, we met for a coffee and the bromance was instant. George is an amazing human being. Very few people have the ability and desire to make a family’s great loss public in order to educate the masses.



“What Can a Cop, Drug Dealer, and Colombian Teach You?” was created. I pitched the program to the Saskatchewan Federation of Police Officers (SFPO) to see if every frontline police officer in the province was willing to support the initiative. Thankfully, they were and SFPO has been an incredible support both in guidance, as well as covering any expenses we incur. Our presentation had its first run in Saskatoon in December 2015. With nearly 300 people in attendance, it was a great success. I was flooded with positive feedback from teens, parents and professionals.

Sayknow.org was created to bring an online presence to our initiative. It has featured blog posts about medicinal marihuana, teenage partying, and interviews with recovering addicts.

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VIOLENT EXTREMISM

Violent extremism, broadly speaking, refers to the process of taking radical views and putting them into violent action.

While radical thinking is by no means a problem in itself, it becomes a threat to national security when Canadian citizens, residents or groups promote or engage in violence as a means of furthering their radical political, ideological or religious views. The motivations and drivers that inspire them towards violent action may be due to real or perceived grievances, for example, animal

rights, white supremacy, Al Qaida-inspired, environmentalism and anti-capitalism.

Homegrown and imported violent extremism has been on the Canadian scene for many decades. It is not limited to any specific race, ethnicity, religion or culture. There is no single profile or pathway for individuals who come to embrace violent extremism.

It is important to note that the threat of violent extremism in Canada evolves constantly. Today's threat is not necessarily the threat of tomorrow.



RADICALIZATION

The radicalization of Canadians towards violent extremism continues to be a significant concern to Canadian national security. Essentially, radicalization is the process whereby individuals move from holding moderate, mainstream beliefs towards adopting extremist political or religious ideologies. Individuals who become radicalized may support or become involved in violent extremism. Activities can range from attack planning against Canadian targets, sending money or resources to support violent extremist groups, and/or influencing others (particularly youth) towards adopting radical ideologies. Radicalized individuals may also seek to travel abroad for terrorist training or to engage in fighting. Such individuals can pose very serious threats to the security of Canada. Not only are they now seasoned fighters who harness the ability to conduct attacks here, but they may also serve in influencing others.

The participation of two young Canadians in an attack on an Algerian petroleum facility in January 2013 where up to 60 individuals died, as well as the widely-reported travel of two other young Canadians to North Africa, allegedly for extremist purposes, is indicative of this trend and highlights the challenge posed by the travel of radicalized individuals for terrorist purposes.

In order to generate a better understanding of the phenomenon, the Service conducts research on radicalization in Canada. CSIS has found that for those influenced by the AQ narrative, violent extremists have come from varied social and age levels, are spread widely across the educational spectrum and can appear fully integrated into society, making detection especially difficult.





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YOUTH ONLINE AND AT RISK: Radicalization Facilitated by the Internet

More than ever, the lives of young Canadians are lived online. The World Wide Web is used by children, pre-teens, and teens for research, learning, entertainment, social networking, and to just pass the time. The widespread use of the web is facilitated by the fact that computers are readily accessible in classrooms, libraries, and bedrooms of youth while web-enabled cell phones—fast becoming the norm—provide access everywhere in between. In fact, a comprehensive Canadian study on the online habits of youth found that internet “access is almost universal.” However, just because young people have near constant access to the web, it cannot be assumed that they are fully aware of the risks posed by being online.

While the internet provides access to rich educational experiences, great entertainment, and the chance to connect with friends around the clock, it also creates a number of risks that young people, parents, and guardians need to be aware of. There are the commonly known concerns of identity theft, online predators, and cyber-bullying but there is another issue that we need to collectively work to address—Radicalization to violence. This informational resource strives to increase the awareness of how the internet is being used to radicalize and recruit youth in North America.

WHAT CAN RADICALIZATION MEAN?

The radicalization of youth is not a new phenomenon. Radicalization to violence has not been—and will not be—limited to a single group, religion, culture, ethnicity or worldview. Extremist groups from the entire political spectrum as well as those with a different outlook have long sought to foment adolescents by exploiting existing cultural, moral, or societal grievances and capitalizing

on the natural desire for adventure that many young people have.

Regardless of a person’s background and upbringing, radicalization can result in a change in the beliefs held, the feelings one has on or toward an issue, and one’s behaviour. These changes can result in devoting additional time and financial resources, taking additional risks, and perpetrating violence to support a cause. It can happen to individuals and groups of like-minded people in many ways. Often the seed that starts the process is the perceived victimization of oneself or a group the individual identifies with. This can drive a desire to retaliate or generate change.

With a perceived injustice, radicalization of individuals can occur. If an individual, a close relative, or friend has been the victim, thoughts of revenge can push that individual toward violence. This is perhaps best seen in the Chechen widows who strike against Russia in reprisal for their experiences.



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Recently, we have seen a number of youth radicalized not because of a direct experience but because of trends and events that sometimes occur in distant regions. Overwhelming guilt or a grievance that comes to a head can lead an individual to act violently domestically. A common refrain among militant Muslims in the West is the sense of moral outrage at conflicts in Chechnya, Kashmir, Iraq, and Afghanistan. South of the Canadian border, similar reasoning was seen in the cases of Ted Kaczynski and Timothy McVeigh. Motivated by a desire to alter trends in technological development, Kaczynski, also known as the Unabomber, sent letter bombs to affect change. Timothy McVeigh, held beliefs that the U.S. federal government was conspiring to remove individual liberties and sought revenge for government raids on militant groups.

Individuals that become part of a radical group are susceptible to the “slippery slope” and the development of group cohesion can push them toward increasingly radical behaviour. Seeking to belong to a larger movement, groups can start by viewing extremist material online and radicalize from there. One militant described his slide to radicalization as “a step-by-step evolution” where there was never “a choice made... such as I will become a terrorist.”

In conversing with peers and developing strong relationships, sliding down the slope toward radicalization becomes easier when the group shares common goals or is under threat. Research has shown that group solidarity proves to be a powerful bond. A violent radical from Ireland shared in one study “There’s times I’ve said to myself, ‘why?’ You’re mad in the head... but I just can’t turn my back on it.”

As seen in Canada, there have been a number of individuals that have radicalized together over time and plotted attacks as a group. Like an individual who radicalizes because a group is under threat, a collection of like-minded individuals form strong relationships when under pressure. Sharing sentiments of

frustration, unaddressed grievances, and anger only intensifies the bonds of a group and can result in “mutual encouragement and escalation.” Group cohesion only grows as the group becomes radicalized as there are fewer people to trust and confide in.

Capitalizing on a desire of young people to take action or misleading sometimes naive youth, extremist groups are purposely “manipulating the grievances” of youth to drive their agenda forward. By “cynically exploiting” the grievances held by the targeted disaffected youth, these groups seek to undermine traditional authority.

Aiding in the radicalization of youth—whether as an individual or a group—is when the messages come from a role model figure. Messages will resonate more if the source is perceived to be a family member, close friend, spiritual leader, or someone respected for their role within a group.

This may have been a factor in the pace of the radicalization found in the suspects that sought to use liquid bombs to destroy intercontinental flights in 2006. The Commissioner of the Metropolitan Police observed that the suspects went “from what would appear to be ordinary lives in a matter of some weeks and months, not years” to be willing to launch a suicide attack that would have killed hundreds, if not thousands.

More and more, messages are being shared and social bonding between young people is happening online. As such, it is no surprise that the internet is playing a role in the radicalization of youth. Benjamin Smith, a white supremacist who killed two and injured 9 on a racially motivated shooting spree in 1999, confirmed this when he stated “It wasn’t really ‘til I got on the Internet, read some literature... that it really all came together.”

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SPREADING AND SHARING IDEAS

For many groups, the internet serves as an ideal tool to connect with likeminded individuals or those with shared interests on the other side of the world. It enables people to connect and form relationships that otherwise would not happen. This is no different for groups that share an interest in a sports team or seek to change political processes, promote a cause, or perpetuate violence.

The internet—and the advent of online tools such as Twitter—enables the effective dissemination of content in near real-time. In many cases, messages go from the original author on one side of the world to the consumer on the other without being filtered. While this is beneficial for benign content, it also means that offensive or provocative material can be distributed without passing through the filter of traditional media or normal standards based on a society's accepted mores.

The speed and nature of the internet also means that individuals who are fortunate enough to read and speak multiple languages have access to insights and opinions from a broader range of sources. While this can be of great benefit it can also open oneself to increased numbers of extremist and violent ideologies.

Capitalizing on this characteristic are many individuals and groups that seek a controlled space to distort and manipulate reality to put forth only one message or view of current events. Traditionally, groups had to use pamphlets that could be intercepted by adults or caught up with other messages. Without alternative view points on the website and associated discussion groups, the internet can be used to “spread misinformation and false rumours” in the hopes of reaching “disaffected youth, and to enlist sympathizers and financial supporters.”

WHAT'S BEING SHARED?

With the advantages of quick dissemination and little-to-no filtering, it is no surprise that the internet is being used to target young people with radical and violent ideologies. Because of the advantages the internet has, chat rooms, YouTube channels, and interactive websites with images, videos, and games that aim to put forward a radical and violent agenda are proliferating quickly. A statistic often cited is that extremist website exponentially grew from just a dozen in 1998 to well over 4,500 in 2006. While the increase of videos, pictures, and chat rooms may not be a surprise, the content and how it is displayed may shock both adults and youth.

WHAT YOU CAN DO

The internet poses a number of risks to young Canadians. The federal government and its partners are working to monitor websites that disseminate radical messages, encourage violence, and seek to recruit youth into the ranks of extremist organizations. However, monitoring and the disruption of internet sites by law enforcement agencies is only a temporary measure as the material is often duplicated elsewhere with the click of a mouse.

In light of this, there are a number of things that parents, teachers, and community leaders can do to lessen the risks and facilitate a safe internet experience for younger generations. The radicalization to violence of youth ultimately originates within specific communities. Therefore, it is essential for adults within these communities to be aware of the risks with youth, and available partners to counter radicalization. Parents, teachers and caregivers want to provide guidance to keep young people safe in the real world and it should be no different when they venture online.

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IT STARTS WITH A CONVERSATION

As with all dialogue, open and frank communication between youth and caregivers proves to be most fruitful. Having a two-way conversation that values the opinions of young people is important. In many cases, young Canadians can navigate the virtual world more efficiently than adults and recognizing this expertise can go a long way toward facilitating a friendly discussion.

Whether the conversation happens in the home, the classroom, a community centre, or religious facility, adults need to make youth aware of the radical views that can be found online. The discussion needs to cover how to determine if content is appropriate and the expected behaviour when something is found not to be.

Just as extremist groups target youth with specific messages, the conversation by parents or guardians must also be tailored—the conversation with an eight year old will be different from one with a teen. To help with this, there are websites such as **www.thedoorthatsnotlocked.ca** that have developed specific messages and topics for different age groups. Run by the Canadian Centre for Child Protection, this site features tools for parents, teachers, and other adults to understand what typical youth are doing online at certain ages. For example, between the ages of 5 and 7 years, children are known to primarily use the internet to play games and search for interests where as 10-12 year olds are using chatrooms, social networking sites, webcams, watching videos, and beginning to access file sharing sites. This information can then be used to shape a conversation to the online interests of specific ages.

Where it is deemed appropriate, the brutality of violence should be confronted to remove any imagined glory that is put forward by violent extremists. The perpetrators of these acts must be reduced to the criminals they are and not the heroes of a global cause they purport to be.

When this happens, the allure of radical behaviour and extremist groups can be diminished. As one young adult who used the internet to share violent propaganda bragged “I [am] one of the most wanted terrorists on the Internet” when he was aware that both the U.S. and British intelligence were tracking him. It must be made clear to susceptible youth that violent extremism does not bring glory and fame, but rather death, destruction, and human suffering.



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RADICALIZATION OF YOUTH AS A GROWING CONCERN FOR COUNTER-TERRORISM POLICY

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INTRODUCTION

The stereotype of a terrorist as a foreigner from a disadvantaged marginalized country, striking at the Western values from abroad, is slowly fading with the latest increase in Canadian, American, and British citizens joining the ranks of terrorist organizations, as was the case in Algerian gas plant attack on January 20, 2013, or engaging in terrorist acts inspired by radical messages circulating online, as was the case with Boston Marathon bombing on April 15, 2013. Radicalization of youth especially in Western Europe and North America is becoming one of the most important threats of international terrorism in the world today. Socially isolated, disenchanted young men turn to extremism in their search for identity, acceptance and purpose which they are unable to find in the community more often concerned with wealth accumulation rather than healthy relationship-building.

In this situation, the implication for counter-terrorism policy is the difficulty of identifying and intercepting terrorists since they are already in the country by birth or via naturalization, while law enforcement agencies in Europe and North America struggle with walking a fine line between civil liberties and extremism propaganda. The situation is further exacerbated by the population's opinion in regards to the foreign policy of their government, which can be seen as the motivational point for joining the jihad by young members of the society. In this case the intelligence community will have to quickly assess the potential threat represented by these young travelers and correctly identify them while combing through a significant amount of online data.

A comprehensive approach to the problem of radicalization could be most effective for successful counter-terrorism policy, and as

such should include community engagement to prevent radicalization and highlight the understanding of the detrimental impact the individualistic society has on the development of the youth. At the same time, it is crucial for law enforcement and social workers to build trust with local population, and be culturally sensitive to the community they serve, in order to correctly gauge potential for radicalization. Finally, as Internet and mass media represent a wealth of information on various radical violent venues, which could seem attractive to youth, perhaps, the intelligence would benefit from a counter-terrorism dedicated cyber-crime unit.

THE PROBLEM OF RADICALIZATION

"Those who feel that society as a whole has the least to offer them are the most likely to join [the terrorist network]" (Sageman, 2004) and unfortunately young men in Western Europe and North America are more often nowadays joining the pool of such candidates. The rise in home grown terrorists has two important components: the process of radicalization and the causes for it are both linked to one common denominator – the society in which these young men live. On the one hand it rejects these men from its circle, and on the other hand it pushes them to look for other social networks.

CAUSES FOR RADICALIZATION

There are various opinions on the true causes for radicalization. Some authors say that "[t]he descent into homegrown terror among North American youths is typically an internal journey driven by teenaged disaffection and anger. It has little to do with geography, religion or heritage. Individuals drawn to radicalization

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Radicalization of Youth as a Growing Concern for Counter-Terrorism Policy

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have a desire to take action and do something significant, at the same time, they see the world in black-and-white terms and seek to align themselves with a virtuous cause” (Maclean’s, 2013). Alternatively, some young men, as was the case with the Tsarnaev brothers in Boston bombing last April, turn to radical ideology in order to project the blame for their internal suffering on the society around them (Reitman, 2013). The demise of their parents’ marriage and the subsequent abandonment of the teenagers in America left the brothers without financial or social support in rapidly deteriorating conditions (Reitman, 2013). Radical Islamist ideology offered an outlet for their anger at the country that supposedly failed them and set in motion the chain of events that led to the deadly end of Boston Marathon. Sageman’s (2004) argument supports this proposition, underlining that the reason for joining Salafi jihad is the alienation young men felt while living in foreign countries and not having gainful employment. Joining the jihad gave them an escape from personal sense of grievance and humiliation.



Fotosearch

In sum, the causes for radicalization can range from identity crisis, personal trauma, discrimination, segregation, and alienation to misinformation about Islam and Western foreign policy. However, there are other important factors that need to be present for the process of radicalization to take root.

PROCESS OF RADICALIZATION

According to Precht (2007), in Western Europe, for many, the process of radicalization begins when they are teenagers looking for a cause

and a stronger Muslim identity and increasingly finding the answer in the ideology of radical Islam. Often people are rather secular before they enter the radicalization process and, in general, radicalization is taking place within loose social networks of friends and peers (Precht, 2007). An important factor in radicalization is the presence of a charismatic person who can easily deliver persuasive speeches not only in Mosques but also in schools, universities, or even prisons. “Official sources indicate that many American homegrown Islamists have also been radicalized while incarcerated, including the members of the prisonformed Jamiyat al-Islam al-Sahih cell in California that was convicted in 2007 for its plans to attack not only synagogues but also the Israeli consulate in Los Angeles” (Benraad, 2009). Many of young potential radicals are not fully aware of their country’s history, as well, they lack proper knowledge of Islam and have not read the Quran to see that Islam is actually one of the more peaceful religions. The fact that preachers of Wahhabi Islam find to their advantage is that many young disenchanted

individuals are not knowledgeable about the entire scope of religion they are trying to embrace.

Another important factor to consider is the role of social networks in the process of radicalization. “Social links are key to the dynamics of terror networks” (Sageman, 2004). Group phenomenon is a strong factor in creating such network, because the potential jihadists were close friends or relatives when joining terrorist network and have done so not individually but as a group. Many youth enter the circles of radicals after the society rejected

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Radicalization of Youth as a Growing Concern for Counter-Terrorism Policy

...continued

them by finding virtual networks online, or in youth clubs and places of worship. The local community, by remaining disinterested in its youth, misses the cues that indicate the process of radicalization, as was the case with the Millennial Plot bombers in Montreal. Having been seen as “a bunch of guys” involved in petty crimes, living in an apartment on welfare, they were not taken seriously by the authorities, although their circle revolved around Kamel, who undergone military training and fought jihad in Bosnia (Sageman, 2004). Perhaps, this lapse in judgment was due to the same British multicultural approach that Canada has adopted to its immigration policies.

However, the process of radicalization apart from social isolation also involves the desire to affect political change. Krueger (2007) posits that terrorism is akin to voting. High opportunity cost of time, such as high paying job, should discourage people from voting, but on the contrary, it is precisely them who vote, because they care about influencing the outcome and consider themselves sufficiently informed to express their opinions (Krueger, 2007). Terrorists also care about influencing political outcomes: they care about a cause so deeply that they are willing to die for it. Terrorists are responding to geopolitical issues, and understanding the causes of terrorism can help prevent countries from pursuing counterproductive courses of action (Krueger, 2007).

IMPLICATIONS FOR COUNTER-TERRORISM

The major implication for counter-terrorism in the U.S., Canada and Western Europe is the citizenship of radicalized youths. Since many of these potential recruits are second-generation Muslims born in Western Europe or North America, or are recent converts to Islam, they have the freedom to travel internationally without being subjected to rigorous visa requirements. An alarming number of them do not have any prior ties to

Muslim identity or religion, and thus they are remaining under the radar of intelligence agencies.

At the same time, counter-terrorism policy in both North America and Europe has to take into consideration the impact of foreign policy perceptions on these young potential radicals. If the behavior of U.S. troops overseas will continue to resemble the behavior of colonizing metropolis, the domestic audience will risk increased radicalization, akin to the protests against the war in Vietnam. Thus, there will always be an internal political duel – to rally support for intervention in terrorist infested country, while at the same time to prevent backlash domestically. Countries that occupy other countries are more likely to be the target of terrorist attack (Krueger, 2007).

IMPLICATIONS FOR INTELLIGENCE

The liberties that legal provisions give to law enforcement in France would be met with the backlash from civil liberties’ protectors in the United States and Canada. The massive data collection by NSA in America that has been raking the news channels for the past months indicates a clear problem for intelligence agencies if they are to combat terrorism effectively.

And to add the fuel to the flame, the problem persists with a large volume of data collected by intelligence agents that they are physically unable to sort and compile into comprehensive reports, which would enable law enforcement to apprehend home-grown terrorists. The problem remains with having to decipher whether Internet traffic indicates a potential terrorist, radicalized youth, or a young researcher.

While the Internet and mass media are able to disseminate extremist propaganda, perhaps, there is a need to create a cyber-crime unit dedicated to counter-terrorism.

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communities, there is the need to have intelligence officers fluent in cultural intricacies of the immigrant population, and at the same time, the possibility to analyze the wealth of collected information, based on the knowledge of various cultures. Police and social workers need awareness training to be able to gauge early signs of radicalization in the community. Agents being knowledgeable and sensitive to the issue of youth isolation and radicalization will be able to establish good relationship with their neighborhoods.

At the same time, social integration of youth is extremely important along with counter ideology by education, involving Muslim community in the process of countering radicalization by teaching young people. This will address the need to create collective identity and develop shared values (Precht, 2007).

Increased public diplomacy focused on domestic politics to de-mystify Islam will also help in combatting radicalization, going hand in hand with addressing the need to fight relative deprivation and alienation. Local community engagement is vital in this battle for the minds of young people. Post-immigration support, for example, to integrate new Canadians in the society would help them develop ties to their community instead of forming closely knit Diasporas.

Also, it is important to remember that poor people care about surviving and putting bread on the table, they prioritize material gains, not politics. Knowing this will help law enforcement agencies turn their attention to those that are more susceptible to radicalization. Terrorist organizations prefer recruiting from the educated elite, whose members will be more successful in carrying out the attack (Krueger, 2007). Thus the emphasis should be on the demand side (terrorist organizations) – degrading their financial and technical capabilities and promoting peaceful means of protest should help counter-terrorism policy. Dampening (the supply) the flow of people willing to join terrorist organizations, according to Krueger (2007) is a policy that is unlikely to succeed.

FORECAST

It is important in the struggle for deradicalization of youth to engage local community to its fullest potential, as teachers, coaches and parents are missing the early cues of radicalization process. As a society of isolated individuals concerned with accumulation of wealth, North America and Western Europe are missing the link with their disenchanted young population that is spending increasingly more time online and less in the community.

The need to combat online radicalization, as well as local charismatic radical Islamists is placed on the shoulders of law enforcement, but the community has to share the burden if it is to be successful in this battle. Communication between all levels of governments and community is vital for the success of deradicalization.

Global Security Studies,
Winter 2014, Volume 5, Issue 1



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CYBER ATTACKS, HOMEGROWN TERRORISTS WORRY CANADIANS

www.cbc.ca

CBC News May 1, 2013

When Canadians were asked what they believe is the greatest threat to national security, the results were surprising and reveal a shift in opinion.

Thirty-eight percent of Canadians said cyber attacks against the government are the greatest threat, 38.8 percent said homegrown terrorists and only 10.2 per cent said foreign terrorists.

Thirty per cent say Canada is a low priority for terrorist attacks, 57.1 percent said it is a medium priority and 8.1 per cent said it is a high priority.

WHAT IS THE GREATEST THREAT TO CANADA'S NATIONAL SECURITY?

- Cyber attacks against the government . . 38.5%
- Homegrown terrorist 38.8%
- Foreign terrorists 10.2%
- Unsure 12.5%

Source: Nanos National RDD Crowdsourcing survey randomly recruited by telephone and delivered online to 1,002 Canadians. Accurate +/-3.1 percentage points, 19 times out of 20, conducted between Apr. 27-30, 2013. (CBC)

IS CANADA A LOW, MEDIUM OR HIGH PRIORITY FOR TERRORIST ATTACKS?

- Low 30.4%
- Medium 57.1%
- High 8.1%
- Unsure 4.5%

Source: Nanos National RDD Crowdsourcing survey randomly recruited by telephone and delivered online to 1,002 Canadians. Accurate +/-3.1 percentage points, 19 times out of 20, conducted between Apr. 27-30, 2013. (CBC)

"It's not the old terrorist frame, we're not worried about Al-Qaeda. We're worried about Canadians. We're worried about people in our communities. And we're also worried about those elusive invisible cyber attacks," Nik Nanos said.



REPORT A THREAT TO NATIONAL SECURITY

Are you aware of something that may pose a threat to national security, such as terrorism or espionage? If you believe CSIS should know about your information, please report it.

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IDENTIFYING RADICALS: THE FOUR TYPES OF YOUTH ATTRACTED TO EXTREMISM

A volunteer outreach worker, who aims to keep young people away from the allure of radicalization, says there are essentially four types of youth who turn to religious extremism.

Kamran Bhatti says youth who become attracted to terrorist groups often start out as kids with common gripes against society who turn to extremism as a solution. He says identifying the early signs of radicalization is crucial to protecting them from extremism.

In the last week, four young Canadians have reportedly died while fighting for ISIS in Syria. They included 24-year-old John Maguire, a former University of Ottawa student who appeared in a video posted online last December encouraging attacks on Canadian soil, as well as three Somali-Canadian cousins from Edmonton who left for the Middle East in 2013.

Bhatti runs a youth empowerment program through a not-for-profit organization called North American Spiritual Revival. The program encourages young Muslims to work for change and peace and encourages volunteer work.

While the program is aimed at all youth, Bhatti finds that a lot of parents refer their kids to his program when they appear to be attracted to extremist views.

"What we've found over the years is that the program has helped to shift the thought trajectories of youth who were headed down the path of radical thought," he told CTV's Canada AM from Hamilton, Ontario.

Bhatti has found that there are essentially four types of youth who are at risk of radicalization:

1) The mentally ill - The first category includes people with mental health or addiction issues who become obsessed with Islam. This group would include Michael Zehaf-Bibeau, the man who shot a soldier on the steps of the Canadian War Memorial in Ottawa and then stormed the

Parliament buildings. Bhatti says such individuals often need more than what his program can offer; they need to be treated by health care professionals.

2) The "flavour of the month" extremist - The second category comprises people who are drawn to extremism of any form. These people are often former anarchists, neo-Nazis, or environmentalist extremists, who are concerned with fighting the power – whatever that power might be. Bhatti says these people often try to convert to Islam because it's the new "flavour of the month." Typically, these youth lose interest in Islam after a little while and move on quickly.

3) The religious zealot - The third type is the religious zealot who believes that jihadism is required by their faith, and that they may need to die for their cause. Bhatti says these people have been more or less brainwashed and have adopted an "us vs. them" mentality. These youth are usually the farthest down the road to radicalization.



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"For individuals like this, there is often nothing we can do and we require RCMP and law enforcement to do their jobs," says Bhatti.

4) The disgruntled youth - The fourth type is one that Bhatti most commonly deals with: youth who are frustrated with society and have an axe to grind. These kids are often immigrants who aren't adapting to their new culture well, who have an employment grievance, or who are upset over something going on at home. These kids often become focused on injustices in the world in places such as Syria or Israel and begin to believe that violence is the best response, he says.

Bhatti says his program encourages these youth to channel their anger into creating change in their own communities.

"What we do with youth like that is we acknowledge that these grievances are valid. But what we try to steer them toward is the positive way to express that grievance. It's not through violence," he says.

The NASR program offers training on how to lobby government agencies for specific change and how to put across a positive message through the media.

The program's service model includes doing volunteer work, such as working for food pantries, handing out winter clothes to the homeless, and collecting food donations during Ramadan to give to the needy.

"The idea is we train them with practical life skills, plus we'll give them the opportunity to offer service and to have ownership of their community," says Bhatti.

www.ctvnews.ca

Angela Mulholland, CTV News

Published Friday, January 16, 2015



John Maguire, 24, of Ottawa, is seen in this undated photograph.



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TIMELINE OF PLOTS, ATTACKS, AND ALLEGATIONS

A gunman killed a soldier at the National War Memorial on Wednesday before being shot in Parliament Hill's Center Block. Prime Minister Stephen Harper said the attack will harden Canada's resolve to crack down on terrorists at home and abroad. Here are some past terrorism cases and terrorism allegations, as well as cases in which politicians or legislatures were attacked or such attacks were allegedly plotted:

2014: Two days prior to the latest incident, two Canadian soldiers were run over -- one of them later died -- in Quebec by a man authorities believed had jihadist sympathies. Martin Couture-Rouleau, 25, was shot and killed by police.

2013: Two people were arrested and charged with conspiring to blow up the British Columbia legislative building in the midst of Canada Day festivities. John Nuttall and Amanda Korody are each charged with knowingly facilitating a terrorist activity, making or possessing an explosive device, and conspiracy to place an explosive device with the intent to cause death or injury. None of the charges have been proven in court. The couple is scheduled to stand trial in January 2015.

2013: Chiheb Esseghaier and Raed Jaser were charged in connection with a plot -- allegedly guided by Al-Qaeda in Iran -- to attack a Via Rail/Amtrak passenger train that runs between Toronto and New York City. None of the charges have been proven in court. The pair are expected to stand trial in 2015.

2010: Police made three arrests in an alleged plot to commit acts of terror on Canadian soil. Misbahuddin Ahmed of Ottawa was convicted of two terrorism-related offences in July 2014. Hiva Mohammad Alizadeh pleaded guilty in September to possessing explosives with an intent to do harm and was sentenced to 24 years in prison. The third man arrested was acquitted of conspiring to facilitate terrorism.

2009: Software engineer Momin Khawaja, the first person charged under the Anti-Terrorism Act, was convicted for his role in a plot to plant fertilizer bombs in the United Kingdom. Khawaja, who is serving a life sentence, has denied the charges.



Home made explosive devices intended for terrorist attack at BC Legislature.

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The Saskatchewan College of Psychologists (College) is the regulatory body for the profession of Psychology in the province. The College's responsibility is to protect the interests of the public whom the profession serves. In Saskatchewan only those who are registered/licensed with the College may use the title "Psychologist" and may represent themselves as members of the profession. If you have any questions in regard to the profession or its members please contact the College at (306) 352-1699 or visit the website at www.skcp.ca.

TERRORISM IN CANADA: TIMELINE OF PLOTS, ATTACKS, AND ALLEGATIONS

...continued

2006: Police in Toronto arrested a large group of young men who later became known as the Toronto 18. They are accused of plotting to bomb targets including the Toronto Stock Exchange, CSIS headquarters and a military base. Eleven were ultimately convicted of terrorist offences. In January 2010, one of the men, Zakaria Amara of Mississauga, Ont., was sentenced to life in prison. Fellow suspect Saad Gaya from Oakville, Ont., was sentenced to 12 years.

1995: Quebec sovereignty supporter Andre Dallaire entered the prime minister's residence at 24 Sussex Drive while Jean Chretien and his wife were sleeping. He confronted Aline Chretien at the bedroom door. She summoned Mounties while the prime minister snatched up an Inuit sculpture in case the intruder crashed the door. Dallaire was found guilty of attempted murder, but was found not be criminally responsible because of his mental state.

1985: An Air India flight that departed from the Vancouver airport exploded in the skies over the Atlantic Ocean, killing all 329 people on board. Two Canadians were tried for the bombing, but were ultimately acquitted of mass murder. Only one conviction has been obtained in the case. Inderjit Singh Reyat, who pleaded guilty to manslaughter in the case, was convicted of perjury in 2010.

1984: Three people were killed when Canadian army supply clerk Denis Lortie opened fire inside the National Assembly in Quebec City in a bid to "destroy" Premier Rene Levesque. Lortie was convicted of first-degree murder after his first trial in 1985, but a new trial was ordered because of errors by the judge. In 1987, he pleaded guilty to reduced charges of second-degree murder, allowing him to be eligible for parole after 10 years.

1970: The October Crisis begins as the Front de Liberation du Quebec kidnaps British diplomat James Cross and, later, Labour Minister Pierre Laporte. Prime Minister Pierre Trudeau invokes the War Measures Act, which allows government to temporarily suspend civil liberties. Cross is released 60 days later but Laporte is found dead.

1966: Paul Joseph Chartier, an unemployed Toronto security guard with emotional problems, blew himself up with a bomb in a washroom down the hall from the public gallery of the House of Commons. His notes suggested he planned to throw his bomb onto the floor of the chamber.

www.ctvnews.ca

The Canadian Press

Published Thursday, October 23, 2014



Reuters



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MONTREAL TEEN SENTENCED TO 3 YEARS FOR TERROR-RELATED CHARGES

LACHINE TEEN FIRST IN CANADA TO BE CONVICTED FOR TRYING TO LEAVE CANADA TO JOIN TERROR GROUP

CBC NEWS – AS ORIGINALLY PUBLISHED ON APRIL 6, 2016

A Montreal teenager has been sentenced to three years on two terrorism-related charges.

The 16-year-old was found guilty in December of committing a robbery in association with a terrorist organization and of planning to leave Canada to participate in the activities of a terrorist group abroad.

The Lachine teenager is the first Canadian to be convicted of attempting to leave the country to participate in terrorism-related activities – one of the federal anti-terror laws passed in 2013.

He will serve 16 months in youth detention, followed by eight months of community service and one year of probation.

Teen with 'enormous potential'

The teenager's lawyer, Tiago Murias, said his client had "evolved enormously" since the case first came to light when the boy was turned over to police by his worried parents, when he was just 15.

"He is a very bright youth with enormous potential to be reintegrated into society," Murias said, adding that the judge and Crown prosecutor, along with the teen and his parents, agreed on the sentence.

"He is a young man with a future, who has accepted his sentence with serenity, finding it fair and reasonable."



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FOILED THREAT IN STRATHROY, ONTARIO SHOWS LIMITS OF CONTROLLING ASPIRING TERRORISTS

THE GLOBE AND MAIL

LEYLAND CECCO, TU THANH HA AND MAHNOOR YAWAR
STRATHROY, ONT. AND TORONTO — THE GLOBE AND MAIL
PUBLISHED THURSDAY, AUG. 11, 2016 9:55AM EDT

After receiving a morning tip from the United States about an imminent terror attack, Canadian authorities identified the suspect within hours and a tactical squad descended on a quiet residential street in Strathroy, Ont., intercepting the bomb-carrying man as he was about to leave town in a taxi Wednesday afternoon.

The suspect, 24-year-old Aaron Driver, died during the raid by the RCMP's Emergency Response Team, either from an officer's shot or by a device that he detonated from the back seat of the taxi outside his house.

"It was a race against time," RCMP Deputy Commissioner Mike Cabana told reporters on Thursday.

While officials praised the force's successful intervention, the episode also underlined the limits of the authorities' ability to control wannabe terrorists with judicial tools such as peace bonds.

Mr. Driver, a former Winnipeg resident long known for his sympathies toward the Islamic State, had been arrested in June of 2015. There was not enough evidence for criminal charges and he was released under a peace bond that required him to report regularly to an RCMP officer. But he was not under physical surveillance and an earlier bond condition that he wear an electronic tracking device had been rescinded in February.

"He was being supervised. The RCMP took the necessary steps to take him to court before a judge and put conditions on him,"

Deputy Commissioner Cabana said.

But he added that "He's one among several who have potential criminal intents. The ability to put them under surveillance 24 hours a day, seven days a week, does not exist."

Public Safety Minister Ralph Goodale acknowledged the limits of the peace bond. "No tool in dealing with these circumstances will be perfect. But from the investigation, we will learn any lessons that need to be learned," he said.

Some officials have felt that peace bonds, while imposing some restrictions on the activities of suspects, give little insight into what would-be terrorists do behind closed doors.

RCMP Assistant Commissioner Jennifer Strachan said there was no sign that Mr. Driver had an accomplice.

The man in the martyrdom video had pledged allegiance to IS leader Abu Bakr al-Baghdadi.

“Some officials have felt that peace bonds, while imposing some restrictions on the activities of suspects, give little insight into what would-be terrorists do behind closed doors.”

The Amaq news agency, which is close to IS, referred to Mr. Driver as a "soldier of the Islamic State," according to the SITE

continued...

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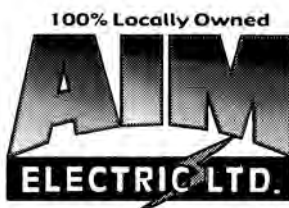
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FOILED THREAT IN STRATHROY, ONTARIO SHOWS LIMITS OF CONTROLLING ASPIRING TERRORISTS

...continued

Intelligence Group, which tracks extremist online activities.

The RCMP had been alerted on Wednesday by the U.S. Federal Bureau of Investigation that a masked man had made a martyrdom video and was expected to strike in Canada within 72 hours.

The tip came in at about 8:30 a.m., and by 11 a.m., Canadian authorities determined that it was Mr. Driver.

Brenda Carreiro, owner of the company Leo's Taxi, in Strathroy, told The Globe and Mail that Mr. Driver had asked to be taken to Citi Plaza, a mall in downtown London, 40 minutes away.

Assistant Commissioner Strachan said investigators have not yet determined the target of the alleged plot. Citi Plaza is not the main mall in London, but it is located near the city's Via Rail train station and the Greyhound bus terminal.

Transit agencies in Toronto and Vancouver have confirmed that they were warned of a security threat just before Wednesday's police operation.

Assistant Commissioner Strachan said police had taken position around Mr. Driver's house at about 4:30 p.m. on Wednesday, but they had not expected that he would call a taxi.

Ms. Carreiro said that as Mr. Driver got into the back seat of the cab, he said that he wanted to go to Citi Plaza in London. "The driver said he started to reverse and heard a bunch of gunshots, and [someone yelled], 'Just get out of the car and lay on the ground,'" Ms. Carreiro said.

Assistant Commissioner Strachan said Mr. Driver detonated an explosive device that he had with him. Photographs released by the RCMP show that the back seat was

shredded by the blast.

The taxi driver, who suffered minor injuries, told The Globe that he didn't remember the explosion, only the sound of gunshots. He declined to comment further.

Mr. Driver's father, Wayne, told the National Post that "our worst nightmare has come true. As sad and shocked as I am, it doesn't surprise me that it has come to this. Aaron was a good kid who went down a dark path and couldn't find the light again," he said.

Aaron Driver was known for making social-media posts supporting the Islamic State, using aliases such as Harun Abdurahman.

In addition, the RCMP said on Thursday, he had been in touch with several jihadis and terror suspects.

Deputy Commissioner Cabana said Mr. Driver was in "fairly constant" contact with a British youth later arrested for his role in a plot targeting Anzac Day celebrations in Australia.

In May, 2015, Mr. Driver exchanged encrypted messages with two IS jihadis from Britain, Reyaad Khan and Junaid Hussain, who were later killed in a drone strike in Syria.

He also was in touch through Twitter with Elton Simpson, one of the gunmen in an attack on a Garland, Tex., exhibit of cartoons of the Prophet Mohammed.

In the martyrdom video, which was shown by the RCMP, the masked man said Canada had received many warnings and could not escape retribution for fighting IS.

"There's a fire burning in the chest of every Muslim and that fire can be cooled only by the spilling of your blood," the man said in the video.

continued...



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FOILED THREAT IN STRATHROY, ONTARIO SHOWS LIMITS OF CONTROLLING ASPIRING TERRORISTS

...continued

He added: "You will pay for everything you have brought on us."

Mr. Driver's neighbours in Strathroy said he worked at Meridian Lightweight Technologies Inc., a company that manufactures automotive parts using magnesium.

“ Seeing some of the things that are happening in Syria, it infuriates you and it breaks your heart at the same time, and I think that if you know what’s going on, you have to do something. ”

While he kept a low profile, his next-door neighbour recalled odd incidents in recent months.

"He was just sort of in and out all of the time," Maria Pereira said.

"We'd hear banging in the back shed. I thought someone was living there," she said, noting that it began in the winter, when Mr. Driver is said to have moved into the house.

Ms. Pereira said she called Strathroy-Caradoc Police Service on July 31 after she heard what sounded like loud firecrackers. The police drove by, she said, but she doesn't remember them going to speak with the resident.

(When asked to confirm whether such a call was received or acted upon, a spokesperson for Strathroy police said, "You'll have to file a freedom of information request for that.")

Ms. Pereira said she saw Mr. Driver's sister leave the house with her children on Monday.

The estranged son of a Canadian Forces

corporal, Mr. Driver grew up in Ontario but was living in Winnipeg when his tweeting activities caught the attention of authorities in 2014.

He was arrested in June of last year because of concerns about his activities online. He agreed to a peace bond that restricted his movements and online activities.

The peace-bond conditions that he agreed to in February included living with his sister in Strathroy, as well as not possessing firearms or explosives, not possessing cellphones or computers, staying off social media and not possessing anything bearing the symbols of the Islamic State.



The ban on computers and cellphones was to end on Aug. 31.

In a 2015 interview with the CBC, Mr. Driver said he was not a terrorism threat, but he added, "I'm okay with soldiers or police officers being targeted" because of what they did to Muslims.

"Seeing some of the things that are happening in Syria, it infuriates you and it breaks your heart at the same time, and I think that if you know what's going on, you have to do something," he said.

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STATEMENT FROM MINISTER GOODALE FOLLOWING NATIONAL SECURITY THREAT

OTTAWA, AUGUST 10, 2016 -

Today, the Honourable Ralph Goodale, Minister of Public Safety and Emergency Preparedness, made the following statement:

"With respect to the police and security actions taken in Canada today, I have discussed the situation with the Prime Minister to confirm that public safety has been and continues to be properly protected.

There is no greater responsibility of the Government than to keep its citizens safe. Earlier today, the RCMP received credible information regarding a potential terrorist threat and took action to ensure public safety.

The Government of Canada monitors all potential threats and has robust measures in place to address them. However, Canadians should always remain alert to the danger of terrorism and report any suspicious activity to the National Security Tip Line (1-800-420-5805) or by contacting their local police.

Any comments on operational details will be made at the appropriate time by the RCMP.

Canadians can be confident that whenever credible information is obtained about a potential terrorist threat, the RCMP, CSIS and other police and security agencies take the appropriate steps to ensure the safety of this country and its citizens. These agencies conducted themselves effectively in the circumstances that developed today.

Taking all relevant information into account, the National Terrorism Threat Level for Canada remains at "medium" where it has stood since the fall of 2014."

For more information, please visit the website www.publicsafety.gc.ca.

<http://news.gc.ca>





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HOW POLICE CAN STOP A TERRORIST IN CANADA

Canadian police who suspect someone is involved in terrorism have a variety of tools at their disposal:

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DISRUPTION

For decades, police have occasionally made themselves known to groups they're investigating, in the hopes of scaring off the less-dedicated members. Since anti-terrorism Bill C-51 became law in June, Canadian Security Intelligence Service (CSIS) agents have been also able to disrupt threats, even with more drastic actions that break the law.



PASSPORT SEIZURE

For over a decade, the immigration minister has been able to suspend passports based on a reasonable belief a citizen might go abroad to commit a crime, including terrorism. As part of this year's budget bill, the government lowered the proof needed for revocation.

The RCMP has also started charging suspected terrorists with passport fraud for minor violations, instead of pursuing charges that require more proof. Some Canadians have managed to join terror groups abroad despite not having a valid passport.



PEACE BONDS

When police believe a terrorist act is imminent, they can ask a judge for a peace bond, similar to a probation order. Under threat of arrest, people can be given a tracking bracelet, or forbidden from using the Internet and communicating with terror groups.

Police tried to get a peace bond last summer for Martin Couture-Rouleau, but they didn't have enough proof. Months later, he killed a soldier in St-Jean-sur-Richelieu, Que.. Bill C-51 makes it easier for police to undertake preventative arrests as they gather evidence for charges or a peace bond.



CITIZENSHIP REVOCATION

Bill C-24, the Strengthening Canadian Citizenship Act, came into effect in late May. The government can now revoke Canadian citizenship from people eligible for foreign citizenship (even if they were born in Canada) if they are convicted of serious crimes like terrorism, including in foreign courts.



NO FLY LIST

Dubbed the Passenger Protect Program, the government has run a no-fly list since 2007. People are only notified they're on the list in certain cases. While they can appeal the decision, they rarely learn why they're on the list.



TERRORISM CHARGES

Months after the terror attacks of Sept. 11, 2001, the Liberal government passed the first Anti-Terrorism Act. Dozens of people have since been charged with attempting attacks at home. Last July, Mohamed Hersi was the first person convicted under the 2001 act for trying to join a terrorist group, facing 10 years for attempting to join al-Shabab in Somalia.



PROPAGANDA

Under Bill C-51, Canadians spreading terrorist propaganda can face up to five years in jail, and a judge can order such material to be deleted from Canadian computers.

Dylan Robertson, Calgary Herald

Published on: September 30, 2015

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AIM AND FUNDAMENTAL PRINCIPLES



The first priority of the Government of Canada is to protect Canada and the safety of Canadians at home and abroad. That means protecting the physical security of Canadians, and their values and institutions.

The Strategy is necessarily comprehensive because the terrorist threat is multidimensional. First, Canada has been and will continue to be a target of terrorists. Second, Canadian citizens and permanent residents are known to have been involved in terrorist activities or associated with international terrorist groups. Third, terrorists may try to use Canada as a base to finance, support or conduct attacks against other countries. The Strategy is directed against terrorism in all its dimensions.

Countering terrorism demands a global strategy of partnership with others. The Strategy ensures that Canada remains a capable and reliable partner in countering international terrorism and in defending Canada, Canadians and Canadian interests.

AIM OF THE STRATEGY

The aim of Building Resilience Against Terrorism is to counter domestic and international terrorism in order to protect Canada, Canadians and Canadian interests.

PRINCIPLES UNDERPINNING THE STRATEGY

Principles matter. They affirm Canada's democratic values. They provide a clear articulation of how Canada conducts its work. They explain to others around the world what Canada stands for, and what they can expect from Canada in countering the terrorist threat.

The Strategy is founded on six fundamental principles:

1. Building resilience
2. Terrorism is a crime and will be prosecuted
3. Adherence to the rule of law
4. Cooperation and partnerships
5. Proportionate and measured response
6. A flexible and forward-looking approach

These principles are based on fundamental Canadian values, as well as Canada's practical experience in dealing with terrorism. The Canadian experience has been shaped by a deep attachment to democracy, the rule of law, respect for human rights and pluralism. It is based on openness to ideas and innovations, and to people from every part of the world. It is also a society that rejects intolerance and violent extremism. Security ultimately depends upon a respect for these values. When they are imperilled, the safety and prosperity of everyone will be threatened.

continued...



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AIM AND FUNDAMENTAL PRINCIPLES



A proportionate and measured approach—one that has support and participation from all partners—is more likely to lead to long-term success in Canada’s overall counter-terrorism efforts, as well as in its efforts to build a resilient society.

BUILDING RESILIENCE

Resilience is both a principle and an underlying theme of the Strategy. Building a resilient Canada involves fostering a society in which individuals and communities are able to withstand violent extremist ideologies and challenge those who espouse them. They support and participate in efforts that seek to protect Canada and Canadian interests from terrorist threats. A resilient Canada is one that is able to mitigate the impacts of a terrorist attack, ensuring a rapid return to ordinary life.

TERRORISM IS A CRIME AND WILL BE PROSECUTED

Terrorist activities are criminal acts. The Government will always aim to support the prosecution of those responsible for terrorist activities in Canada and abroad whenever possible, taking into account any competing national security interests that may compromise the safety and security of Canadians. Criminal investigations into terrorist activity will continue to be led by the police, supported by the Canadian Security Intelligence Service (CSIS) and other agencies with security intelligence roles. Canada will work with foreign partners to build their legal capacity to investigate and prosecute terrorist activities and assist them in foreign prosecutions. Support for the prosecution of terrorists demonstrates the Government’s commitment to protecting the public and to countering terrorism.

ADHERENCE TO THE RULE OF LAW

Canadian society is built on the rule of law as a cornerstone of peace, order and good government. It follows that all counter-terrorism activities must adhere to the rule of law. Government institutions must act within legal mandates. Authorities for counter-terrorism efforts are defined by laws consistent with Canada’s Constitution, and that include mechanisms for accountability, oversight and review that protect Canadian society from the inadvertent erosion of the very liberties that Canada is determined to uphold. Accountability develops trust, which builds security.

This principle includes respect for human rights, both those enshrined in the *Canadian Charter of Rights and Freedoms* (the Charter) and in international legal obligations, such as international human rights and humanitarian law. Respecting and promoting human rights is fundamental to core Canadian values.

Security is also a human right. Terrorism is an attack against those very rights that are fundamental to Canadian society, such as freedom of thought, expression and association, and the right to life, liberty and security of the person.

The belief in human rights is fundamental. It governs policy choices and decision making, and it governs standards in investigations. It also guides Canada’s dealings with countries with questionable human rights records. Canadian officials will often be called upon to exercise careful judgment on these matters, but understanding the place of human rights at the core of Canada’s strategic approach provides guidance when making these decisions.

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AIM AND FUNDAMENTAL PRINCIPLES



COOPERATION AND PARTNERSHIPS

The Strategy is based on the knowledge that the terrorist threat can most effectively be countered through the extensive use of cooperation and partnerships. This includes partnerships between federal departments and agencies as well as with provincial, territorial and municipal governments. Partnerships with provincial and municipal law enforcement agencies are particularly crucial. It also means engaging with industry stakeholders, non-governmental organizations (NGOs), citizens and foreign governments.

Domestically, counter-terrorism involves many federal departments and agencies. Cooperation and seamless information sharing within and between security intelligence agencies and law enforcement is essential to effectively address the terrorist threat. These institutions in turn work with their provincial, territorial and municipal counterparts. One notable mechanism for doing so is through the Canadian Association of Chiefs of Police Counter-terrorism and National Security Committee. Current membership includes senior officials from the Royal Canadian Mounted Police (RCMP), from the provincial and municipal police forces across Canada and from CSIS, as well as the Correctional Service of Canada (CSC) and the Canadian Forces Provost Marshal. Governments partner extensively with the private sector and NGOs to protect the nation's critical infrastructure and bolster the resilience of communities.

Everyone is called upon to play a part. Government partnership with citizens is critical. Citizens need to be informed of the threat in an honest, straightforward manner to foster a deeper understanding of why particular actions are needed to respond to the threat. Working in local communities, citizens will also provide the most effective avenue to strengthen society so as to maximize resistance to violent extremism. Citizens have a responsibility to work with law enforcement and security personnel. In this way, Government stands shoulder to shoulder with citizens in standing up to violent extremist ideology.

Terrorism is a global threat. Events in other countries are inextricably linked to extremism in Canada. The global environment is more interdependent than ever before, and what happens abroad can have a significant impact domestically. The dividing lines between security policy and foreign and defence policy have blurred significantly. Countering the threat demands close cooperation with other countries. This means continuing collaboration with longstanding allies and well established international organizations, such as the North Atlantic Treaty Organization (NATO). It also means working with partners with which Canada has less history of dealing. Sometimes these efforts will be bilateral. At other times they will require working through multilateral fora, such as the United Nations (UN), the G8 and the Global Counterterrorism Forum. It may mean working to stabilize countries that provide a permissive threat environment. Foreign policy planning is more relevant to Canada's national security than ever before.

Canada is also an active participant in the work of the Financial Action Task Force (FATF), the international organization that sets standards with respect to combating money laundering and terrorist financing, and the Egmont Group, a forum for financial intelligence units around the world to facilitate and improve cooperation, especially in the area of information exchange, in the fight against money laundering and terrorist financing.

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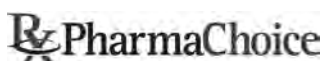
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AIM AND FUNDAMENTAL PRINCIPLES



PROPORTIONATE AND MEASURED RESPONSE

A proportionate and measured response to terrorism is the best way to act consistently with Canadian values and to preserve community support for counter-terrorism efforts.

Canada's approach to terrorism will be proportionate to the threat, neither an overreaction nor an underreaction. As security is a fundamental human right, the Government of Canada will uphold this right in a manner consistent with other Canadian rights and freedoms. Accordingly, the measures taken must be carefully designed to reasonably manage the actual threat while minimizing interference with the public as people go about daily activities.

A FLEXIBLE AND FORWARD-LOOKING APPROACH

Canada's response to terrorism must anticipate how the threat will evolve over time. Equally, Canada's efforts will focus on prevention and address factors that make individuals susceptible to violent extremist ideologies.

Terrorist groups adapt their techniques and capabilities to their operating environment. They use new technologies, respond to international and domestic events, and create new organizational structures and capabilities in response to domestic and international counterterrorism efforts. Canada's approach to counter-terrorism will be flexible and forward-looking to anticipate and adapt to these changes by adjusting counter-terrorism activities and priorities.

To maximize results under the Strategy, it must also address the factors that contribute to terrorism. For this reason, the Strategy seeks to address conditions that are conducive to terrorism through efforts, such as countering violent extremism and Canada's Counterterrorism Capacity Building Program.



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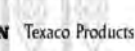
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THE STRATEGY

Prevent, Detect, Deny and Respond

This chapter describes how the Government is seeking to achieve the aim of countering domestic and international terrorism in order to protect Canada, Canadians and Canadian interests.

Building Resilience Against Terrorism has four mutually reinforcing elements:

Prevent individuals from engaging in terrorism;

Detect the activities of individuals and organizations who may pose a terrorist threat;

Deny terrorists the means and opportunity to carry out their activities; and

Respond proportionately, rapidly and in an organized manner to terrorist activities and mitigate their effects.

All four elements contribute to building a resilient Canada. The Prevent element fosters a Canada that is resistant to violent extremism. The Detect and Deny elements ensure Canada is able to identify terrorist activities early, and that it is a difficult target for would-be terrorists. The *Respond* element engenders a resilient society able to bounce back quickly when terrorist incidents do occur.

FRAMEWORK OF CANADA'S COUNTER TERRORISM STRATEGY



AIM

To counter domestic and international terrorism in order to protect Canada, Canadians and Canadian interests

PRINCIPLES

1. Building resilience
2. Terrorism is a crime and will be prosecuted
3. Adherence to the rule of law
4. Cooperation and partnerships
5. Proportionate and measured response
6. A flexible and forward-looking approach

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THE STRATEGY

Prevent, Detect, Deny and Respond

For each of the elements of the Strategy, a clear understanding of what is required to achieve success and how Canada's efforts are coordinated and contribute to the delivery of the Strategy, is necessary. Therefore, the remainder of this chapter sets out for each element:

- the *purpose* of that element of the Strategy;
- the *desired outcomes* Canada is seeking to achieve;
- and the *main programs and activities* that contribute to that element.

For an issue as complex and cross cutting as counter-terrorism, many programs and activities contribute to the attainment of more than one strategic outcome, and in some cases, support more than one element of the Strategy. The programs and activities identified here are discussed in relation to the element of the Strategy to which they make their primary contribution.

Prevent

PURPOSE

To prevent individuals from engaging in terrorism.

This element focuses on the motivations of individuals who engage in, or have the potential to engage in, terrorist activities at home and abroad. Canada aims to target and diminish the factors contributing to terrorism by actively engaging with individuals, communities and international partners, and through research to better understand these factors and how to counter them.

DESIRED OUTCOMES

- Resilience of communities to violent extremism and radicalization is bolstered.
- Violent extremist ideology is effectively challenged by producing effective narratives to counter it.
- The risk of individuals succumbing to violent extremism and radicalization is reduced.

PROGRAMS AND ACTIVITIES

Working with individuals and communities to counter violent extremism

The threat from violent extremism is a significant national security challenge. Radicalization, which is the precursor to violent extremism, is a process by which individuals are introduced to an overtly ideological message and belief system that encourages movement from moderate, mainstream beliefs towards extremist views. This becomes a threat to national security when individuals or groups espouse or engage in violence as a means of promoting political, ideological or religious objectives.

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THE STRATEGY

Prevent, Detect, Deny and Respond

The Strategy articulates Canada's commitment to addressing the factors contributing to terrorism, including radicalization leading to violence.

The threat of violent extremism does not originate from a single source, but a diverse range of groups and individuals who either actively participate in or who support violent extremist activities. For this reason, the *Prevent* element of the Strategy focuses primarily on building partnerships with groups and individuals in Canadian communities. Working closely with local-level partners will help foster a better understanding of preventative and intervention methods to stop the process of radicalization leading to violence.

Two examples of *Prevent* initiatives, which seek to promote government-community collaboration include:

- the Cross-Cultural Roundtable on Security, jointly supported by Public Safety Canada and the Department of Justice, which brings together leading citizens from their respective communities with extensive experience in social and cultural issues to engage with the Government on long-term national security issues; and
- the RCMP's National Security Community Outreach, which responds directly to the threat of radicalization leading to violent extremism through local initiatives intended to address potential political violence and to identify and address the concerns of minority communities.

To effectively counter violent extremism, a culture of openness must exist between citizens and government. This will require the Government to share knowledge with Canadians about the nature of the terrorist threat in order to foster a deeper understanding of the need for particular actions. The role of law enforcement and CSIS is pivotal. They can offer knowledge and analysis of the threat, which can assist governments and communities to develop more effective responses.

In this way, the *Prevent* element requires law enforcement and CSIS to develop strong capabilities in community engagement, including the enhanced language and cultural awareness skills needed to engage with diverse Canadian communities.

Other Government departments, such as Public Safety Canada, Citizenship and Immigration Canada (CIC), CSC and the Department of Foreign Affairs and International Trade (DFAIT) also have supporting programs that directly or indirectly help mitigate the threat of violent extremism in Canada and abroad.

Alternative Narrative

Some terrorist organizations have developed sophisticated propaganda and outreach strategies. Terrorist groups communicate with people who are potentially susceptible to violent extremist ideology through various media, especially the Internet, which has evolved as a significant forum for violent extremist communication and coordination.

The *Prevent* element would focus on providing positive alternative narratives that emphasize the open, diverse and inclusive nature of Canadian society and seek to foster a greater sense of Canadian identity and belonging for all. Programs would be aimed at raising the public's awareness of the threat and at empowering individuals and communities to develop and deliver messages and viewpoints that resonate more strongly than terrorist propaganda.

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THE STRATEGY

Prevent, Detect, Deny and Respond

Working with International Partners

Under the *Prevent* element, Canada will continue to coordinate its efforts with like-minded countries to stabilize fragile states and limit the conditions conducive to the development of violent extremism globally. This will include the work of DFAIT, the RCMP, CSIS, the Department of National Defence and the Canadian Forces (DND/CF) and the Canadian International Development Agency.

Under the *United Nations Global Counter-Terrorism Strategy* (2006), member states are to address the conditions conducive to the spread of terrorism by strengthening existing programs on conflict prevention, negotiation, mediation, conciliation, peacekeeping and peace building. They also emphasize initiatives that promote inter-religious and inter-cultural tolerance, reduce marginalization and promote social inclusion. DFAIT has developed projects to work with communities to counter violent extremism in regions of concern, and to promote democratic values.

Detect

PURPOSE

To detect the activities of individuals and organizations who may pose a terrorist threat.

To counter the terrorist threat, knowledge is required on the terrorists themselves, their capabilities and the nature of their plans. It is also necessary to identify who supports their activities. Canada does this through investigation, intelligence operations and analysis, which can also lead to criminal prosecutions. Detection requires strong intelligence capacity and capabilities, as well as a solid understanding of the strategic drivers of the threat environment, and extensive collaboration and information sharing with domestic and international partners.

DESIRED OUTCOMES

1. Terrorist threats are identified in a timely fashion.
2. Robust and comprehensive detection of terrorist activity and effective alerting systems are in place.
3. Information is shared effectively, appropriately and proactively within Canada, with key allies and non-traditional partners.

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THE STRATEGY

Prevent, Detect, Deny and Respond

PROGRAMS AND ACTIVITIES

For effective detection, Canada must have strong capabilities for the collection, analysis and dissemination of usable intelligence.

Collection

The primary Government of Canada collection organizations are CSIS, the Communications Security Establishment Canada (CSEC) and the RCMP. CSIS and the RCMP use a full range of collection methods. CSEC acquires and provides foreign signals intelligence (SIGINT) in accordance with the Government's intelligence priorities and provides technical and operational support to law enforcement and security intelligence agencies.

Other federal organizations, such as DND/CF, DFAIT, the Canada Border Services Agency (CBSA), Transport Canada, the Financial Transactions and Reports Analysis Centre (FINTRAC), and the Charities Directorate of the Canada Revenue Agency (CRA) also collect information in support of their primary responsibilities, which is important in establishing a broader counter-terrorism intelligence picture. For these organizations the exchange of information with domestic and international partners is crucial.

The Department of Finance is currently developing options to enhance the exchange of intelligence between FINTRAC and its federal partners. In addition, FINTRAC contributes to the prevention and deterrence of terrorist financing by ensuring compliance with the *Proceeds of Crime (Money Laundering) and Terrorist Financing Act* (PCMLTFA). Millions of financial transaction reports are sent to FINTRAC each year by banks, credit unions and other financial intermediaries, resulting in financial intelligence that assists in the investigation and prosecution of money laundering, terrorist activity financing and other threats to the security of Canada. These measures strengthen Canada's financial system by deterring individuals from using it to carry out terrorist financing or other criminal activity. To further strengthen Canada's anti-terrorist financing regime, an Illicit Financing Advisory Committee comprised of several federal partners has been developed to identify illicit financing threats from abroad and to develop targeted measures to safeguard Canada's financial and national security interests.

In order to detect and address risks to the charitable sector, the Charities Directorate of the CRA reviews applications and conducts audits, as well as collects and analyzes multisource intelligence. It also exchanges information with Canadian intelligence and law enforcement partners in compliance with the *Income Tax Act*, the *Charities Registration (Security Information) Act*, and the PCMLTFA.

A number of *Detect* initiatives promote partnership and cooperation in collection. For example, the RCMP:

- leads Integrated National Security Enforcement Teams (INSETs), based in Vancouver, Toronto, Ottawa and Montreal, which bring together federal, provincial and municipal police and intelligence resources to collect, share and analyze information in support of criminal investigations and threat assessments;

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THE STRATEGY

Prevent, Detect, Deny and Respond

- operates a Critical Infrastructure Intelligence Team examining physical and cyber threats to critical infrastructure, which includes a Suspicious Incident Reporting system to gather information from private industry and local law enforcement about suspicious incidents;
and
- operates a Counter-terrorism Information Officer initiative that provides first responders with terrorism awareness training on key indicators of terrorist activities, techniques and practices in order to help detect threats at the earliest stage possible.

Collection also occurs at the border. Through its Immigration Security Screening program, CBSA, in collaboration with CSIS, can detect the movement of potential subjects of interest as they apply for temporary or permanent residence, or refugee status. Information provided by CSIS facilitates CIC and CBSA in their efforts to assess the admissibility of these individuals under the *Immigration and Refugee Protection Act* (IRPA). CBSA also plays a role in the monitoring of cross-border currency flows, and can seize unreported currency flows suspected of being the proceeds of crime or related to terrorist financing.

Collection activities also occur outside Canada. For example, CSEC produces and disseminates foreign SIGINT to support government decision making in several areas, such as national security. CSIS conducts security intelligence collection and operations abroad in support of its mandate, and maintains strong relationships with foreign agencies with which it regularly exchanges information on potential threats to the security of Canada. DND/CF can provide strategic reconnaissance to collect or verify information in support of other government departments. Through the broad range of contacts in its overseas network, DFAIT assesses social, economic, security and political developments that help define a global threat environment. The RCMP carries out extraterritorial investigations of terrorist activity when committed against a Canadian citizen or by a Canadian citizen abroad.

Achieving the desired results under *Detect* requires cooperation between security intelligence agencies, and federal, provincial, territorial and municipal law enforcement. It also involves international cooperation with close allies. This includes Canada's traditional allies, such as NATO, INTERPOL and EUROPOL, but will also involve increasing interaction with nontraditional partners Canada has less history in dealing with.

Analysis

Once information is collected, it must be analyzed to produce intelligence. Government departments and the security intelligence agencies have their own analysis and assessment units reflecting their particular responsibilities. The key organizations within the assessment community are discussed below. Other organizations provide assessments reflecting their particular responsibilities.

The Privy Council Office International Assessment Staff (PCO IAS) plays a leading role in coordinating the efforts of the Canadian assessment community and provides PCO and other senior government clients with policy-neutral assessments of foreign developments and trends that may affect Canadian interests.

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DFAIT provides assessments supporting government departments concerned with international affairs as well as support to diplomatic missions, while DND/CF provide assessments on issues of concern to the defence community.

CSIS combines the information they collect themselves with information from other sources to provide intelligence assessments on terrorist threats.

FINTRAC provides strategic financial intelligence and tactical disclosures to the security and intelligence community. Financial intelligence includes analysis of trends, patterns and typologies, and provides a detailed picture of suspicious monetary movements, establishing complex links between individuals, businesses and accounts, in support of law enforcement investigations and prosecutions of terrorism related offences.

The RCMP also prepares tactical and strategic assessments in support of RCMP operations and planning, and contributes to overall Government of Canada assessment efforts through participation in PCO IAS and the Integrated Terrorism Assessment Centre (ITAC).

ITAC provides comprehensive and timely assessments of the terrorist threat to Canadian interests at home and abroad that integrate intelligence from across departments and agencies and from external partners. ITAC is a government resource staffed by federal representatives from a wide range of federal government institutions. Wide department and agency representation provides ITAC with strong institutional expertise, as well as access to the information holdings of their home organizations.

Dissemination

An effective approach to counter-terrorism requires that the intelligence resulting from collection and analysis activities be shared promptly with those who need it. For this reason, information sharing arrangements have been developed to disseminate threat information:

- within the Government of Canada;
- between the Government of Canada and provinces and territories;
- between the Government of Canada and specific sectors and owners of critical infrastructure; and
- with international partners.

It is important to note the role of three operations centres in this context:

- the Government Operations Centre (GOC), housed at Public Safety Canada, is a Government of Canada asset which, on behalf of the Government of Canada, supports response coordination across government and for other key national players in response to emerging or occurring events affecting the national interest;
- Marine Security Operations Centres (MSOCs) feature the co-location of five core Canadian federal partners, for the purpose of collecting and sharing information on the marine environment to create a maritime domain awareness picture; and
- DFAIT's Operations Centre monitors world events, alerts senior governmental officials to items of national interest and supports interdepartmental task force groups. It may also become the focal point for communication with affected missions and other government departments and agencies in incidents abroad.

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THE STRATEGY

Prevent, Detect, Deny and Respond

Internationally, Canada has well-established practices for sharing counter-terrorism information with allies, multilateral agencies like NATO and other key partners. Over time, Canada will strengthen relationships with current partners while seeking and developing new partnerships. The Strategy will serve to reinforce security initiatives between Canada and the U.S. and will complement the Canada-U.S. *Beyond the Border: A Shared Vision for Perimeter Security and Competitiveness*.

In order to effectively detect the terrorist or terrorist financing threat, federal government departments and agencies must share information efficiently amongst themselves; with the provinces, territories and municipalities; with Canada's allies and with non-traditional international partners; as well as with private sector stakeholders. Public Safety Canada and the Department of Justice continue to lead the development of legislative proposals to improve information sharing among departments and agencies for national security purposes that are consistent with the *Charter* and the *Privacy Act*.

The Government must leverage new technologies to ensure that information required for national security purposes is available to decision makers in a timely manner. The Government is working to upgrade this infrastructure, which provides the tools required by front line personnel and others to share classified information.

Deny



PURPOSE

To deny terrorists the means and opportunity to carry out their activities in order to protect Canadians and Canadian interests.

Intelligence and law enforcement actions, prosecutions, and domestic and international cooperation are important to mitigate vulnerabilities and aggressively intervene in terrorist planning. The end goal is to make Canada and Canadian interests a more difficult target for would-be terrorists.

DESIRED OUTCOMES

1. A strong ability to counter terrorist activities at home and abroad is maintained.
2. Prosecutions are pursued and concluded effectively.
3. The means and opportunity to support terrorist activities are denied.
4. Strong cooperation with key allies and non-traditional partners is maintained.

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THE STRATEGY

Prevent, Detect, Deny and Respond

Respond



PURPOSE

To respond proportionately, rapidly and in an organized manner to terrorist activities and to mitigate their effects.

Building resilience involves strengthening Canada's ability to manage crises, so that should a terrorist attack occur, Canada can quickly return to the routines of ordinary life. This includes supporting Canadians in need, protecting Canadian interests and minimizing the impact of terrorist activity.

DESIRED OUTCOMES

1. Capabilities to address a range of terrorist incidents are in place.
2. Rapid response and recovery capability of critical infrastructure is maintained.
3. Continuity of government and basic social institutions is ensured.
4. Government leadership through effective public messaging is demonstrated.

PROGRAMS AND ACTIVITIES

Respond programs and activities provide the capability for immediate coordinated response that will mitigate the damage of an incident, as well as longer term recovery.

The immediate response to an incident will often involve strong coordination of effort between federal departments and agencies and could also include provincial, territorial and municipal authorities, as well as private businesses, critical infrastructure owners and operators and the general public, depending on where the incident occurs and the extent of the impacts.

INSETs or NSES will lead the post-incident criminal investigation to apprehend perpetrators, prevent further related terrorist attacks and support prosecutions in the criminal courts.

Longer term recovery relies on the existence of resilient social institutions and partnerships between governments, businesses, individuals and NGOs to rebuild communities and bring those responsible to justice.

Integrated Response – Incident in Canada

In practice, the immediate response to terrorist incidents, as in other emergencies, will be led by local law enforcement and emergency management authorities. This will often involve the RCMP as the first police responder in those provinces and territories where it provides local police services.

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THE STRATEGY

Prevent, Detect, Deny and Respond

Government has adopted an all hazards approach to emergency management. This is articulated in the Federal Emergency Response Plan (FERP), managed by the Minister of Public Safety. The FERP is designed to integrate with other plans across all levels of government, the private sector and the community as a whole. Federal departments and agencies are responsible for developing emergency management plans for risks in their areas of accountability, consistent with guidance from Public Safety Canada. Other plans and protocols, which are annexed to the FERP, provide for responses to specific situations. Examples include the Marine Event Response Protocol and the Air Incident Protocol.

The FERP outlines circumstances, such as the need for federal support to deal with an emergency, where an integrated Government of Canada response is required. It sets out departmental roles in an emergency, governance and coordination structures and practical arrangements for providing information to government decision makers.

Particular terrorist incidents may involve specified responses from designated agencies. For example, in accordance with the *National Defence Act* or as an exercise of the Crown Prerogative, the CF can be called upon to support the Government of Canada's counterterrorism efforts and respond directly to terrorist incidents in Canada. PHAC is responsible for surveillance for diseases and events resulting from the use of CBRNE agents and coordinating a public health response to a terrorist incident. Health Canada also provides monitoring services, hazard assessments, information and advisories and decontamination strategies for CBRNE events. PHAC also maintains the National Emergency Stockpile System, which contains medical countermeasures against CBRNE agents and disaster medical supplies for use in mass casualty events.

Integrated Response – Incident Abroad

For a terrorist or security related incident abroad, the Minister of Foreign Affairs, supported by DFAIT, leads Canada's response. The Canadian response to an incident will vary depending on the nature of the incident. It might include the provision of consular assistance to Canadians overseas; financial or physical aid; or deployments of experts from the federal national security community.

Major Events

Ad hoc working groups plan and prepare for the security aspects of major events, such as the 2010 Winter Olympics in British Columbia and the 2010 G8/G20 summits in Ontario. These usually involve the different levels of government affected by the event, and response arrangements are tailored to the particular event in question.

In addition, Health Canada is mandated to provide services to support the overall security objectives for major international events, specifically in the areas of health and safety of federal government employees, surveillance and response to radiological nuclear threats, and support to first responders in the event of a CBRNE event or disease outbreak.





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Taking Care of Ourselves, Our Families Our Communities

Responding to Stressful Events:

Taking Care of Ourselves, Our Families and Our Communities

Natural or human-caused disasters such as earthquakes, health emergencies, terrorist attacks or acts of war challenge our coping skills, even if we only witness them on television. If they touch our lives more closely (for example, if they occur near where we live, or affect people we know) they can cause a lot of distress, fear and anxiety. We worry about our own safety, the safety of our loved ones and our community.

Events of this kind can also stir up memories and feelings about violent or painful events that we may have experienced in the past: the death of a family member or friend in an accident; a serious illness or injury; the loss of a job; family violence or sexual assault. And of course, the stress of a large-scale disaster can make any stressful circumstances we are currently facing more difficult to handle.

It is important to be aware that stressful feelings are normal when our lives are touched by catastrophic events, and that there are steps we can take to feel better.

Things to Keep in Mind

It is important to know that:

- People of all ages are strong and resilient, and most recover within a short period of time.
- You have knowledge and experience that can help your family and your community cope with the stresses triggered by catastrophic events.
- Reassuring people about their safety and explaining what measures are being taken to protect them is an important step in helping them cope.
- Parents', caregivers' and community leaders' own responses to an event strongly influences children's and community members' ability to recover.

Feelings and Reactions to Stressful Events

In the wake of stressful events such as a disaster or terrorist attack our reactions can:

Affect us physically: We may have headaches, back pain, stomach aches, diarrhea, problems with sleeping, tightness in neck and shoulders, low energy or general tiredness, loss of appetite or tendency to eat more "comfort foods" or use more alcohol, drugs and tobacco.

Affect us emotionally: We may feel sad, angry, guilty, helpless, numb, confused, discouraged, worried and anxious about the future, and afraid that a similar event may reoccur. Feelings can come and go like the tides, building up then fading away, only to come back and fade away again. They can also come out of the blue when we least expect it.

Affect our thinking: It may be hard to concentrate, to stop thinking about the events, hard to remember day-to-day things. Memories of other sad or difficult events from the past may surface. Thoughts, like feelings, can also come out of the blue, while reading, talking, having a meeting, driving, etc.

Affect our sense of safety: We may find it hard to leave home or loved ones; we may tend to overprotect our children; or, we may be nervous about travelling by plane.

These reactions are normal in situations of stress


Most of us have had some of these reactions. Some of us may feel them more strongly or more often than others but it is reassuring to know that these are common reactions when people experience a very stressful event. In other words, you are not alone.

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RESPONDING TO STRESSFUL EVENTS

Stressful events, even major crises, are part of life. In most cases, our life experience has given us the strengths and skills we need to gradually work through our feelings and reactions. Friends and family can help. Here are some healthy ways of looking after both ourselves and one another:

Taking care of ourselves

- Take breaks from the media reports and from thinking and talking about the events.
- Take time to relax and exercise. This will help decrease stress and tension and help you be more alert, sleep and eat better, and get back on track.
- Talk with friends, relatives, co-workers, teachers or leaders of your faith community. Talk about your thoughts, feelings and reactions. Comfort one another. Talking with others can make you feel less alone and help you sort out reactions to the events. Remember to talk about the normal issues and pleasures of your life as well - don't let disaster take over every conversation.
- Some may be quite affected by these events, others less. Patience and understanding with one another are two of the best ways to help.
- Be careful about making major decisions if you are very upset.
- Get back to your daily routine. Do things you enjoy to help restore a sense of safety and control.
- Watch what you eat. Eat healthy foods.
- Be physically active, doing something you enjoy.
- Don't use alcohol to numb your feelings. This can set up an unhealthy pattern and can lead to more serious problems down the road.
- Get a good night's sleep.

Taking care of our families

- Reassure family members who may be worried about their safety and about the future.
- Take time to talk about the events. Relax together. For example, go to a movie or for a meal. Remember, taking time out is not a cop-out.
- Everybody needs to be heard and understood.
- Visit with relatives and friends.

Taking care of older relatives

Today's seniors are an independent, resourceful group who have weathered many storms. Catastrophic events may trigger memories of previous painful experiences. Some seniors may be concerned about their safety and about the future. Others may feel sad, confused and disorganized for a while. Coping may be more difficult for seniors suffering from depression, thinking and memory problems, those living alone or those with few social supports.

You can help by:

- Visiting older people: parents, friends, relatives, neighbours.
- Talking with them about their thoughts, feelings and reactions.
- Including them in social and recreational activities.
- Reassuring them that you are available should they want to talk or need help.

Taking care of our communities

- Take part in information meetings about the events.
- Attend memorials, candlelight vigils.
- Attend inter-religious events.
- In the case of terrorism or war, don't let racism poison your community. When people are afraid or angry,

continued...



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RESPONDING TO STRESSFUL EVENTS

they often want to blame and punish someone.

- Help any group you are part of to be fair, accepting and understanding.

Delayed reactions

Some of us react strongly at the time stressful events happen. Others react later, after a few days or even a few weeks. Delayed reactions can be confusing. Remember, not everyone reacts the same way. Following the tips on self-care given above will help you deal with delayed reactions.

When to Seek Help

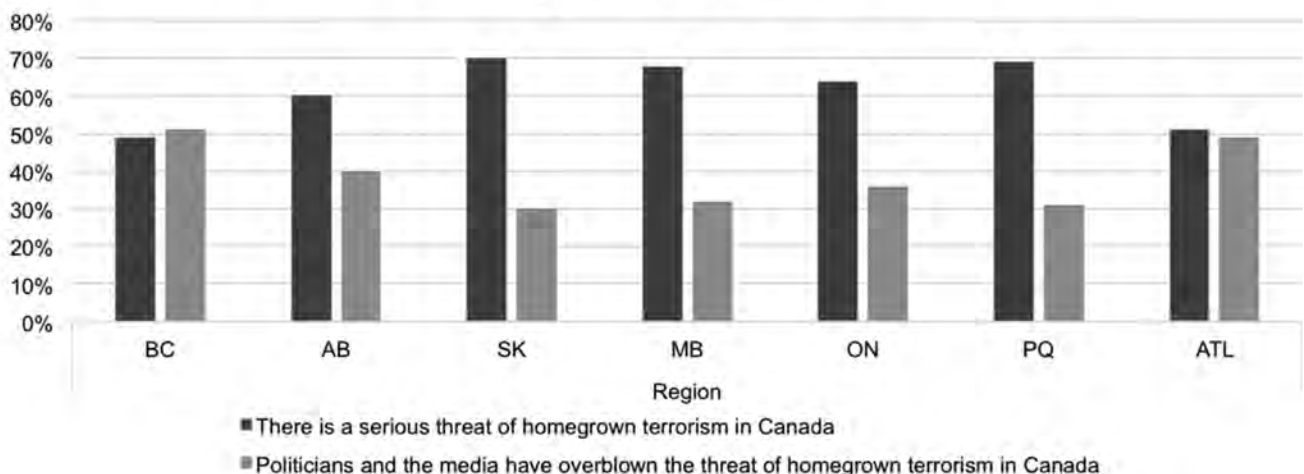
This information is a reference point to help you to understand some of the stress reactions you or other family members or friends may experience. If, at any time, you feel overwhelmed and unable to cope it is important to seek out additional assistance. Here are some circumstances which indicate that it is time to get help by speaking to a health professional such as a psychologist, family doctor, psychiatrist, social worker or nurse:

- Can't return to a normal routine
- Feeling extremely helpless
- Having thoughts of hurting self or others
- Using alcohol and drugs excessively

Resources in your community which may be available for help

- Distress or crisis centres
- Local hospital
- Family service agency
- Bereavement group
- Leader of your faith community
- Family and friends you can call to talk things over

Is homegrown terrorism a serious threat or has it been overblown by politicians and the media?





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TERRORISM PREPAREDNESS



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About Terrorism

Terrorist attacks like the ones we experienced on September 11, 2001 have left many concerned about the possibility of future incidents of terrorism in the United States and their potential impact. They have raised uncertainty about what might happen next, increasing stress levels. There are things you can do to prepare for terrorist attacks and reduce the stress that you may feel now and later should another emergency arise. Taking preparatory action can reassure you and your children that you can exert a measure of control even in the face of such events.

What You Can Do to Prepare for Terrorism

Finding out what can happen is the first step. Once you have determined the events possible and their potential in your community, it is important that you discuss them with your family or household. Develop a disaster plan together.

What to Do If a Terrorism Event Occurs

- Remain calm and be patient.
- Follow the advice of local emergency officials.
- Listen to your radio or television for news and instructions.
- If the event occurs near you, check for injuries. Give first aid and get help for seriously injured people.
- If the event occurs near your home while you are there, check for damage using a flashlight. Do not light matches or candles or turn on electrical switches. Check for fires, fire hazards and other household hazards. Sniff for gas leaks, starting at the water heater. If you smell gas or suspect a leak, turn off the main gas valve, open windows, and get everyone outside quickly.
- Shut off any other damaged utilities.
- Confine or secure your pets.



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- Call your family contact—do not use the telephone again unless it is a life-threatening emergency.
- Check on your neighbors, especially those who are elderly or disabled.

A Word on What Could Happen

As we've learned from previous events, the following things can happen after a terrorist attack:

- There can be significant numbers of casualties and/or damage to buildings and the infrastructure. So employers need up-to-date information about any medical needs you may have and on how to contact your designated beneficiaries.
- Heavy law enforcement involvement at local, state and federal levels follows a terrorist attack due to the event's criminal nature.
- Health and mental health resources in the affected communities can be strained to their limits, maybe even overwhelmed.
- Extensive media coverage, strong public fear and international implications and consequences can continue for a prolonged period.
- Workplaces and schools may be closed, and there may be restrictions on domestic and international travel.
- You and your family or household may have to evacuate an area, avoiding roads blocked for your safety.
- Clean-up may take many months.

Finding out what can happen is the first step. Once you have determined the events possible and their potential in your

community, it is important that you discuss them with your family or household. Develop a disaster plan together.

PREPARE

Finding out what can happen is the first step. Once you have determined the events possible and their potential in your community, it is important that you discuss them with your family or household. Develop a disaster plan together.

1. Create an emergency communications plan.

Choose an out-of-town contact your family or household will call or e-mail to check on each other should a disaster occur. Your selected contact should live far enough away that they would be unlikely to be directly affected by the same event, and they should know they are the chosen contact. Make sure every household member has that contact's, and each other's, e-mail addresses and telephone numbers (home, work, pager and cell). Leave these contact numbers at your children's schools, if you have children, and at your workplace.

2. Establish a meeting place.

Having a predetermined meeting place away from your home will save time and minimize confusion should your home be affected or the area evacuated. You may even want to make arrangements to stay with a family member or friend in case of an emergency. Be sure to include any pets in these plans, since pets are not permitted in shelters and some hotels will not accept them.

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TERRORISM PREPAREDNESS ...continued

3. Assemble an emergency preparedness kit.

If you need to evacuate your home or are asked to "shelter in place," having some essential supplies on hand will make you and your family more comfortable. Prepare a disaster supplies kit in an easy-to-carry container such as a duffel bag or small plastic trash can. Include "special needs" items for any member of your household (infant formula or items for people with disabilities or older people), first aid supplies (including prescription medications), a change of clothing for each household member, a sleeping bag or bedroll for each, a battery-powered radio or television and extra batteries, food, bottled water and tools. It is also a good idea to include some cash and copies of important family documents (birth certificates, passports and licenses) in your kit.

Copies of essential documents-like powers of attorney, birth and marriage certificates, insurance policies, life insurance beneficiary designations and a copy of your will-should also be kept in a safe location outside your home. A safe deposit box or the home of a friend or family member who lives out of town is a good choice.

Emergency preparedness kit supplies are available on the Red Cross Store.



4. Check on the school emergency plan of any school-age children you may have.

You need to know if they will they keep children at school until a parent or designated adult can pick them up or send them home on their own. Be sure that the school has updated information about how to reach parents and responsible caregivers to arrange for pickup. And, ask what type of authorization the school may require to release a child to someone you designate, if you are not able to pick up your child. During times of emergency the school telephones may be overwhelmed with calls.

RESPOND DURING

If an Event of Terrorism Occurs

- Remain calm and be patient.
- Follow the advice of local emergency officials.
- Listen to your radio or television for news and instructions.
- If the event occurs near you, check for injuries. Give first aid and get help for seriously injured people.
- If the event occurs near your home while you are there, check for damage using a flashlight. Do not light matches or candles or turn on electrical switches. Check for fires, fire hazards and other household hazards. Sniff for gas leaks, starting at the water heater. If you smell gas or suspect a leak, turn off the main gas valve, open windows, and get everyone outside quickly.
- Shut off any other damaged utilities.
- Confine or secure your pets.
- Call your family contact—do not use the telephone again unless it is a life-threatening emergency.


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TERRORISM PREPAREDNESS *...continued*

- Check on your neighbors, especially those who are elderly or disabled.

Evacuation During a Terror Attack

If local authorities ask you to leave your home, they have a good reason to make this request, and you should heed the advice immediately. Listen to your radio or television and follow the instructions of local emergency officials and keep these simple tips in mind:

- Wear long-sleeved shirts, long pants and sturdy shoes so you can be protected as much as possible.
- Take your disaster supplies kit.
- Take your pets with you; do not leave them behind. Because pets are not permitted in public shelters, follow your plan to go to a relative's or friend's home, or find a "pet-friendly" hotel.

- Lock your home.
- Use travel routes specified by local authorities—don't use shortcuts because certain areas may be impassable or dangerous.
- Stay away from downed power lines.

Listen to Your Local Authorities

Your local authorities will provide you with the most accurate information specific to an event in your area. Staying tuned to local radio and television, and following their instructions is your safest choice.

If you're sure you have time:

- Call your family contact to tell them where you are going and when you expect to arrive.
- Shut off water and electricity before leaving, if instructed to do so. Leave natural gas service ON unless local officials advise you otherwise. You may need gas for heating and cooking, and only a professional can restore gas service in your home once it's been turned off. In a disaster situation it could take weeks for a professional to respond.

If you are advised by local officials to "shelter in place," what they mean is for you to remain inside your home or office and protect yourself there. Close and lock all windows and exterior doors. Turn off all fans, heating and air conditioning systems. Close the fireplace damper. Get your disaster supplies kit, and make sure the radio is working. Go to an interior room without windows that's above ground level. In the case of a chemical threat, an above-ground location is preferable because some chemicals are heavier than air, and may seep into basements even if the windows are closed. Using duct tape, seal all cracks around the door and any vents into the

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TERRORISM PREPAREDNESS ...continued

room. Keep listening to your radio or television until you are told all is safe or you are told to evacuate. Local officials may call for evacuation in specific areas at greatest risk in your community.



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Additional Positive Steps You Can Take

Raw, unedited footage of terrorism events and people's reaction to those events can be very upsetting, especially to children. We do not recommend that children watch television news reports about such events, especially if the news reports show images over and over again about the same incident. Young children do not realize that it is repeated video footage, and think the event is happening again and again. Adults may also need to give themselves a break from watching disturbing footage. However, listening to local radio and television reports will provide you with the most accurate information from responsible governmental authorities on what's happening and what actions you will need to take. So you may want to make some arrangements to take turns listening to the news with other adult members of your household.

RECOVER AFTER

What to Expect after an Act of Terrorism

An act of terrorism may have wide-spread and devastating results. You should be prepared for the following things after an attack:

- There can be significant numbers of casualties and/or damage to buildings and the infrastructure. So employers need up-to-date information about any medical needs you may have and on how to contact your designated beneficiaries.
- Heavy law enforcement involvement at local, state and federal levels follows a terrorist attack due to the event's criminal nature.
- Health and mental health resources in the affected communities can be strained to their limits, maybe even overwhelmed.
- Extensive media coverage, strong public fear and international implications and consequences can continue for a prolonged period.
- Workplaces and schools may be closed, and there may be restrictions on domestic and international travel.
- You and your family or household may have to evacuate an area, avoiding roads blocked for your safety.

Let Your Family Know You're Safe

If your community has experienced a disaster, register on the American Red Cross Safe and Well web site to let your family and friends know you are safe. You may also call 1-866-GET-INFO to register yourself and your family.

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LOCKDOWNS

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A lockdown of a building or group of buildings is an emergency procedure intended to secure and protect occupants who are in the proximity of an immediate threat.

This procedure is used when it may be more dangerous to evacuate a building than stay inside. By controlling entry/exit and movement within a facility, emergency personnel are better able to contain and handle any threats.

A notification to occupants to lockdown may be sent by Campus Security, emergency personnel, or from an academic or administrative head. As each building on campus is unique, individuals may receive notification to lockdown through various means.

It is essential for the safety of occupants and emergency responders that individuals comply with instructions provided by emergency personnel at all times.

Upon Alert to Lockdown:

If you are in a classroom, room or office, stay there, secure the door and windows and await further instructions or escort from emergency personnel.

- If the door does not lock consider barricading the door with tables and chairs.
- If you are in a corridor go into the closest office not already secured and lock or barricade the door and windows.
- Close curtains or blinds where possible.
- Stay away from windows and doors.
- Stay low and quiet.
- Cell phones should be put on quiet or vibrate mode. Do not make non-essential calls.

Actions to Avoid:

- Do not open the door once it has been secured until you are officially advised “all clear” or are certain it is emergency response personnel at the door.

- Do not use or hide in washrooms.
- Do not travel down long corridors.
- Do not assemble in large open areas (e.g. cafeterias).
- Do not call 911 unless you have immediate concern for your safety, the safety of others, or feel you have critical information that will assist emergency personnel in the response.

Considerations:

- Follow instructions from emergency personnel only.
- During a lockdown, if the fire alarm is activated, remain where you are and await further instructions over a PA or portable loudspeaker.
- If possible, monitor the UBC website homepage for updates. Media reports may be unreliable.
- For their own safety, emergency personnel must initially consider all individuals as potential threats. It is important to follow instructions from police at all times to avoid harm and ensure the best possible response.

Following the Lockdown:

- Cooperate with emergency personnel to assist in an orderly evacuation.
- Proceed to the designated assembly area if advised.
- The police may require individuals to remain available for questioning following a lockdown.
- University staff may be present as you exit the building to provide additional information.

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BOMB THREATS

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If you receive a bomb threat, stay calm and try to get as much information as possible. Although this might be difficult, try to note any unique features about the voice and any background sounds you hear over the telephone. Keep the caller on the line as long as possible and take detailed notes about what is said.

Try to note the following:

- If the speaker is male or female
- If the speaker has a distinctive accent
- If the voice is disguised, muffled or strange-sounding
- If the voice is shrill or deep
- Any background noises (e.g. traffic, bus passing, bell ringing, fax or printer sounds)
- Any indoor vs. outdoor sounds

Call the police and building management immediately after you hang up.

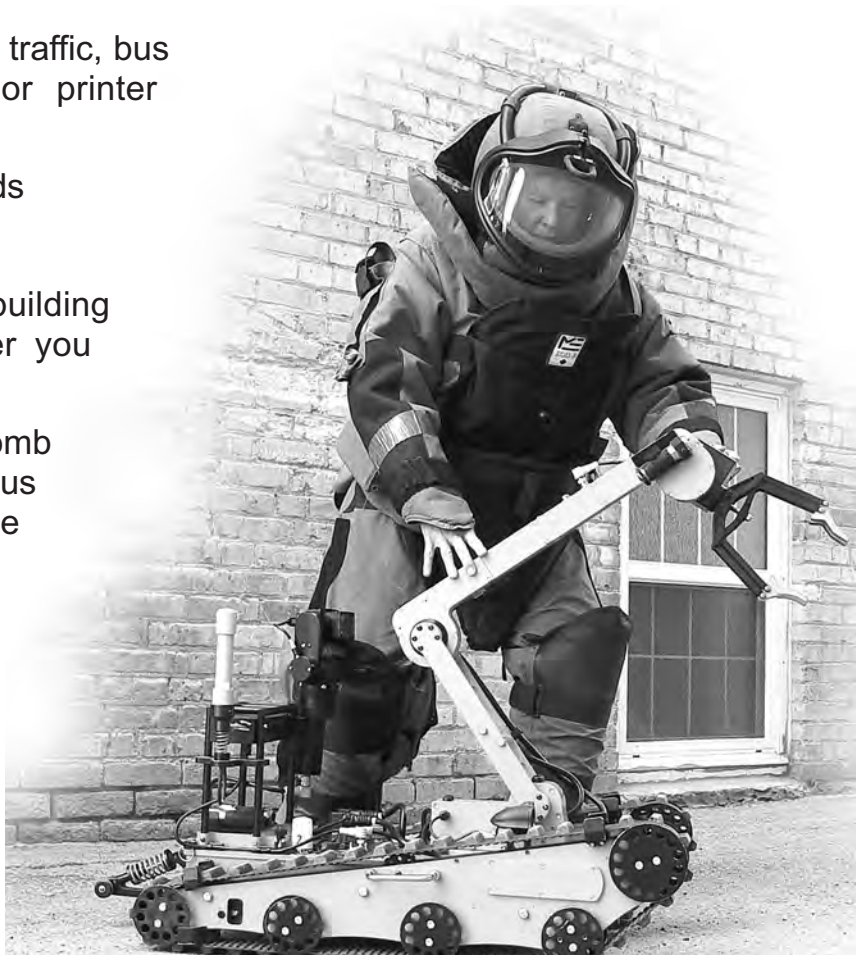
If you have been notified of a bomb threat, do not touch any suspicious package. If a suspicious package is found, leave the area and notify the police immediately.

If you have been evacuated from a building, avoid standing in front of windows or other potentially hazardous areas. Do not block the sidewalk or street.

It will need to be kept clear for emergency officials.

In the case of an explosion, get out of the building as quickly and calmly as possible. If items are falling off bookshelves or from the ceiling, get under a sturdy table or desk until the situation has stabilized enough for your safe passage. Ensure your own safety before trying to help others.

Making a bomb threat is a criminal offence. Do not try to guess whether the threat is real or a hoax. Call the police.



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In an emergency, you will need some basic supplies. You may need to get by without power or tap water. Be prepared to be self-sufficient for at least 72 hours.

You may have some of the items already, such as food, water and a battery operated or wind-up flashlight. The key is to make sure they are organized and easy to find. Would you be able to find your flashlight in the dark? Make sure your kit is easy to carry and everyone in the household knows where it is. Keep it in a backpack, duffle bag or suitcase with wheels, in an easy-to-reach, accessible place, such as your front-hall closet. If you have many people in your household, your emergency kit could get heavy.

It's a good idea to separate some of these supplies in backpacks. That way, your kit will be more portable and each person can personalize his or her own grab-and-go emergency kit.

Basic Emergency Kit

You may have some of these basic emergency kit items already, such as a flashlight, battery-operated radio, food, water and blankets. The key is to make sure they are organized, easy to find and easy to carry (in a suitcase with wheels or in a backpack) in case you need to evacuate your home. Whatever you do, don't wait for a disaster to happen.

Check off the items for your 72-hour emergency kit as you accumulate them.

Basic Emergency Kit Items

☐ Easy to carry

Think of ways that you can pack your emergency kit so that you and those on your emergency plan can easily take the items with you, if necessary

☐ Water

Two litres of water per person per day (Include small bottles that can be carried easily in case of an evacuation order)

☐ Food

That won't spoil, such as canned food, energy bars and dried foods (remember to replace the food and water once a year)

☐ Manual can opener

☐ Flashlight and batteries

☐ Battery-powered or wind-up radio

☐ Extra batteries

☐ First aid kit

☐ Special needs items

Prescription medications, infant formula or equipment for people with disabilities

☐ Extra keys for your car and house

☐ Cash

Include smaller bills, such as \$10 bills (travellers cheques are also useful) and change for payphones

☐ Emergency plan

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Additional Emergency Supplies

The basic emergency kit will help you get through the first 72 hours of an emergency. In addition to this kit, we recommend you also have the following additional emergency supplies. Then you will be well equipped for even the worst emergency situations.



AP Photo/The Canadian Press, Sean Kilpatrick

Check off the items for your 72-hour emergency kit as you accumulate them.

Additional Emergency Supplies

- ☐ Two additional litres of water per person per day

For cooking and cleaning

- ☐ Candles and matches or lighter
Place in sturdy containers and do not burn unattended
- ☐ Change of clothing and footwear
For each household member
- ☐ Sleeping bag or warm blanket
For each household member
- ☐ Toiletries
- ☐ Hand sanitizer
- ☐ Toilet paper
- ☐ Utensils
- ☐ Garbage bags
- ☐ Household chlorine bleach or water purifying tablets

Basic tools

- ☐ Hammer, pliers, wrench, screwdrivers, work gloves, pocket knife
- ☐ Small fuel-operated stove and fuel
- ☐ Whistle
To attract attention
- ☐ Duct tape

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STATEMENT FROM MINISTER GOODALE ON THE ANNIVERSARY OF 9/11 AND THE NATIONAL DAY OF SERVICE

OTTAWA, SEPTEMBER 11, 2016

The terrible events of September 11, 2001, which took the lives of 3,000 innocent people, including 24 Canadians, represent a senseless tragedy which we must never forget.

The attacks were an affront to our democratic society, and compelled us to strengthen our resolve and collaboration with international partners to defend our values and freedoms.

As we reflect on that day, exactly 15 years ago, we must also remember the many gestures of kindness. The citizens of Gander in Newfoundland and Labrador, for example, were remarkably generous and compassionate as they offered shelter and food to travelers who had to make an unplanned stay in their community for a while. Such positive actions are the reason why September 11 is the National Day of Service which promotes the importance of supporting each other and volunteering within our own communities.

Today, I participated in the ceremony in honor of the fallen in-service firefighters. Firefighters, and other first responders, are also a source of inspiration as they show courage, generosity and strength in tragic moments, like the ones that happened 15 years ago, but also while performing their daily tasks.

I invite Canadians to remember September 11, 2001 events but mostly to recognize the solidarity that came out of that tragedy and to continue, by their generous gestures, to enhance our communities on a daily basis. It remains important for Canada to stay vigilant and united, and to continue to safeguard our rights and freedoms.

**For more information, please visit the website
www.publicsafety.gc.ca.**

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- **Canadian Security Intelligence Service** - www.csis.gc.ca
 - **Public Safety Canada** - www.publicsafety.gc.ca
 - **Get Prepared** - www.getprepared.gc.ca
 - **Canadian Coalition Against Terror (CCAT)** - www.c-catcanada.org
 - **Terror Victim Response** - <http://terrorvictimresponse.ca>
 - **Public Health Agency of Canada** - www.phac-aspc.gc.ca
 - **Web Aware** - www.bewebaware.ca
 - **Common Sense Media** - www.commonsensemedia.org
 - **Cyber Tip** - www.cybertip.ca
 - **Deal** - www.rcmp-grc.gc.ca
 - **Get Net Wise** - www.getnetwise.org
 - **The Door That's Not Locked** - www.thedoorthatsnotlocked.ca
 - **Stay Safe Online** - <https://staysafeonline.org/>
 - **Department of Homeland Security** - www.dhs.gov
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*Together, it's our job to protect ourselves and our loved ones!
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